

# Terms of Reference Employee Mental Health Strategy Steering Committee

# Purpose

To lead the development of the Mental Health Strategy for employees by providing insight and area expertise during all phases of the project.

# **Specific Areas of Responsibility**

Specifically, the Steering Committee will:

- Provide input on the development of a comprehensive framework for the employee mental health strategy.
- Provide feedback at the information gathering and data analysis phases by reviewing:
  - 1. Emerging themes from the data analysis
  - 2. Inventory of current policies, practices, and structures
  - 3. Best practises emerging from the literature review
  - 4. Gap analysis
- Review and refine action-oriented strategies emerging from the information gathering and data analysis phases.
- Establish a consultative process for engaging faculty and staff to provide feedback on the emerging strategies.
- Prioritize strategies as short, medium, and long-term.
- Provide feedback on the draft Employee Mental Health Strategy document to be presented to VP EDI and Senior Executive Team
- Provide advice and guidance into the development of Action Plans and an accountability framework to measure progress and improvement.

# Membership

The Committee will consist of:

- Executive Director, Student Health, Counselling and Wellness Services (tri-chair)
- Senior Executive Officer, Equity, Diversity, and Inclusion (EDI) Strategic Initiatives (tri-chair)
- Director, Organizational Development & Training (tri-chair)
- Twelve to fourteen (12-14) University of Windsor employees with knowledge, passion, and commitment to mental health to be representative of the diversity within the organization. (Proposed committee members to be reviewed by the Vice-presidents)

# Committee Resource: External workplace mental health expert

# Term

The Steering Committee will remain in place until the areas of responsibility have been achieved.

# Meetings

The Committee will meet every month or more frequently as deemed appropriate by the group. The business of the Committee may also be conducted electronically by e-mailing required documents, if applicable, to all members and seeking responses by e-mail.

# Quorum

A quorum of fifty percent (50%) plus one (1) must be met to conduct the business of the Committee.

### **Decision Making**

When making decisions, the Committee will strive for consensus.

#### **Meeting Guidelines**

The following meeting guidelines will be adhered to:

- 1. We have a shared responsibility for the team process and the work of the committee.
- 2. We will respect the opinions of all members and treat each other with respect.
- 3. We will actively contribute to the discussions.
- 4. We will keep an open mind to new and different ideas.
- 5. We will respect the confidentiality of all discussions.
- 6. We will use open and honest communication with each other.

### Approval:

Terms of Reference will be reviewed at the first meeting of the Committee.