



GTA Practicum Site Information Sheets

Version – January 2025
For 2025-2026 Practica

List of sites participating in GTA Match Day
Thursday, March 27th, 2025:

- Baycrest Hospital (**see supplemental brochure**)
- Broadview Psychology
- CBT Psychology for Personal Development
- Centre for Addiction and Mental Health (CAMH) (**see supplemental brochure**)
- Centre for MindBody Health (CMBH)
- Cognitive and Interpersonal Therapy Center (CITC)
- Community Head Injury Resource Service (CHIRS)
- Downtown Psychology Clinic (**see supplemental brochure**)
- Dr. Angela Fountain & Associates (**see supplemental brochure**)
- Dr. Jennifer Barbera C. Psych & Associates
- Dr. Julie Wallis
- Dr. Lisa Bradford & Associates
- Durham District School Board
- Family Psychology Centre (FPC)
- Forward Thinking Psychological Services (FTPS) (**see supplemental brochure**)
- Foundation for Emotional Wellness (FEW) (**see supplemental brochure**)
- Framework: Therapy and Assessment Centre
- Fusion Psychological Services
- Garden City Psychology
- Good Days – Therapy & Training Centre
- Hamilton Health Sciences (**see supplemental brochure**)
- Holland Bloorview Kids Rehabilitation Hospital (**see supplemental brochure**)
- Humber River Health
- Kinark Child and Family Services
- Maplehurst Correctional Complex/Vanier Centre for Women
- MindFit
- Mindful Psychology and Wellness Centre
- New Leaf Psychology Centre
- North York General Hospital
- NuVista Mental Health - Toronto
- Ontario Sex Therapy
- Ontario Shores
- Possibilities Clinic
- Psychological & Counselling Services Group (**see supplemental brochure**)
- Reach Out Centre for Kids (ROCK) (**see supplemental brochure**)
- RENNI
- Remedy
- Sageview Health (formerly B&C Health)
- Step Stone Psychology

- St. Joseph's Healthcare Hamilton
- St. Michael's Hospital FOCUS and Academic Family Health Team
- Sunnybrook Health Sciences Centre, Azreli Brain Medicine Clinic (**see supplemental brochure**)
- Sunnybrook Health Sciences Centre, Frederick Thompson Anxiety Disorders Centre
- Sunnybrook Health Sciences Centre, Tory Trauma Recovery Clinic
- The Hospital for Sick Children (SickKids) (**see supplemental brochure**)
- The Mind Balance Clinic
- Toronto Academic Pain Medicine Institute (TAPMI), Women's College Hospital
- Toronto Metropolitan University (formerly Ryerson University)
- Toronto Psychology & Wellness Group (TPWG) (**see supplemental brochure**)
- Transforming Emotions (**see supplemental brochure**)
- University Health Network (**see supplemental brochure**)
- West End Psychological Services
- WG Psychology
- Whole Kids Health
- Young Minds Psychology (**see supplemental brochure**)

List of sites not accepting students this year:

- Durham Psychology Wellness Centre
- Dr. Gillian Kirsh & Associates
- London Family Court Clinic & Navigating Onward (LFCC/NavOn)
- North Peel Family Health Team
- Sunrise Psychology
- Surrey Place
- The Mindful Living Centre
- The Red Oak Centre
- Toronto Neurofeedback & Psychotherapy Centre
- West Park Healthcare Centre

Practicum Site Information Sheet

Name of site: Baycrest Hospital

Supervisor or Contact Person: Dr. Keera Fishman, Clinical Neuropsychologist, and Dr. Angela Troyer, Clinical Neuropsychologist

Email: psychpracticum@baycrest.org

Address: 3560 Bathurst Street, Toronto, Ontario, M6A 2E1

Type of Practicum offered:

Child _____ Adult X Both _____
Assessment _____ Intervention _____ Both X

Anticipated Number of Positions: 5-9

General Information: Baycrest is a global leader in geriatric healthcare, residential living, research, innovation, and education, with a special focus on brain health and aging. As an academic health sciences centre fully affiliated with the University of Toronto, Baycrest provides an exemplary care experience for aging clients combined with an extensive clinical training program for students and one of the world's leading research institutes in cognitive neuroscience.

The Neuropsychology and Cognitive Health program provides clinical services, education and training, and clinical research related to the assessment and treatment of memory and other cognitive abilities in older adults. Our program provides neuropsychological assessment, intervention, and consultation across Baycrest services and to external organizations.

Keywords: Neuropsychology, Assessment, Intervention, Mild Cognitive Impairment, Mild Neurocognitive Disorder, Amnesia, Brain Injury, Dementia/Major Neurocognitive Disorder, Memory Intervention, Executive Function Intervention

Training/research opportunities: Current practicum placement opportunities include: emphasis in neuropsychological assessment, emphasis in cognitive intervention, combined emphasis in neuropsychological assessment and cognitive intervention, and emphasis in behavioural intervention. Baycrest also provides centre-wide and department-wide training and educational opportunities for trainees.

Practicum Application Deadline: Same as GTA Match deadline.

Application procedure: Students interested in applying for a practicum placement should send the following materials by e-mail to Dr. Keera Fishman at psychpracticum@baycrest.org:

- A completed Practicum Application Form, found here: <https://forms.office.com/r/BBEjNNrLLR>
- A letter of interest describing their training experiences and goals
- A current CV
- Most recent graduate transcript (unofficial copies are acceptable)
- Two letters of reference, to be sent directly from referees to psychpracticum@baycrest.org

Last Updated: November 6, 202

Practicum Site Information Sheet

Name of site: Broadview Psychology

Supervisor or Contact Person:

Bronwyn Ueberholz (practicum coordinator)
Dr. Christine Sloss (clinic director and supervisor).

Email: bueberholz@broadviewpsychology.com

Phone: 647-348-5140 (clinic phone)

Address: 889 Broadview Avenue, Toronto, ON

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

*There is the possibility of assessment and intervention, should an individual wish to gain experience in both, however our main focus is treatment.

General Information:

Broadview Psychology is situated in a large house on Broadview Avenue, just north of the Broadview Subway Station. Our Broadview Psychology team consists of approximately 25 clinicians. Among us there are psychologists, social workers, psychotherapists and dietitians, who work as a team to provide a range of assessment and treatment services to children, adolescents, adults and families. Broadview Psychology strives to work collaboratively with individuals, families and their corresponding communities in providing evidence-based practice to our client-base.

Broadview Psychology has a particular specialization in offering comprehensive Dialectical Behaviour Therapy (DBT) to individuals with Borderline Personality Disorder (BPD), addictions, Bipolar Disorder, eating disorders, among other mental health struggles regarding emotional and behavioural dysregulation. We have a unique DBT program for pre-adolescents and their families, as well as DBT programs for young adolescents, adolescents, young adults, and adults. We offer many DBT skills groups (for different ages), two advanced DBT skills grad groups, and five parent DBT skills groups and a DBT-ACES-informed young adult group. In addition, we offer various CBT/ACT groups for depression, social anxiety, and OCD.

We promote prevention by providing treatment and support to individuals experiencing difficult life circumstances, whether or not they are exhibiting mental health challenges. We focus on clients' strengths and resources, and how these help them to cope with and adapt to stressful life experiences. We work with clients within their context, and whenever relevant, involve family members, partners, friends, teachers and community members.

completing one clinical and one assessment practica. We would also recommend that they have attended at least one DBT training workshop, however not required.

Broadview Psychology participates in Common Notification Day with other GTA sites. You will be notified that day if we are offering you a practicum placement position. If your university does not have an affiliation agreement with Broadview Psychology, this will need to be obtained before your acceptance.

Last Updated: October 1st 2024

Practicum Site Information Sheet

Name of site: CBT Psychology for Personal Development

Supervisor or Contact Person: Dr Silvina Galperin, C Psych

Email: silvina@cbtpsychology.com; assistant@cbtpsychology.com

Phone: 905-597-4404

Address: 7626 Yonge St, Thornhill, ON L4J1V9

Type of Practicum offered:

Child ____ Adult ____ Both X

Assessment ____ Intervention ____ Both X

General Information:

We provide assessments (psycho-ed, ADHD, ASD) as well as treatment to children, adults and couples.

Keywords: Clinical psychology, assessment and treatment

Training/research opportunities: No

Practicum Application Deadline: same as GTA Match deadline (February 1, 2025)

Application procedure: Submit resume and application form on our website:

www.cbtpsychology.com/careers

Last Updated: Oct 5, 2024

Practicum Site Information Sheet

Name of site: Centre for Addiction and Mental Health (CAMH)

Supervisor or Contact Person: Drs. Melissa Button and Melissa Milanovic, C.Psych

Email: Psychology.PracticumApplications@camh.ca

Phone: (416) 535-8501 ext. 32682

Address: 1051 Queen St. W, Toronto, ON, M6J 1H3

Type of Practicum offered:

Child ____ Adult ____ Both __X__
Assessment ____ Intervention ____ Both __X__

Anticipated Number of Positions for 2025-2026: 15-20

General Information: CAMH is the largest mental health and addiction facility in Canada. It is a teaching and research hospital that is affiliated with the University of Toronto. With two downtown campuses that are easily accessible by TTC, CAMH sees a diversity of clients. CAMH provides a wide range of inpatient, outpatient, and community-based treatment programs.

Supervision: Each student will have one primary supervisor and there is the potential for a secondary supervisor or group supervision depending on the clinic

Keywords: Mood and Anxiety Disorders, Psychosis, Addictions, Trauma, Forensic

Training/research opportunities: CAMH provides centre wide training opportunities, such as Grand Rounds and Addiction Rounds, as well as student only trainings (e.g., MSE, DBT skills, MI). There is a Clinical Research rotation available and certain rotations may provide research opportunities as an adjunct to clinical work. Research only opportunities are arranged through CAMH's research office, not the practicum placements.

Practicum Application Deadline: same as GTA Match deadline (February 1, 2025)

Application procedure: The following should be sent to psychology:

Psychology.PracticumApplications@camh.ca.

- Application Form
- One page statement of training goals and objectives
- CV
- Undergraduate and graduate transcripts (can be unofficial)
- Two letters of reference

Last Updated: October 10, 2024

Practicum Site Information Sheet



Name of site: Centre for MindBody Health

Supervisor or Contact Person: Dr. Bev Fredborg, CPsych (Director of Clinical Training)

Email: cmbh@cmbh.space

Phone: 416-855-2624

Address: 505 Eglinton Ave, W, Suite 200, Toronto, ON M5N 1B1 (located in mid-town Toronto)

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

Please note: There is the possibility of assessment and intervention, should an individual wish to gain experience in both, however our main focus is treatment.

General Information:

Dr. Shari Geller and Dr. Shelley McMain, both nationally and internationally recognized clinical psychologists and educators, launched the Centre for MindBody Health, a private practice in Midtown Toronto, in 2014. Their deep friendship and shared interests in psychological health, wellness, and community goes back decades. It has fueled their commitment to bringing together a group of expert-trained clinicians providing the highest quality treatments.

