

Employee Mental Health Strategy

SHORT-TERM ACTION UPDATES at a glance

1.1: structure

In process of establishing a structure for announcement in August 2024.



1.2: measurement

Draft performance and accountability indicators identified. Currently in the review phase.



2.1: leadership development

Self-directed and in-person modules for leaders in development for launch in Fall 2024.



4.1: knowledge building

Comprehensive multi-modal knowledge and skills development plan for faculty and staff completed. Components of the plan under development for launch in Fall 2024.



4.3: leadership tools

Lead with Care guide developed to be communicated in July/August 2024.



4.8: managerial expectations

The HRIS system (UWinsite People) to be launched in fall 2024 will have the capability to support this action item.



5.6: crisis management

A working group will be established to make recommendations on a coordinated care model for employees, particularly for individuals that may be experiencing more acute care needs.



additional updates

- 70+ Employee Mental Health Strategy Ambassadors recruited, oriented, and actively engaged.
- <u>"Get to Know Your EAP"</u> and <u>"Employee Mental Health Resources"</u> downloadable print-outs and postcards developed and shared
- Summary of mental health employee benefits by employee group available on the EMHS website
- Self-Care for Leaders document launched