At CMBH, we are known for providing virtual and in-person psychotherapy services using evidence-based approaches, namely Dialectical Behavior Therapy (DBT), Emotion-Focused Therapy (EFT), Cognitive Behavioral Therapy (CBT), and Mindful Self-Compassion (MSC). We are also committed to continuously building upon our skills, ensuring our therapists remain at the forefront of psychotherapy advancements. Our commitment to excellence in psychotherapy and being the very best in our fields extends to our professional community as we offer exceptional trainings and workshops with international expert therapists and researchers.

Practicum students at our site have the opportunity to learn individual and group DBT and/or individual EFT, attend our highly-regarding trainings, participate in small expert-led

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consultation teams (in addition to receiving regular individual supervision), and learn from experts in the field through regular lunch and learn seminars. Both group and individual psychotherapy interventions are emphasized over the practicum year.

Our clinic is easily accessible by TTC. The closest stop is located in front our building at Eglinton Ave. and Tarlton Rd. There is also Green P Parking along Eglinton Ave. or in the parking lot located at Burnaby Blvd. and Castle Knock Rd. The clinic is wheelchair accessible. CMBH welcomes applications from all applicants. Preference will be given to advanced practicum students who demonstrate interest or have previous training in dialectical behavior therapy (DBT) and/or emotion-focused therapy (EFT).

Keywords: Adult, Intervention, Assessment, Borderline Personality Disorder (BPD), Emotion Dysregulation, Mood and Anxiety Disorders, Depression, Trauma, Post-Traumatic Stress Disorder (PTSD), Grief, Life Transitions, Relationship Issues, Eating Disorders, Obsessive Compulsive Disorder (OCD), Dialectical Behavior Therapy (DBT), Emotion Focused Therapy (EFT), Mindfulness and Compassion-Based Approaches, and Cognitive Behavior Therapy (CBT).

Training/research opportunities: Practicum students will receive individual supervision by either one of the clinic directors, Dr. Shari Geller or Dr. Shelley McMain, or CMBH psychologists including Dr. Nicole Dignard, Dr. Lorraine Patterson, and/or Dr. Tanya Teall.

Practicum Application Deadline: Same deadline as set by the GTA practicum committee.

Application procedure:

1. Application form
2. Letter of intent
3. Graduate transcript (unofficial)
4. Curriculum vitae
5. Two references
6. Virtual interview (on-site visit after interview available upon request)

Please prepare all materials (with the exception of reference letters) prior to submission and email them to Dr. Bev Fredborg at cmbh@cmbh.space. Please ask referees to email reference letters with the name of the applicant in the subject line as soon as possible.

Last Updated: October 30, 2024

Practicum Site Information Sheet

Name of site: Cognitive & Interpersonal Therapy Centre

Supervisor or Contact Person: Dr. Carolina McBride

Email: mcbride@citcassociates.com

Phone: 416-570-5050

Address: 20 Eglinton Avenue West, Suite 1007, Toronto, ON, M4R 1K8

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

CITC is an innovative and leading psychology practice that offers specialized treatment in Cognitive Behaviour Therapy (CBT) and Interpersonal Psychotherapy (IPT) for adults, adolescents and children. Our vision is that both cognitive and interpersonal factors play a significant role in psychological health and that by helping clients make changes to how they think and how they relate to others, we can have a profound impact on their day-to-day functioning.

The Cognitive and Interpersonal Therapy Centre (CITC) is proud to offer a comprehensive practicum training program to students in master's (e.g., M.A.) or doctoral-level (e.g., Ph.D., Psy.D.) psychology programs. Clinical placements typically follow the September to May academic year schedule, but training opportunities are available throughout the calendar year.

CITC's training program is led by a group of clinically expert and supportive mental health professionals. The Child/Adolescent Practicum Track will be supervised by Dr. Leah Enns, Ph.D. the Adult Practicum Track will be supervised by Registered Psychologists Dr. Diana Lisi, Ph.D., and Dr. Devina Daya, Ph.D.

Keywords: Depression, anxiety (social anxiety, generalized anxiety, panic disorder), stress management, interpersonal problems (i.e., role disputes, role transition, grief), trauma, parent-child attachment, parent-child intervention, parent consultation, ADHD, learning disorders, IPT, CBT, mindfulness, OCD

Training/research opportunities:

CITC's training goal is to prepare practicum students to become competent clinical

psychologists. Below are some training activities and goals that students will undertake to achieve proficiency in various domains of psychological practice.

Therapeutic Intervention: Practicum students will become competent in various psychological intervention approaches, such as Cognitive Behavioural Therapy (CBT) and Interpersonal Therapy (IPT). Competency in case formulation and treatment planning is also expected.

Training Activities:

- Empirical Interventions: Learn about and apply empirically validated therapeutic interventions.
- Treatment Goals: Clarify and specify treatment goals with clients.
- Treatment Planning: Develop treatment plans that align with specified objectives.
- Diverse Approaches: Gain knowledge of a breadth of psychotherapeutic approaches.

Assessment and Diagnosis:

Practicum students are expected to become competent in assessment, diagnosis, and case formulation. In collaboration with clients, these assessments and diagnoses will inform treatment planning and interventions. CITC expects that students will become proficient with administration, scoring, interpretation, report writing, and communication of assessment results with clients.

For the Child/Adolescent Practicum Track, assessments may include giftedness, ADHD, and psychoeducational assessments.

For the Adult Practicum Track, assessments may include psychodiagnostic assessments.

Training Activities

- Interviews: Conduct both structured and unstructured interviews.
- Assessment Tools: Use tools such as DART.
- Report Writing: Develop skills in report writing.
- Psychometrics: Learn to score, interpret, and apply psychometric data.

Practicum Application Deadline: February 1st, 2025

Application procedure:

Students interested in applying for a practicum placement at CITC should send the following materials to Dr. Carolina McBride (mcbride@citcassociates.com):

- A letter of interest describing training experiences and goals and specifying which practicum track (Adult or Child/Adolescent) you are interested in.
- A current CV.
- Two letters of reference are to be sent directly from referees to Dr. McBride.

Last Updated: October 2024

Practicum Site Information Sheet

Name of site: Community Head Injury Resource Services of Toronto (CHIRS)

Supervisor or Contact Person: Michelle Busse, Psy.D., C.Psych.

Email: michelleb@chirs.com

Phone: 416 240 8000 x255

Address: 62 Finch Avenue West, Toronto, Ontario, M2N 7G1

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

CHIRS, formerly known as Ashby House, started in 1978 as the first community-based brain injury rehabilitation program in North America. From its origins as a transitional group home, CHIRS has evolved into a multi-service agency that provides a broad range of supports to clientele with diverse and complex needs. Currently, CHIRS is a registered not-for-profit charitable organization primarily funded by the Central Local Health Integration Network and the Ontario Ministry of Health and Long-term Care. CHIRS provides support services to over 400 people with moderate to severe acquired brain injury, with diverse and complex needs, and maintains active research and clinical partnerships with the Centre for Addictions and Mental Health, an academic and clinical research health centre, as well as community-based agencies addressing homelessness and serious mental health.

The Neuropsychology Clinic at CHIRS is dedicated to providing evidence-based, client-centered programming to pursue our mission of enhancing the lives of people who have been affected by acquired brain injury. At CHIRS, we seek to utilize the best of evidence-based practices, implemented in the community, with a focus on meeting clients' personal goals. Referrals for neuropsychological assessment come from within CHIRS, as well as through the Toronto ABI Network, IME companies, and law firms.

Practicum students will have the opportunity to complete neuropsychological evaluations with newly injured older adolescents and adults as well as those who have been living with their injuries for several decades. All referrals have a history of acquired brain injury, and those from our community partners may also have complex co-morbid conditions. While the focus is on acquired brain injury, students will get exposure to a variety of medical

conditions including anoxia, brain tumor, toxic exposures and serious mental illness. Exposure to medical-legal and independent medical evaluations will also be provided. There are also opportunities for students to observe and/or co-facilitate a range of clinical groups at CHIRS.

The Neuropsychology Clinic at CHIRS has predominantly returned to conducting in-person assessments. Practicum students will largely be doing work from the office, but they will be provided with a CHIRS laptop, including VPN access, for work at home. Please note that CHIRS requires all new volunteers, staff, and students to be fully vaccinated upon their start date at CHIRS.

CHIRS is located near Yonge and Finch and is easily accessible via the TTC. We also have a staff parking lot which is free to use.

Supervision (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Practicum students can expect to have 1 hour per week of face- to -face supervision and 1 hour per month of face- to –face group supervision, in addition to accompanying supervising psychologists during various clinical activities. Supervision will be provided by either Dr. Michelle Busse, Dr. Carolyn Lemsky, or Dr. Lisa Bolshin. All supervising psychologists are registered with the College of Psychologists of Ontario. All written reports and correspondence are reviewed and countersigned by the supervising psychologist.

Keywords (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Acquired brain injury, traumatic brain injury, substance use, mental illness

Training/research opportunities:

Research opportunities may be available and will depend on the interests of the student.

Students are encouraged to engage in a number of virtual webinars and didactic trainings including Baycrest International Behavioural Neurology Videoconference Rounds, KnowNeuropsychology Didactic Series, and ECHO Concussion.

Practicum Application Deadline:

We use the common deadline and notification procedure for the Greater Toronto Area Practicum Training Programs. The application deadline is in February, and the notification day is in March.

Application procedure (i.e. documents needed, number of references, etc.)

The following application materials should be submitted electronically to Dr. Busse (michelleb@chirs.com):

- Graduate transcript
- Curriculum vitae
- Two letters of reference
- A letter of interest describing your training experiences and goals
- Completed test administration form

Last Updated: October 2, 2023

Practicum Site Information Sheet

Name of site: Downtown Psychology Clinic

Supervisor or Contact Person: Daniel Peluso, Director of Training

Email: drpeluso@downtownpsychologyclinic.com

Phone: 647-508-1111

Address: 65 Queen Street West, Suite 510, Toronto, ON, M5H 2M5

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum: *(e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)*

- Diagnostic assessment and intervention for a broad range of presenting problems in a private practice setting
- Opportunities for ADHD assessments
- Supervision provided for clinical, rehabilitation and health psychology competencies
- Mix of virtual and in-person

Keywords: assessment, intervention, adults, children/adolescents

Training/research opportunities:

Practicum Application Deadline: February 1, 2025

Application procedure: *(i.e., documents needed for application, number of references, etc.) Cover letter, CV, 2-3 references*

- 3 references, cover letter, and CV
- Please send to training@downtownpsychologyclinic.com

Last Updated: September 12, 2023

Practicum Site Information Sheet

Name of site: Dr. Angela Fountain & Associates

Supervisor or Contact Person: Dr. Patricia Zimmerman

Email: pzimmerman@drfountain.ca

Phone: 905-655-5813

Address: 1037 Howden Road East, Oshawa, ON, L1H0L7

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

We are a group private practice in psychology that is located in north Oshawa, serving clients primarily in the Durham region. We are a friendly, creative and lively multidisciplinary team of around 20 clinical staff and students from a variety of disciplines (i.e., psychology, social work, registered psychotherapists, child and youth work) as well as a full administration



team, barn staff, and volunteers. We offer mental health services (assessment and treatment) designed to fit the needs of families, children (infants to adolescents) and adults with a range of presenting problems. We take an integrative approach to clinical work in order to develop individualized treatment programs to meet our clients' specific needs. Our treatment plans can range from brief solution focused interventions to longer-term more traditional treatment programs. We are particularly well known for our children's treatment programs, which include play therapy, group therapy programs, and fun therapeutic day programs throughout the summer months. Unique to Dr. Angela Fountain & Associates is our clinical setting. We are located on a therapeutic farm which includes farming, horseback riding, equine and other animal activities, day camp and recreational facilities and programs.

Unique to Dr. Angela Fountain & Associates is our clinical setting. We are located on a therapeutic farm with a full range of indoor and outdoor psychological treatment amenities, allowing us to offer all the traditional child and youth community-based clinic services and more. From our indoor consultation offices and play therapy rooms to our adjoining equine

therapy stables, small animal handling facilities, recreation and swim areas, to adventures in our forest and farm meadows, practicing psychology moves to a new level of wellness that more traditional settings cannot offer. We provide training and support in our unique equine and animal assisted therapies along with all the traditional training and support a psychology student needs.

Across all our clinical services, we strive to provide a competitive and comprehensive range of psychological and mental health services for children, youth, adults and their families that are grounded in theory and evidence-based practice, creative, user friendly, and that flexibly respond to clients' needs and interests. In our warm, inviting farm country setting, we seek to enhance each client's dignity, individuality and potential for independence and interpersonal relationships with family and community. The mission statement of our practice is, *"To instill love, value, and purpose into our clients, staff, students and volunteers by helping them discover their highest potential."*

Dr. Angela Fountain & Associates was originally founded in 1994, in response to the limited psychological assessment and treatment services for children/youth and their families in the Durham Region. Dr. Fountain has built a solid professional reputation in the area and has maintained an increasing stream of client referrals from the Durham community since starting the practice. We receive referrals from a broad range of sources: paediatric and family medicine practitioners; family lawyers and the Court; child welfare professionals; local children's agencies (such as hospitals, Infant Development, Resources for Exceptional Children, Kerry's Place Autism Services, Grandview Treatment Center); Learning Disabilities Association; local schools; parents; as well as word of mouth. Given the breadth of referrals, we provide services to both the general mental health population in the region as well as harder to serve, more complex client challenges.

What distinguishes Dr. Angela Fountain & Associates from other service providers is our creative approach to clinical services, while upholding high standards of care in order to deliver child and family-friendly services that are intrinsically motivating to our clients. Dr. Angela Fountain & Associates is proud to be recognized for our unique approach to clinical services, having won the Ontario Psychological Association's "2017 Award of Merit" for Innovative Contributions to Children's Mental Health and the 2015 Business Excellence Award from the Oshawa Chamber of Commerce. We are also the first of a kind to integrate a regulated health professional clinic and an accredited Ontario Camp Association facility as a secondary industry to a fully functioning family operated farm.

For additional information about our practice, clinical staff and services offered, please refer to our website: www.drffountain.ca.

Keywords: Children, Youth, Families, Intervention, CBT, Animal Assisted Therapy, Equine Assisted Therapy, Attachment-based, emotion-focused, experiential, live-supervision, interdisciplinary, neurodiversity, anxiety, depression, ADHD, ASD

Training/research opportunities:

Students will have an opportunity to develop psychological intervention skills to address a range of presenting problems (i.e., anxiety, OCD, depression, ADHD, challenges related to ASD, learning problems, emotion and behaviour dysregulation, parenting and family relationship issues, among other presenting problems) for children, adolescents and their families. Through a combination of individual supervision as well as applied seminar topics, students will receive supervision and training in many aspects of psychological intervention: integrative case formulation, developing and monitoring treatment plans, client management skills,



session note documentation, working with parents and any collaterals, addressing process factors in the therapeutic relationship, recognizing and appropriate follow-up regarding safety risks and fulfilling any mandatory reporting obligations. Students will receive training in a range of therapeutic modalities including CBT, attachment-focused and emotion-focused therapies. They will also receive training on incorporating play therapy and the outdoors into broader treatment plans for their cases as well as the use of virtual treatment modalities. Students will begin by shadowing and completing co-therapy cases and then be assessed individually for ability to complete cases individually under supervision.

Practicum Application Deadline:

Application due dates as determined by GTA Match Process

Application procedure:

Application Material (to be submitted to the attention of Dr. Patricia Zimmerman):

- Up-to-date Curriculum Vitae
- Covering letter outlining clinical experiences to date in addition to training objectives
- Two letters of reference, at least one of which would ideally be from a psychologist familiar with the student's clinical work
- Unofficial graduate transcript

Requirements:

- Current enrollment in a graduate program in Clinical Psychology
- Previous clinical experience or comparable experience working with children
- Preference will be given to students with graduate training in child and developmental psychology
- **Successful candidates will be required to complete a vulnerable sector criminal background check, at the student's expense, prior to the start of the placement.

Deadlines:

- Application due dates as determined by GTA Match Process
- Only successful applicants will be invited for interviews

Last Updated: Fall 2024

Practicum Site Information Sheet

Name of site: Dr. Jennifer Barbera C. Psych & Associates (findinnercalm.ca)

Supervisor or Contact Person: Jennifer Barbera

Email: admin@findinnercalm.ca

Phone: 905-407-5758

Address: 67 Frid St 1C Hamilton ON L8P 3M4

Type of Practicum offered:

Child ____ Adult X Both ____ & adolescents 14 years and up,

Assessment ____ Intervention ____ Both X

Anticipated Number of Positions for 2024-2025: 1

General Information (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

We are a close knit psychological practice, with a specific focus on trauma and anxiety using an eclectic approach that draws primarily from ACT (acceptance & Commitment therapy), and IFS (internal family systems) and CBT.

Supervision (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Individual and small group supervision is offered, with regular opportunity for additional ad hoc supervision as required. There is one other psychologist in the practice.

Keywords (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Trauma, PTSD, Anxiety, OCD, Depression, Alcohol & substance use.

Training/research opportunities: Training is provided primarily in therapeutic interventions (see above approaches), with some opportunities for assessment. Ongoing training in IFS and ACT is provided.

Practicum Application Deadline: February 1, 2025 (required date)

Application procedure (i.e. documents needed, number of references, etc.):

Please forward a CV, cover letter and 1 reference contact or letter.

Last Updated: September 2023

Practicum Site Information Sheet

Name of site: Private Practice – Dr. Julie Wallis & Associates

Supervisor or Contact Person: Dr. Julie Wallis

Email: drjuliewallis@gmail.com

Phone: 647-478-6414

Address: 2069 Danforth Ave, Suite 2, Toronto, Ont,

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum:

More information about my practice can be found here: <https://www.drjuliewallis.com/>

I provide in-person and virtual services to the Danforth community. My practice is evenly divided between psychoeducational and ADHD assessments and therapy. In addition to standard English assessments, I also provide bilingual assessments for children from French Immersion programs and French language schools. Applicants are not required to be bilingual; this is simply an additional opportunity for those who do speak fluent French.

In intervention, my primary interest is in very young children. I provide parent counselling for common early childhood concerns such as tantrums, defiance, difficulty with routines, bowel retention, and sibling conflict. My individual therapy clients predominantly range from 6-12 years old. Common concerns are anxiety, depression, and anger.

Keywords: early childhood, parent coaching, parent-child relationship, anxiety, psychoeducational assessment, ADHD, bilingual assessments

Training/research opportunities: I would be happy to financially support participation in relevant courses or workshops.

Practicum Application Deadline: February 1st, 2025 is the deadline for applicants looking for placement in September 2025. If students are looking for a placement to begin earlier than September 2025 please send you application asap.

Application procedure: *Please submit a cover letter, CV, and 2 letters of reference.*

Last Updated: August 2024

Practicum Site Information Sheet

Name of site: Dr. Lisa Bradford & Associates: Psychological Services

Contact Person: Lisa Bradford, Ph.D., C.Psych.

Email: lisa.bradford@drbradfordpsychology.com

Phone: (416) 515-1111 (email is preferred)

Address: 133 Lowther Avenue (top floor), Toronto, ON, M5R 1E2

Type of practicum offered:

Child Adult

Assessment Intervention Both

General Information About the Practicum: We are a private group practice, with over 20 team members (including psychologists, registered psychotherapists, social workers, master's and doctoral psychology students), located on a tree-lined, quiescent street in the beautiful annex neighbourhood in Toronto, near the University of Toronto. The practice is conveniently located near both the Yonge-University and Bloor-Danforth subway lines: a 5-minute walk to both St. George and Spadina stops. We have spacious, beautifully appointed treatment rooms with windows that actually open (many of the buildings in downtown Toronto have sealed windows). Clients and clinicians alike enjoy our peaceful, spacious, and well-ventilated setting and report feeling calm, comfortable, safe, and at lower risk for contracting COVID. The clientele is diverse in terms of presenting issues, age, ethnicity, gender identity, and sexual orientation. Dr. Bradford has worked in a large number of hospital settings in different cities over her many years in the field and completed her Ph.D. in the area of schizophrenia spectrum and psychotic disorders. Therefore, there are unique opportunities for working with people with schizophrenia, as well as with mood disorders with psychotic features (as seen in certain depressive, bipolar, and personality disorders). We have access to a very large number of psychological tests, measures, and inventories (e.g., Wechsler Adult Intelligence Scale, various executive functioning tests, social cognition tests, trauma inventories, and personality inventories, to name just a few). We take an integrative approach, drawing on a wide number of theoretical orientations and treatment modalities, as we believe that it is vital to work in a client-centered manner and tailor the therapy to fit the needs and preferences of the client rather than following a rigid and narrow monotherapy approach. For example, we might do a psychodynamic case formulation and then use CBT and DBT strategies. Flexibility and versatility and customized therapy approaches are fostered and strongly encouraged. After all, every individual client is unique and complex so why would our treatment plan not be?

Keywords: ADHD, ASD, PTSD, BPD, OCD, schizophrenia, psychosis, anxiety disorders, mood disorders, autism, trauma, borderline, personality disorders, couples therapy

Training/Research Opportunities:

Assessment/Intervention: Attention-Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Bipolar and Related Disorders, Depressive Disorders, Anxiety Disorders, Obsessive-Compulsive and Related Disorders, Posttraumatic Stress Disorder and Trauma- and Stressor-Related Disorders, Dissociative Disorders, Cluster A, B, and C Personality Disorders, Eating Disorders, Somatic Symptom and Related Disorders, Relationship Issues and Couples/Sex Therapy

Treatment Approaches include (this is not an exhaustive list): Cognitive-Behavioural, Dialectical-Behavioural, Psychodynamic, Existential, Gestalt, Humanistic/Process-Experiential, Emotion-Focused, Gottman, Mindfulness- and- Attachment Based interventions

Clients are all individual adults and couples.

Practicum students are encouraged to attend Dr. Bradford's weekly group supervision/seminar. The format is generally a mix of didactic and interactive. Each year these talks include cultural competence and sensitivity training seminars (e.g., how to work compassionately and competently with LGBTQ21A+ individuals), as well as some interactive lectures on psychodynamic and existential therapy as many practicum students are not well informed about these approaches. Individual supervision includes a combination of the following: review of all active cases, identification of learning needs and goals, self-reflection and the clinician's use of self, feedback on strengths and limitations, theory and case conceptualization, case presentations, role plays, experiential learning of therapy techniques (e.g., focusing, grounding), exploration of transference and countertransference, assignment of relevant readings in theory, clinical practice and research, and review of ethical issues and session notes, test data, or reports. We follow a developmental model of supervision where learning needs, goals, and outcomes are assessed and based on the supervisee's developmental level as a clinician. Supervision will focus on acquiring developmentally appropriate skills, including mastering competence in the key areas set out by the CPBAO for readiness in independent practice. These include managing interpersonal relationships, conducting assessment, intervention, and consultation, and in mastering competency in the application of ethical principles and standards of practice.

Practicum Application Deadline: Feb 1, 2025

Application Procedure: Please submit a CV, cover letter., and the names of two references (reference letters are not required). Please send to Dr. Bradford at lisa.bradford@drbradfordpsychology.com. A virtual interview is required to assess fit. An extension of the placement will generally be offered.

Practicum Site Information Sheet



Name of site: Durham District School Board

Supervisor or Contact Person: Dr. Urszula Hogue, C. Psych.

Email: psychologypracticum@ddsb.ca; urszula.hogue@ddsb.ca

Phone: 905 666 5500 x. 6008

Address: 400 Taunton Rd East, Whitby, ON, L1R 2K6

Type of Practicum offered:

Child Adolescent Adult Both

Assessment Intervention Both

General Information:

Durham District School Board (DDSB) Psychological Services believes in the fundamental worth of students, their families, and their broader communities. Understanding that relationships are essential to well-being, trust, and a sense of belonging, we offer services that are rooted in a responsive system of anti-oppression. We are committed to respecting student voice, the contexts in which students and their caregivers live, as well as the dignity of their lived experiences. We embrace a strength-based approach to optimize student potential and we strive to promote safe, welcoming communities where well-being is centered.

The DDSB Psychology department includes registered Psychologists, Psychological Associates and Behavioural Analysts, Psychotherapists as well as non-registered Psychometrists. As Psychology staff members, we are part of the Inclusive Student Services team which includes our Social Work, Speech and Language Pathology, Child and Youth Worker, Teachers of Deaf and Hard of Hearing, Teachers of the Blind and Low Vision, and Instructional Facilitator colleagues. Our staff provide a wide range of direct and indirect support to our schools including Consultation, Assessment, Professional Capacity Building, Direct service (skill building, individual and group counselling/psychotherapy) and Crisis Response. We support students attending mainstream, French Immersion, and Special Education classrooms (Developmental, Practical Learning, Gifted, Structured Learning, and School Support Program classrooms). We practice based on trauma-informed, equitable and empirically-supported approaches.

At this time, we offer an Assessment Practicum for current graduate Psychology students. We welcome both Master's and Doctoral level students. Each practicum student will be supervised by two registered Psychologists and/or Psychological Associates. The Assessment Practicum will include standardized cognitive, academic, adaptive, developmental and social-emotional-behavioural assessments to school-age youth (Junior Kindergarten to 21-year-old students). Differential diagnoses include Autism Spectrum Disorders, Intellectual Disorders, Learning Disabilities, Specific Learning Disorders, Selective Mutism, Attention, Anxiety, and Mood Disorders. Furthermore, we conduct board-wide gifted screenings, Autism (using ADOS 2) and Developmental Service Ontario (DSO) assessments. Practicum students will participate in parent/guardian informed consent interviews, school team consultations, student observations, parent and school team feedback and provision of recommendations consisting of educational planning, behavioural management, intervention, and liaison with community professionals.

Practicum Pre-requisite. Completion of at least one Master's level Assessment course is required. Completed coursework in Cognitive Assessment and Basic Statistics are strongly preferred.

Please note: Practicum students require access to their **own transportation to and between schools** which are located in Pickering, Ajax, Whitby, Scugog, Uxbridge, Oshawa and Brock. A current driver's license and reliable vehicle are highly recommended. School locations are dependent on the service load of the Practicum supervisors and we cannot accommodate requests for specific locations. There may be limitations on which days of the week we can have practicum students attend.

Keywords: School-based Consultation, Developmental, Mental Health and Psychoeducational Assessment, Autism assessments.

Training/research opportunities:

Practicum students are welcome to attend monthly grand rounds and various professional development opportunities that are available to our staff. No research opportunities are available at this time.

Practicum Application Deadline: February 1, 2025. Early applications preferred. Interviews will take place during February, 2025.

Application procedure: Interested applicants are asked to email a cover letter including their training goals, their Curriculum Vitae, list of completed Graduate Psychology courses, and two professional reference letters to psychologypracticum@ddsb.ca.

Last Updated: October, 2024

Practicum Site Information Sheet

Name of site: Family Psychology Centre (FPC)

Supervisor or Contact Person: Dr. Mirisse Foroguhe, Pd.D., C. Psych.

Email: admin@familypsychology.org

Phone: 416-848-1829

Address: Suite 300-181 Eglinton Avenue East, Toronto ON. M4P 1J4

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

FPC is a community-based clinic, clinical training site, and psychology research lab operating with a collaborative team of psychologists, social workers, occupational therapists, art therapists, and child psychiatrists. We also collaborate with many local health professionals including pediatricians, developmental pediatricians, speech language pathologists, dieticians, and neurologists. FPC has built a strong reputation for professional consultation and clinical teaching, as well as empowering parents and families to support children and teens with mental health difficulties. We are within walking distance from Eglinton subway station and the TTC.

Keywords: Family therapy, Emotion Focused Therapy (EFT), Parent Coaching, Parent-Child Dyadic Therapy, ASD assessment, ADHD assessment

Training/research opportunities: Emotion focused group supervision; psychiatry/psychology team; psychometry team; Emotion Focused Therapy for Youth (EFT-Y), Emotion Focused Family Therapy (EFFT), diagnostic assessment in autism, eating disorders, ADHD and OCD; seminar and training in play therapy, art therapy and family therapies

Practicum Application Deadline: February 1st, 2025 or as per GTA practicum guidelines

Application procedure: Please send your CV, cover letter including specific training goals at FPC, as well as the anticipated start date of your placement, number of days on site, and length of placement you are seeking. Please indicate if this is your first practicum placement, or an advanced placement. In addition, you must have two letters of reference written by direct clinical supervisors or academic faculty. All materials can be sent to admin@familypsychology.org to the attention of Dr. Mirisse Foroguhe

Last Updated: August 2024

Practicum Site Information Sheet

Name of site: Forward Thinking Psychological Services (FTPS)

Supervisor or Contact Person: Dr. Marlene Taube-Schiff, C. Psych., R. Psych.

Email: marlene@ftpsych.ca

Phone: 416-576-4948

Address: Virtual Tele-Therapy; in-person midtown Toronto

Type of Practicum offered:

Child ____ Adult ____ Both X – Adult and Adolescent training (starting age 11)

Assessment ____ Intervention ____ Both X – primarily intervention; psychodiagnostic assessment training is available (including adult ADHD and ASD assessments)

General Information:

Who We Are:

We are a **multidisciplinary group practice of 30 associates**, offering virtual psychological services throughout Ontario, British Columbia, Nova Scotia and New Brunswick. We also have bookable office space in midtown Toronto to be able to offer both virtual and in person services in Ontario.

Associates are located across Ontario and also in BC. Associates include psychologists, social workers, parenting coach, psychotherapist, occupational therapist and several doctoral level therapists. Services in British Columbia are offered by or are under the supervision of a psychologist.

We all meet once a month to discuss challenging cases, collaborate and socialize. In-person get togethers are every 3-4 months to allow for team connections and collaboration.

What We Do:

We see clients with **OCD and anxiety disorders**, as well as a range of **other presenting issues**, including trauma, depression, bipolar disorder, relationship issues, emotion dysregulation, trauma, life transitions, ADHD, Autism, and general life stressors. We treat **adolescents and teens, adults, families and couples** using **individual and group**

treatment approaches.

We offer ongoing groups for OCD for adults and teens and parenting workshops.

Our Approach:

We provide **evidence-based therapy** to help individuals overcome a variety of mental health concerns. Our approaches include **Cognitive Behaviour Therapy (CBT)**, **Exposure and Response Prevention (ERP)**, **Inference-Based CBT for OCD (I-CBT)**, **Acceptance and Commitment Therapy (ACT)**, **Cognitive Processing Therapy**, **Dialectical Behaviour Therapy (DBT)** and **Mindfulness**. We also offer **formal psycho diagnostic assessments** that can enhance treatment planning and an understanding of presenting issues. Our assessment services also include **adult ADHD and ASD assessments**. Formal reports are provided as part of this service.

As a Member of Our Team, during your practicum placement:

You will be provided with supervision and training in a variety of interventions, including CBT, CPT, I-CBT, ACT, Motivational Interviewing as well as DBT. Supervision is provided in both individual and group settings to allow for enhanced learning from others and individualized teaching time. In-between supervision is highly accessible through Owl messaging and an “open door” policy with your supervisor. This enhances your training and allows you to feel fully supported throughout your placement at Forward Thinking.

All associates have access to a resourceful shared drive that provides comprehensive information on a multitude of assessment and treatment interventions. Templates have been developed for all notes and reports as well.

You will also have the opportunity to attend a variety of professional development workshops and seminars presented by in-house and external speakers. Dr. Taube-Schiff also presents a 4 -part Lunch and Learn Series on OCD treatment every fall at the start of your practicum placement.

Other excellent opportunities at FTPS:

- Associates have the freedom to select clients they want to work with, in order to meet their training goals and learning objectives
- Sessions are scheduled in a manner that best fits the associates' availability
- Learning to deliver effective therapy within a virtual environment is an essential therapeutic skill. Virtual therapy has been proven to be effective and offers enhanced accessibility, flexibility and the therapeutic benefit of working with individuals within their home environment – which is often extremely triggering for anxiety and OCD
- Opportunities to co-facilitate groups as part of training goals
- Eventual opportunities to work in a collaborative in-person environment as well

We are looking for someone that has a solid foundation in CBT and is excited to join a collaborative and growing private practice for their training experience and help clients gain the skills they need to move forward and live the life they want.

For more information about FTPS, you can check out www.ftpsych.ca

Keywords: Obsessive compulsive and related disorders, anxiety disorder, panic disorder, Generalized Anxiety Disorder, PTSD, Social Anxiety Disorder, depression, trauma, adolescent, adult, individual, group, CBT, ACT, DBT

Training/research opportunities:

Trainees work with Dr. Marlene Taube-Schiff. Dr. Taube-Schiff was the team lead for the Thompson Anxiety Disorders Intensive Services program for OCD at Sunnybrook Health Sciences Centre for 5 years. She will supervise your training in CBT for OCD, with an emphasis on ERP and I-CBT for OCD and anxiety disorders. She will also provide training in a number of other evidence-based therapies, including ACT and DBT.

Trainees have had the opportunity to co-facilitate groups with Dr. Taube-Schiff and/or other supervisors as well. Supervision is delivered through didactics, supervision role-plays, interactive supervision sessions (group and individual), note review and video recording of sessions (through Owl) as desired.

Trainees can also undertake program evaluation initiatives as well as quality assurance initiatives during individual sessions as well as group treatment delivery.

We also engage in measurement-based care with clients, which can lead to refinement of treatment interventions on an ongoing basis.

Trainees also have the opportunity to become involved in our published monthly blog series as well as our ongoing social media work, which aims to disseminate skills and knowledge to the community with a particular focus on OCD and anxiety.

Please check out our [monthly blogs](#) and [social media work](#)

Practicum Application Deadline: consistent with GTA match day

Application procedure:

Please feel free to submit a cover letter (stating areas of interest and training objectives), CV and two reference letters to Dr. Marlene Taube-Schiff at: marlene@ftpsych.ca

Supervisors should submit reference letters directly.

Last Updated: October, 2024

Practicum Site Information Sheet

Name of site: Foundations for Emotional Wellness

Supervisor or Contact Person: Dr. Zia Lakdawalla, Clinical Director

Email: drzia@ffew.ca

Phone: 416 5706879

Address: 2069 Danforth Ave, 2nd flr., Suite 4

Type of Practicum offered:

Child/Adolescent Parenting Adult Both

Assessment Intervention Both

General Information:

Who We Are:

Foundations for Emotional Wellness is a growing practice in the east end of Toronto, specializing in the treatment of children, adolescents and families with a variety of mental health concerns. With several child and parent groups, we can offer many exciting virtual and in-person clinical training opportunities for students.

What We Do:

We see children and adolescents with a variety of presenting concerns including challenges with anxiety, depression, emotional regulation, attention difficulties, and social interactions. We treat children and adolescents using **individual and group treatment** approaches. All of our children and adolescents therapy sessions take place in person, in the office. For ease of access, we offer virtual parent sessions.

We also offer **parent therapy**, through groups and individual parenting sessions. We believe that parents are instrumental in their child's well-being and regulation, and require that parents actively participate in their child's treatment. Dr. Zia Lakdawalla has developed several group intervention programs for parents and also trains clinicians on child-centred approaches to parent interventions.

Current Group Offerings include:

Building Blocks: Parenting for Emotional Health

For Parents with Children Ages 4 Months to 5 Years

8 week group virtual group- 1hr per week

This program supports parents in creating secure parent-child relationships and building emotion regulation skills in young children. This is an early intervention- prevention group.

Parenting Emotionally Intense Children

For parents of children ages 3-10 years

10-week virtual group- 1 hr per week

Designed to provide caregivers with the skills and support needed to optimize healthy outcomes for emotionally intense children

Parenting Children with Anxiety

For parents of children ages 3-12 years old.

8 week virtual group- 1 hr per week

This program helps parents with the tools and strategies to help their children manage anxiety effectively

Coping with Anxiety for Children and Adolescents

For children ages 9-12 and 13-16

8 weeks in-person group- 1.5 hrs per week

An exposure based group designed to help children learn and practice coping strategies for managing anxiety.

Our Approach:

We provide evidence based therapy. Our approaches Cognitive Behaviour Therapy (CBT), Exposure and Response Prevention (ERP), Acceptance and Commitment Therapy (ACT), Dialectical Behaviour Therapy (DBT) and Mindfulness.

We are looking for clinicians with a solid foundation in CBT and are excited to work with children, adolescents and parents. You will receive supervision in both individual and group settings and have access to a wealth of resources to support your learning. You will also receive training on parent therapy interventions.

For more information about FFEW, you can check out www.ffew.ca

Keywords:

Training/research opportunities: Clinical interventions for children and adolescents, individual therapy, parent therapy, child/adolescent group therapy, parent group therapy. Early intervention, adapted Dialectical Behaviour therapy parent group therapy program, Supportive Parenting for Childhood Emotions parent group therapy program, Cognitive Behavioural exposure-based anxiety groups for children and adolescents.

Practicum Application Deadline: consistent with GTA match day

Application procedure: Please submit a CV, cover letter and 2 references to drzia@ffew.ca. Selected applicants will be invited for an interview.

Last Updated: October 1st, 2024

Practicum Site Information Sheet

Name of site: Framework Therapy & Assessment Centre

Supervisor or Contact Person: Dr. Pamela Wilansky or Dr. Hayley Wood

Email: info@frameworkcentre.com

Phone: 416-792-2202

Address: 209 Wicksteed Avenue Unit 46, Toronto ON M4G 0B1

Type of Practicum offered:

Child ___ Adult ___ Both X
Assessment ___ Intervention ___ Both X

General Information (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Framework Therapy and Assessment Centre provides a comprehensive spectrum of mental health care services for children, adolescents, adults, couples, and families. Supported by a team of skilled practitioners – psychologists, social workers, occupational therapists, speech pathologists – we understand that everyone has distinctive needs and can structure a program that best suits you. Our assessment, therapy, counseling, and training services are cutting edge, based on the leading research and best practice guidelines.

In addition to in-person practicum experiences, at Framework we can accommodate applicants who would like to have a virtual practicum experience.

Supervision: There are several supervisors. We offer individual and group supervision with students of all levels of training, from first practicum through year of supervised practice.

Keywords: Child, adolescent, adult, intervention, assessment, anxiety, depression, OCD, PTSD, personality disorder, short-term, long-term, CBT, DBT, psychodynamic, family therapy

Training/research opportunities: CBT for adolescents

Practicum Application Deadline: In line with GTA practicum deadline (may accept after)

Application procedure: cover letter, CV, and 2 or 3 references

Last Updated: October 2022

Practicum Site Information Sheet

Name of site: Fusion Psychological Services (private practice clinic)

Supervisor or Contact Person: Dr. Rylie Moore, C.Psych.

Email: hello@fusionpsychservices.ca

Phone:

Address: 225 – 366 Adelaide St E, Toronto, ON, M5A 3X9

Type of Practicum offered:

Child ____ Adult Both ____

Assessment ____ Intervention ____ Both

General Information:

Clinical opportunities include individual and group supervision for assessment and/or intervention with a diverse range of adult clients. Specific referrals include trauma, neurodiversity, and 2SLGBTQ+ presenting concerns. Practicum students can gain experience with psychodiagnostic evaluations, neuropsychological assessments, and/or psychotherapy. I work from an integrated model of assessment and psychotherapy, relying heavily on neuropsychological, trauma-informed, CBT, DBT, interpersonal/psychodynamic, IFS, and mindfulness-based theory and clinical models.

Keywords: Trauma, neurodiversity, 2SLGBTQ+, neuropsychological assessment

Training/research opportunities: Adult psychotherapy and assessment; neuropsychology; trauma

Practicum Application Deadline: As per university program

Application procedure: Please email office manager, Justin, to book a meeting with director, Dr. Rylie Moore: hello@fusionpsychservices.ca

Last Updated: Oct 2024

Practicum Site Information Sheet

Name of site: Garden City Psychology

Supervisor or Contact Person: Kim Wark

Email: kim@gardencitypsychology.ca

Phone: (905) 937-2345

Address: 201-282 Linwell Rd. St. Catharines, ON L2N 7A1

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

Located in the beautiful Niagara Region, Garden City Psychology is a busy, well established private practice that provides a friendly and welcoming atmosphere for both our clients and staff alike. Children, adolescents, adults, and families are seen at the practice.

The successful candidate will have the option of seeing a diverse group of clients ranging from 5 to 65 years old, depending on the student's prior training and interests. Notably, experience/training in couples therapy and work with seniors are not available within this position. Clients' presenting problems can include anxiety, depression, family conflict, ADHD, PDD and adjustment problems.

A minimum of an 8-month part- time commitment is required. Available days are Monday, Wednesday, and Fridays. This position is flexible in terms of starting date, but a spring/summer start is not recommended, as vacation time will limit the amount of supervision time available.

The following are required:

- PhD/Doctorate level students only
- Experience providing therapy and conducting psychoeducational assessments
- Well-developed professional writing skills
- Professional demeanor
- A strong working knowledge of complex ethical and legal issues
- Excellent organizational skills

Keywords: Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Psychoeducational Assessments

Training/research opportunities: Will be based on the competency and skill sets of the students.

Practicum Application Deadline: February 1, 2025

Application procedure: Please send a resume, cover letter, and three references to Dr. Andrea Miller at careers@gardencitypsychology.ca

As we will not have a representative attending the GTA Virtual Practicum Day, if you have any questions, you are welcome to contact our office at (905) 937-2345.

Last Updated: October 2024

Practicum Site Information Sheet

Name of site: Good Days - Therapy & Training Centre

Supervisor or Contact Person: Daniel Pauly and Natalie Kalb

Email: training@gooddaystherapy.com

Phone: 416-738-3032

Address: 489 College St., Toronto, ON. Suite 206

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

Good Days is a warm and inviting psychology clinic located in Toronto's west end.

Our practice is driven by two core principles: delivering effective, evidence-based therapy that is tailored to each individual's unique goals for personal growth; and providing comprehensive, supportive training opportunities for graduate students at the master's and doctoral levels.

Practicum students at Good Days will have the opportunity to work with adults to develop their assessment and intervention skills.

The adult practicum will be supervised by Registered Psychologist and Good Days Co-Director, Dr. Natalie Kalb. Dr. Kalb takes an integrative approach to therapy and specializes in the following treatment approaches: Emotion-focused Therapy; Motivational Interviewing; Relational Therapy; Acceptance and Commitment Therapy.

In addition to weekly individual supervision, practicum students will also have the following training opportunities: monthly clinical rounds; monthly consultation meetings; and biweekly group supervision with all supervisors and students. Good Days is a hybrid office and offers both in-person and virtual services.

Good Days is located in the west end of downtown Toronto at College and Bathurst.

The completed application package consists of a cover letter, CV, and two references with email and phone contact information.

Keywords: Depression and anxiety; Interpersonal challenges; Substance use & addiction;

Queer, transgender, & nonbinary identity exploration and concerns; ADHD and/or Autism; Trauma/PTSD; Self-exploration

Training/research opportunities:

Research opportunities may be available and will depend on the interests of the student.

Students are encouraged to engage in a number of virtual webinars and didactic trainings including Baycrest International Behavioural Neurology Videoconference Rounds, KnowNeuropsychology Didactic Series, and ECHO Concussion.

Practicum Application Deadline: February 1 2025

Application procedure:

Students should email the following materials to training@gooddaystherapy.com:

- An up to date CV
- A cover letter
- Two reference contacts

Last Updated: October 2024

Practicum Site Information Sheet

Name of site: Hamilton Health Sciences (which includes Ron Joyce Children's Health Centre, McMaster University Medical Centre/McMaster Children's Hospital, Juravinski Cancer Centre, Regional Rehabilitation Centre, and more)

Supervisor or Contact Person: Dr. Séamus O'Byrne, C. Psych.

Email: psychpracticum@hhsc.ca

Phone: 905-521-2100 ext, 77348

Candidates can email application materials to psychpracticum@hhsc.ca

Please have references email Dr. O'Byrne directly (at the same email address) with letters of reference.

Address:

Ron Joyce Children's Health Centre, 3rd Floor

237 Barton St. E.

Hamilton, Ontario

L8L 2X2

Type of Practicum offered:

Child Adult Both (i.e., we have child practica and adult practica, but do not have any that offer both child and adult experiences)

Assessment Intervention Both

Anticipated Number of Positions for 2025-2026: 9

General Information (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Hamilton Health Sciences is comprised of five hospitals and four specialized centres that are affiliated with the Faculty of Health Sciences at McMaster University. This year, we will be offering practicum placements at the following sites:

- Ron Joyce Children's Health Centre (RJCHC): The **RJCHC** provides a range of child and family services to the community, such as the Child and Youth Mental Health Outpatient Service, the Specialized Developmental and Behavioural Service, the Autism Spectrum Disorder Service, and the Infant Parent Program.
- McMaster University Medical Centre (MUMC also known as McMaster Children's Hospital): Services at **MUMC** provide general medical and surgical services, pediatric care (including the Child and Youth Mental Health Program's Emergency Mental Health Assessment Unit, Pediatric Mental Health Inpatient Unit, Pediatric Chronic Pain program, Children's Exercise and Nutrition Centre, as well as the pediatric Neurology, Epilepsy, and Oncology Neuropsychology clinics), and specialized adult and women's health services.
- Juravinski Cancer Centre (JCC). The Juravinski Cancer Centre (JCC) is a regional referral centre for central-west Ontario. The JCC services patients and families who have been diagnosed with cancer in the Hamilton-Niagara-Haldimand-Brant region. JCC is where cancer treatments such as chemotherapy and radiation take place, as well ground-breaking cancer research.

- The Regional Rehabilitation Centre (RRC), located on the Hamilton General Hospital Campus, provides specialized rehabilitative care to help people who are recovering from brain injury, amputations, spinal cord injury, stroke, and hand and work-related injuries. The facility provides both inpatient and outpatient services and clinics, a large prosthetics and orthotics department, a therapeutic pool, and an outdoor therapeutic track.

Hamilton is accessible by Go-transit from the GTA. Aside from our neuropsych and comprehensive assessment placements, most allow for some virtual/hybrid work.

Psychology staff at HHS currently include approximately thirty psychologists as well as psychometrists and behaviour therapists who are integral members of teams in child and adult psychiatry, pediatrics, geriatrics and rehabilitation and in many cases have developed and are responsible for running programs. Psychology staff have backgrounds ranging from clinical and health psychology to applied behavioural analysis, rehabilitation, and neuropsychology. Most of the psychologists have cross appointments with McMaster University in the Faculty of Health Sciences. Teaching and research are central to the mandate of the hospital and major community based intervention projects are ongoing in adult and child programs. The entire corporation is committed to a client/family-centered, evidence-based approach to health care.

The HHS affiliation with the Faculty of Health Sciences at McMaster University provides psychology students with an invaluable opportunity to learn from and interact with students, clinicians, and faculty in medicine, pediatrics, psychiatry, social work and other allied health disciplines (e.g., speech/language pathology, physiotherapy and occupational therapy).

Supervision (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Practicum students are typically assigned 1 main supervisor from within the program where they will be primarily working, but may have opportunities to work with other supervisors if involved in other programs/areas (depending on the duration of their practicum). Each supervisor provides at least 1 hour of individual supervision per week. Most supervisors take a developmental approach and focus on a competency-based supervision model.

Keywords (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

children, adolescents, family, parent, caregiver, adult, emotion focused, cognitive behaviour, behaviour therapy, dialectical behaviour therapy, acceptance and commitment therapy, motivational interviewing, suicide risk, self harm, violence risk, chronic pain, oncology, health psychology, anxiety, depression, complex case formulation, inpatient, outpatient, emergency, differential diagnoses, comprehensive assessment, interdisciplinary, multidisciplinary, intervention, neuropsych

Training/research opportunities:

A summary of our training opportunities is below and they are separated by child positions and adult positions.

Note: We conduct different types of assessments including **psychodiagnostic assessments** (i.e., interview and questionnaire based) as well as **neuropsych assessments** and **comprehensive assessments** (which include testing with measures like the WISC, WAIS, WIAT, etc) If you require testing experience, please ensure the position you are applying to offers neuropsych or comprehensive assessments.

CHILD PRACTICUM OPPORTUNITIES: A variety of child and family experiences are available depending on the practicum student’s goals and experience and availability of supervisors. Practicum students function as team members on the interdisciplinary teams where they train (e.g., attending teams meetings as appropriate).

Trainees complete practica in comprehensive psychological assessment, neuropsychological assessment, psychodiagnostic assessment, psychological intervention, or both assessment and intervention, depending on the placement. Training in intervention for children, adolescents, families, and parent support is available. Therapeutic modalities include: behaviour therapy, cognitive behaviour therapy, dialectical behaviour therapy, acceptance and commitment therapy, motivational interviewing, family therapy, and emotion focused family therapy. Training is offered in individual and group therapy, including parent and psychoeducation groups.

Pediatric Practicum Opportunities at HHS for 2025-2026

Program	Level	Term(s)	Days/Week	Focus	Supervisor
CYMH Outpatient Service - at Ron Joyce	MA or PhD	Summer 2025	3-4 days/week	Comprehensive assessment	TBD
CYMH Outpatient Service - at Ron Joyce	PhD	Fall + Winter	2 days/week	Intervention and psychodiagnostic assessment	TBD
Extensive Needs Program	PhD	Fall + Winter	2 days/week	Intervention	Dr. Sheri Nsamenang
Children’s Exercise and Nutrition Centre	PhD	Fall + Winter	2 days/week	Intervention	Dr. Sheri Nsamenang and Dr. Beverly Walpole

Child and Youth Mental Health Program (CYMH) Outpatient Service

The CYMH Outpatient Service provides outpatient assessment, consultation, and treatment for children and adolescents with comorbid problems of an internalizing and/or externalizing nature that interfere with functioning in the home, school, and/or community. Treatment services offered include individual therapy, family therapy, group therapy, parent skills training, medication consultation, and consultation with community agencies and schools.

Team members on the CYMH Outpatient Service include psychologists, psychiatrists, social workers, nurses,

child and youth workers, and early childhood resource specialists. If possible, we ask that practicum students aim to participate on and provide consultation to the Outpatient Multidisciplinary Team (Monday meetings). Some CYMH Outpatient Service team members are also part of the DBT Consultation Team, which meets weekly.

Individual therapy modalities include CBT, DBT, ACT, MI, EFFT, and interpersonal therapy. Group therapy offerings typically involve Parenting Your Child/Youth with OCD, Parent-Led CBT for Anxiety, DBT Multifamily Skills Group, and Acceptance and Commitment Therapy.

The CYMHP offers an array of family-based interventions, including 2-day EFFT caregiver workshops and individual EFFT work with caregivers. Additionally, The Family Therapy Clinic allows families to work with an interdisciplinary team that adopts a co-therapist model and incorporates principles from Family Systems Therapy, Narrative Family Therapy, and Structural Family Therapy. Learners may have the opportunity to support families as a co-therapist and/or as part of the Reflection Team that observes family therapy sessions and offers reflections. Finally, Family Check-Up is a 3-session, ecological, family-based assessment that incorporates multi-method (interviewing, video interaction tasks, questionnaire data) and multi-rater information on risk and protective factors to understand influences on the developmental trajectory of the child. The FCU model is strengths-based, collaborative and uses principles of motivational interviewing to understand how parent well-being, child well-being and parenting/family environment are connected. The FCU has a strong evidence base from decades of research. It has been delivered in the USA for quite some time, and clinicians within the Child and Youth Mental Health Outpatient Service who typically provide parent training were initially trained and credentialed in this model in early 2018. We are the first Canadian mental health service to offer the FCU. After the FCU is completed with a family, goals are set in collaboration with the parents/caregivers, which may include the parent skills training intervention connected to the FCU called Every Day Parenting (EDP). The EDP program follows the same principles as the FCU. Both FCU and EDP are transdiagnostic (i.e., not restricted to certain diagnostic presentations). The EDP manual is made up of 12 distinct sessions that are meant to be tailored to the needs of the family.

Pediatric Chronic Pain Program (PCPP)

The Pediatric Chronic Pain Program (PCPP), located at MUMC, provides outpatient, interdisciplinary, family-centred care to children and youth who face chronic pain. There are many different types of chronic pain conditions in children and youth, including headaches, abdominal pain, musculoskeletal pain, and arthritis. The PCPP aims to provide youth and caregivers with skills to reduce the impact of pain on their daily life by utilizing an interdisciplinary functional rehabilitation approach. Some of the interventions in the clinic include psychoeducation, goal-setting, medication review, physiotherapy, activity pacing, parent groups, relaxation and mindfulness, cognitive behavioural therapy, acceptance and commitment therapy, emotion-focused family therapy, motivational interviewing, and consultation with school and community agencies. The team includes many health professionals (i.e., psychologists, social workers, an occupational therapist, a nurse practitioner, physiotherapists, child life specialists, pediatricians, a psychiatrist, a pharmacist, and an anesthesiologist) who work together to collaborate and coordinate care for youth with chronic pain. Opportunities for students include participation in interdisciplinary assessments, completion of comprehensive psychodiagnostic assessments, co-facilitating parent groups, and providing individual psychotherapy.

Children's Exercise and Nutrition Centre (CENC).

CENC is located at MUMC. Students gain experience in behavioural medicine while working with children and families presenting with comorbid psychological and physical health challenges associated with obesity and lipid metabolism disorders. Students will have exposure to psychological/behavioral assessments related to

medical problems, consultations, brief interventions, the interplay between physical and psychological health, coordinated inter-professional teamwork, and gain an understanding of the multifactorial nature of obesity and lipid metabolism disorders. Students learn to provide psychological and behavioral interventions for prevention and/or treatment of medical issues related to obesity and to assist patients in coping with a myriad of conditions (e.g., maladaptive eating habits, sleep issues, motivation, unhealthy body image, impact of bullying, stress, and psychological distress). Brief interventions consist of motivational interviewing, cognitive, behavioral, and parenting strategies. The interprofessional team includes physicians, a psychologist, a nurse practitioner, registered dietitians, an exercise physiologist, an activity therapist, and various learners.

Extensive Needs Program

Extensive Needs Service (ENS) provides vital wrap-around services for children and youth with urgent and extensive needs in Hamilton and the surrounding region who have co-occurring medical, physical and developmental complexities and/or social vulnerabilities. ENS is comprised of the following disciplines: psychology, social work, behaviour therapy, occupational therapy, service consultation/navigation, and registered dietitians. Practicum students may provide individual and group intervention in addition to comprehensive and psychodiagnostic assessments. In addition, practicum students will gain exposure to Family Check-Up, a brief, strength-based intervention that improves parenting and family management practices.

ADULT PRACTICUM OPPORTUNITIES: Clinical training opportunities for practicum students can be available through the Adult Acquired Brain Injury Program, Stroke Rehabilitation Unit, Adult Consultation Neuropsychology Services, Adult Epilepsy Monitoring Unit, Adult Chronic Pain Program, Psychosocial Oncology, and Diabetes Care and Research Program. The specific programs that offer placements vary year-to-year. Practicum students’ involvement will be tailored depending on their skill level and requisite training needs. They may have the opportunity to participate in administration and scoring of a wide variety of measures, interviewing, team/family meetings, case formulations, etc. While most clinics focus on assessment, some clinics focus almost exclusively on intervention. Opportunities for program evaluation and research may also be available.

Adult Practicum Opportunities at HHS for 2025-2026

Program	Level	Term(s)	Days/Week	Focus	Supervisor(s)
Psychosocial Oncology - at JCC	PhD	Summer 2025 or Fall + Winter	2 days/week	Intervention and psychodiagnostic assessment	Dr. Karen Zhang and Jennifer Pink
Adult Neuropsych - Acquired Brain Injury Program and Stroke Rehabilitation Unit	PhD	Fall + Winter	2 days/week	Neuropsychological Assessment	Drs. Justine Spencer, Kate Bartley and Tiffany O’Connor

The **Psychosocial Oncology Program (PSO)** at the Juravinski Cancer Centre is dedicated to supporting adult patients and their families cope with the psychological, emotional, social, spiritual, and functional impact of cancer. The program provides outpatient and inpatient care across the cancer continuum and for a variety

of cancer disease sites, including breast, lung, head and neck, haematology, gastrointestinal, gynecological, genitourinary, central nervous system, skin, endocrine and sarcoma. Residents actively work as part of an interdisciplinary team consisting of psychologist, psychiatrists, nurses, social workers, dieticians, and oncologists. Psychology routinely participates in interdisciplinary consultations and presents at interdisciplinary rounds that review complex patient cases. Training opportunities may include providing psychodiagnostic assessments for treatment planning purposes, inpatient consultations, and short-term individual and group interventions. Psychological interventions target anxiety, mood, grief, end-of-life concerns, caregiver burden, body image, fatigue, insomnia, adherence and adjustment-related concerns. Learners may also co-lead psycho-education sessions to build staff, patient and caregiver capacity to address psychosocial needs that impact cancer care. Opportunities for program evaluation and research may also be available.

The **Adult Rehabilitation Neuropsychology Practicum** is housed in the Regional Rehabilitation Centre (RRC), on the campus of Hamilton Health Science's General Hospital campus. Practicum students will divide their time between two programs in the RRC: The Acquired Brain Injury Program Neurobehavioural Rehabilitation Unit and the Stroke Rehabilitation Unit.

The Acquired Brain Injury Program Neurobehavioural Rehabilitation Unit is an inpatient provincial program for adults with acquired brain injuries who also display challenging behavioral and/or mental health issues. The most common types of acquired brain injuries seen on this unit include traumatic brain injuries (secondary to motor vehicle accidents, falls, assaults, etc.), hypoxic/anoxic brain injuries (secondary to heart attacks, drug overdoses, etc.), encephalitis (secondary to infections such as HSV, etc.), and brain tumor resections. Patients' lengths of stay on the unit range from a few weeks to several months, during which time they receive transdisciplinary rehabilitation, in conjunction with a concurrent behaviour management program. *The Stroke Rehabilitation Unit* offers medical care and rehabilitative services to individuals who have sustained strokes or other cerebrovascular conditions. Patients cover the adult span, including older adults, and often have complex medical and/or psychosocial histories.

In both units, practicum students will have the opportunity to be involved in all aspects of neuropsychological assessment, including clinical interviewing, psychometric testing, patient/family feedbacks, and report writing. There is also the opportunity to work within an interdisciplinary setting (e.g., occupational therapy, speech-language pathology, etc.) and engage with other healthcare professionals through interdisciplinary team rounds/meetings.

Practicum Application Deadline: See GTA Psychology Practicum Deadlines

Application procedure (i.e. documents needed, number of references, etc.)

HHS participates in the GTA practicum process, which standardizes the application deadline and notification day procedures. Please see your Director of Training for more information.

Applicants must be enrolled in a graduate program in clinical psychology/neuropsychology, that is **accredited by the Canadian Psychological Association**. Students should have completed graduate level coursework in psychological (and/or neuropsychological) assessment and have basic practical psychometric training. It is recommended that applicants have already obtained direct experience assessing and interviewing clients.

Applicants are required to submit the following to Dr. Séamus O’Byrne at psychpracticum@hhsc.ca :

- 1 page cover letter including
 - A summary of clinical training thus far (e.g., coursework and practical work),
 - Training goals and objectives (including mention of specific HHS programs of interest)
- Up-to-date curriculum vitae
- Unofficial transcripts of graduate studies
- Minimum of 1 reference letter from a clinical supervisor

Applicants should **clearly indicate**:

- Whether they are applying for a summer or fall/winter placement
- The program to which they are applying

Students may submit applications via email. Please have referees email letters directly to psychpracticum@hhsc.ca

Please note more detailed information is provided in the 2025-2026 Hamilton Health Sciences brochure.

Practicum Site Information Sheet

Name of site: Holland Bloorview Kids Rehabilitation Hospital

Supervisor or Contact Person: Dr. Janine Hay, Practicum Coordinator

Email: jhay@hollandbloorview.ca

Phone: 416-425-6220 ext. 6342

Address: 150 Kilgour Road, Toronto, ON M4G 1R8

Type of Practicum Offered: Child Adult Both

Assessment Intervention Both

General Information about the Practicum: (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Holland Bloorview Kids Rehabilitation Hospital is Canada's largest children's rehabilitation hospital focused on improving the lives of children and youth with disabilities. We are a global leader in applied research, teaching and learning, and client and family centred care. Our vision is to create the most meaningful and healthy futures for all children, youth and families. Holland Bloorview is fully affiliated with the University of Toronto and home to the Bloorview Research Institute. Services at Holland Bloorview include inpatient hospital care for children, outpatient assessment clinics, therapy programs and community outreach programs. We have a school on the premises that provides educational programming during inpatient stays in the hospital, as well as a comprehensive program for young children with physical disabilities.

Holland Bloorview serves children and youth with disabilities and diagnoses including acquired brain injury, concussion, autism spectrum disorder (ASD), cerebral palsy, spina bifida, and genetic disorders. The focus within our clinical and research programs is on client and family centered care. Respect for diversity is also embedded within our core values and our facility is accessible for individuals with physical disabilities.

Holland Bloorview currently offers an assessment practicum specializing in **pediatric neuropsychology** within the Brain Injury Rehabilitation Program. Psychology practicum students in this placement will gain experience in neuropsychological assessment with clients who have sustained moderate to severe acquired brain injuries. There will also be training opportunities through our Concussion Clinic, providing focused neuropsychological assessments and consultations for children and youth with persisting post-concussion symptoms. Students will participate on multidisciplinary rehabilitation teams and they will learn about brain injury recovery over time and across different levels of severity. In this placement, students will receive specific training in the administration, scoring and interpretation of neuropsychological tests. Additional training will be provided in conducting intake interviews and feedback sessions, formulating impressions and diagnoses, writing clinical reports and consulting with healthcare providers on multidisciplinary teams. Some exposure to inpatient neuropsychological services will also be provided.

Holland Bloorview will also be offering a practicum with a focus on **autism spectrum disorder** (ASD) assessment. Due to the highly specialized nature of this placement, it is only suitable for advanced practicum students looking to complete their second or third assessment practicum. In this placement, students will learn about obtaining developmental histories relevant for a potential ASD diagnosis and will be exposed to the administration and scoring of a range of modules from the *Autism Diagnostic Observation Schedule: 2nd edition* (ADOS-2). There will also be opportunities to participate in diagnostic formulation for ASD, as well as feedback sessions, and to learn how to write reports and recommendations regarding ASD. Collaboration within a multidisciplinary team may also occur, although this varies depending on the client. Please note that previous exposure to the ADOS-2 is not a requirement for this placement but would be helpful. However, even with prior experience, students should not expect to become research-reliable on this measure during their placement.

Supervision:

Each practicum student will be assigned a primary clinical supervisor although case supervision may also be provided by other neuropsychologists/psychologists on the team. Students will receive a minimum of 1-2 hours a week of individual supervision by either a licensed clinical neuropsychologist, or a psychologist in the ASD program, depending on the placement. The practicum coordinator will also meet with students in regular meetings to track the progress of training goals during the practicum placement. To support opportunities for training in supervision in our psychology residency program (CPA Standard II.B.4), practicum students will receive additional supervision and mentorship by pre-doctoral psychology residents receiving metasupervision from a supervising psychologist for 1 hour each month.

Keywords:

Neuropsychology, Brain Injury, Concussion, Autism, ASD, Pediatric

Training/Research Opportunities:

Training will follow a mastery model in which students will be expected to assume increased clinical responsibility as the placement progresses. Practicum students will have additional learning opportunities by attending didactic seminars, Psychology Journal Club, clinical case rounds, and centre-wide forums presented by Holland Bloorview staff and external speakers, such as Grand Rounds and Bioethics presentations. The Teaching and Learning Institute also provides opportunities to enhance and develop learning initiatives for students throughout Holland Bloorview. Research opportunities will be limited, as the focus of the placement is on clinical skill development.

Practicum Application Deadline:

As determined by GTA Practicum Match process

Application Procedure: (*i.e., documents needed for application, number of references, etc.*)

Applicants interested in a September 2025 placement should email the following documents to Dr. Janine Hay at jhay@hollandbloorview.ca

- Current CV
- Letter of interest describing how your training experiences and goals would be a good fit for our program
- Two letters of reference (to be emailed separately)
- Name and contact information for Director of Clinical Training and references

To learn more about the neuropsychology/ASD practicum program at Holland Bloorview, please contact Dr. Janine Hay, Practicum Coordinator.

E-mail: jhay@hollandbloorview.ca

Phone: 416-425-6220 ext. 6342 or toll free: 1-800-363-2440

Please review our website at: www.hollandbloorview.ca

Practicum Site Information Sheet

Name of site: Humber River Health

Supervisor or Contact Person: Dr. Laura Leong, Psychologist (contact person and co-supervisor in Adult Mental Health); Dr. Raminder Gill (co-supervisor)

Email: LLeong@hrh.ca

Phone: (416) 242-1000 Ext. 43021

Address: 1235 Wilson Ave, Toronto, ON. M3M 0B2

Type of Practicum offered:

Adult ___

Assessment Intervention Both

General Information:

One position is available in the **Adult Outpatient Mental Health** program. The patient populations served at Humber River Hospital are very diverse and often come from vulnerable, marginalized communities in the northwest part of Toronto and parts of York Region.

In the Adult Outpatient Mental Health program, both therapy and assessments are available. The balance of therapy/assessment work will be tailored to the student's needs and interests. With regard to therapy, with a large outpatient department, students will get individual referrals to see anyone from moderate depression or anxiety to severe mental illness (e.g., psychosis). Patients typically also have comorbid conditions and/or personality disorders. There are many opportunities to run therapy groups (e.g., CBT for mood and anxiety disorders). Assessments most often involve a mixture of cognitive, diagnostic, and personality components. Students will learn how to do complicated case conceptualizations and formulations and write detailed psychological reports. Learning to work in a multidisciplinary team (e.g., with psychiatry, nursing, social work, occupational therapy) in a public hospital setting is a key part of this experience. Shadowing opportunities are also available in the Emergency Department and the Inpatient Mental Health unit. This rotation is available **2 days per week, on-site only, 8:30-4:30pm**, with flexibility on which two days are selected.

The site is TTC accessible (the Wilson bus goes west to Keele from Wilson Station; the Keele buses run north/south frequently). It is also just off Highway 401.

Keywords: Hospital; Outpatient; Multidisciplinary team; psychiatry

Training/research opportunities: No research opportunities at this time. There may be

program evaluation opportunities as we implement measurement-based care.

Practicum Application Deadline: GTA practicum application deadline.

Application procedure: Please e-mail your cover letter and CV to Dr. Laura Leong at LLeong@hrh.ca; additionally, please have **two** referees send a letter **directly**. If this would be your *final practicum before internship*, it would be helpful for you indicate that in your cover letter. Interviews with selected applicants occur in February of each year and we will follow the GTA practicum rules for notification.

Last Updated: November 2024

Practicum Site Information Sheet

Name of site: Kinark Child and Family Services

Contact Person: Dr. Brittany Burek

Email: practicum@kinark.on.ca

Phone: 416-219-0362

Addresses:

218 Earl Stewart Drive, Unit 7, Aurora, ON L4G 6V7 (York site)

419 King Street W, Suite 3550A, Oshawa, ON L1J 2K5 (Durham site)

34 Simcoe Street, Suite 301, Barrie, ON L4N 6T4 (Simcoe site)

880 The Parkway, Peterborough, ON K9J 8S5 (Peterborough site)

475 Iroquois Shore Road, Oakville, ON L6H 1M3 (Syl Apps Youth Centre)

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum:

Kinark offers practicum placements at five separate sites. Students will be placed either in York (Aurora), Durham (Oshawa), Simcoe (Barrie), Peterborough, or Syl Apps Youth Centre (Oakville). A minimum of 2 days per week is required. *Positions at Kinark generally focus on intervention training with supplemental assessment opportunities available as requested by student.*

York (Aurora) site:

Dr. Bravina Kuni, Dr. Ayelet Lahat

Accepting 1 student

Aurora is located north of Toronto in York Region. We are reachable by GO Transit or Viva Blue (York Region Transit) bus line from Finch TTC station, although having a car is an asset. The site is an open-concept work space with bookable treatment, assessment, and meeting rooms. The office is multi-disciplinary with psychologists, a nurse, a psychiatrist, social workers, and child and youth workers. Clients seen are typically school age (6 to 18), with a larger focus on teens. Clients seen by the psychology team present with a diverse range of diagnoses and difficulties such as disruptive behaviour disorders, ADHD, learning disabilities, mood and anxiety disorders, emerging personality disorders, autism, significant family discord, suicidality, and self-harm behaviors, substance use, and a history of trauma. The psychology team in York includes two full-time psychologists, three full-time psychologists in supervised practice, two full-time psychology residents, and one

full-time clinical lead psychologist. The psychology team provides consultation, assessment, and treatment to outpatient clients, day treatment clients, and live-in treatment clients. Our day treatment programs are housed in section 23 classrooms in local schools. The psychology service also offers individual treatment, including approaches such as CBT, DBT, trauma-focused therapy, and group therapy (CBT, DBT). Treatment within psychology is reserved for youth with high-risk behaviours, complex presentations, and/or for those requiring specialized treatment. We also provide consultation for staff on our various client service teams, as well as to external agencies. There are opportunities to attend and participate in various committees (e.g., Diversity, Equity, & Inclusivity) and treatment team meetings.

Durham (Oshawa) site:

Dr. Sophia Durisko, Dr. Brittany Burek, Dr. Megan Hancock
Accepting 1-2 student

The Durham site is located in Oshawa, which is east of Toronto in Durham Region. It is an open-concept work space with bookable treatment, assessment, and meeting rooms. We are reachable by GO Transit and Durham Region Transit, although having a car is an asset. The office is multi-disciplinary with psychologists, social workers, child and youth care workers, and psychotherapists. The clients seen at the Durham site have traditionally been children under the age of 12 with complex mental health needs, although we also occasionally see adolescent clients.

The psychology team consists of three full-time psychologists, one of whom serves as the clinical lead for the program. The psychology team offers consultation, assessment, and treatment services. Assessments may include cognitive, academic, and psychosocial components and are used to guide treatment. The psychology team offers individual and group therapy (e.g., CBT, trauma-focused CBT, DBT-K). We also provide consultation for staff on our various client service teams (e.g., Day Treatment, SNAP, Complex Pods).

Simcoe (Barrie) site:

Supervisor: TBD

Student placement TBD based on supervisor availability

The Simcoe site is located close to Highway 400 in Barrie. Although driving is more convenient, the site is accessible by GO bus and rail systems from Toronto, Waterloo, and other major cities in Ontario. The site operates from a multi-disciplinary perspective that includes psychology, nursing, psychiatry, social work, and child and youth work, and it serves clients between the ages of 6 to 18 years. Clients present with a diverse range of difficulties such as developmental, emotional, and behavioural disorders (often in conjunction with self-harming behaviours), many of which emerge from adverse early childhood experience. The team offers consultation and comprehensive assessments in order to provide recommendations for Kinark-based treatment services. Opportunities for therapeutic intervention can include group and individual therapy (CBT, DBT, trauma-focused approaches). Psychology services also consult to external agencies and other

community-based providers.

Peterborough site:

Dr. Graham Trull, Dr. Michael Saxton

Accepting 1 student

The Peterborough site is located slightly west of downtown Peterborough. Clinicians work out of a newly renovated open concept workspace with bookable treatment, assessment, and meeting rooms. We are reachable by GO Transit and Peterborough Transit, although having a car is an asset. The office is multi-disciplinary with two psychologists, a psychological consultant, social workers, psychotherapists, and child and youth workers. The Peterborough office serves children and adolescents with various programs and services. The placement would involve work with children and adolescents between the ages of six to 17 as well as opportunities to work with caregivers. The psychology team consists of a full-time psychologist, a psychological consultant, and a Clinical Lead psychologist. The psychology team offers consultation, assessment, and treatment services. Assessments are often multi-faceted and include cognitive/academic, psychosocial, and mental health measures for a range of diagnostic queries. The psychology team also offers individual and group treatment. Treatment is often reserved for youth with high-risk behaviours, complex presentations, and/or requiring specialized treatment (e.g., DBT, CBT for OCD). We also provide consultation for staff on our various client service teams, including live-in treatment, SNAP program, and both our elementary and high school day treatment programs (i.e., section 23 treatment classroom).

Syl Apps Youth Centre site:

Supervisor: TBD

Student placement TBD based on supervisor availability

Syl Apps Youth Centre is located in Oakville. The facility operates two secure programs: (1) The Secure Treatment Program and (2) the Ontario Review Board Program. Both programs provide a range of services to youth ages 12-18 with substantial mental health concerns who are in need of a secure setting. DBT is the primary modality of treatment. Youth are supported by a multidisciplinary mental health team made up of a variety of disciplines, including Child and Youth Workers, Social Workers, Nurses, Psychologists, Psychiatrists, Recreation Therapists, and Art Therapists. The therapeutic milieu is clinically intensive, and youth who reside in the facility have access to mental health assessment and treatment, as well as a variety of group and volunteer programs. The facility also has a Section 23 school operated by the Halton District School Board. Practicum students at Syl Apps Youth Centre have the opportunities to participate in the following: Mental health assessments (e.g., psychoeducational, diagnostic clarification, forensic assessment, risk assessment), individual and group therapy, consultation to multidisciplinary team members, and program evaluation and other research projects.

Keywords: CBT, DBT, DBT-K, caregiver support, anxiety disorders, depression, behaviour, PTSD, complex trauma, conduct disorder, self-harm, suicidality, ADHD,

learning disabilities, autism, emerging personality disorder, OCD, live-in treatment, day treatment

Training/research opportunities: There are often training/educational opportunities offered at each site. Recent examples of in-house training include suicide risk assessment and intervention, foundations of DBT, foundations of CBT, functional behaviour analysis, trauma-informed model of care, and case formulation. As per ministry requirements, students must participate in UMAB training prior to seeing clients. There is not typically a research component to this practicum.

Practicum Application Deadline: We adhere to the common GTA practicum application deadline and notification dates. You will be notified that day if you are offered a placement.

Application procedure: Please include: CV, cover letter, unofficial graduate transcript, and 2 letters of reference*. Cover letter must include which site(s) you are interested in.

*Persons providing letters of reference should submit all application materials by e-mail to Dr. Brittany Burek, practicum coordinator, at: practicum@kinark.on.ca.

Last Updated: October 2024

Practicum Site Information Sheet

Name of site: Maplehurst Correctional Complex/ Vanier Centre for Women.

Supervisor or Contact Person: Dr. Atif Shujah, Ph.D., C. Psych,

Email: atif.shujah@ontario.ca

Phone: Please email to set up a phone meeting upon your request.

Address: 61 Martin St, Milton

Type of Practicum offered:

Child ____ Adult X Both ____

Assessment ____ Intervention ____ Both X

General Information:

The Psychology Program is shared across both institutions that are housed in one complex. Adult inmate (male; female; other) client often with complex psychological; medical; and social needs. The therapeutic work encompasses short and medium term therapy with the potential for long-term therapy. Therapy entails both individual and group modalities. Assessments will entail diagnostic assessments; suicide risk management; and cognitive screens. Students can be also involved in providing interdisciplinary consultation as well as training. Currently a maximum of 2 positions are available.

Keywords: Depression; Anxiety; PTSD, Personality Disorders; Schizophrenia; Substance Abuse; Inter-disciplinary team

Training/research opportunities: Continuing education opportunities arise throughout the year as offered by Ontario Public Service and Provincial government.

Practicum Application Deadline: Rolling admissions for Winter and Summer 2025 (or 2026). For Fall 2025: GTA deadline.

Application procedure:

CV, cover letter (References upon request)

Acceptance will require Vulnerable Sector Check (and any additional security clearance); proof of liability insurance; official letter from institution confirming enrollment

Last Updated: *October 2024*

Practicum Site Information Sheet

Name of site: MindFit

Supervisor or Contact Person: Drs. Laura Katz and Kim Edwards

Email: laura.katz@mindfit.ca, kim.edwards@mindfit.ca

Phone: 647-646-3348

Address: Fully virtual practice (office: 18 Yonge Street but this is not listed on our website)

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

MindFit is a leading 35+ clinician virtual private practice, or what we prefer to call a "mental health gym". Seeking support can be stigmatizing and impersonal - but it doesn't need to be! Just like a typical gym, MindFit is designed to be accessible and inviting to anyone looking to improve their emotional well-being. We use effective, evidence-based treatments and most importantly, do everything we can to ensure our members (clients) feel supported, accepted, and valued.

MindFit supports individuals across the lifespan residing anywhere within Ontario, presenting with a wide range of concerns from anxiety, depression, OCD, and ADHD, to tics, hair-pulling, skin-picking, challenging behaviours, chronic pain, somatic/functional symptoms, sleep concerns, and more. Please check out our website for more information: <https://mindfit.ca>.

Keywords: Clinical & Health Psychology, Evidence-based treatments, Psychodiagnostic Assessments, Collaborative team

Training/research opportunities:

- Psychodiagnostic assessments including ADHD assessments using clinical interviews, review of collateral information, and use of questionnaires
- Exposure to CBT, ACT, DBT, Mindfulness, ERP, Collaborative Problem Solving, Strengths-based therapy and other modalities
- Opportunities to participate in 8-12 structured therapy sessions for children, teens, and adults with a range of mental health and chronic health conditions
- Exposure to clinical and health psychology populations
- Participation in monthly lunch and learn series

- Supervision from leading clinicians, many who also hold academic appointments

Practicum Application Deadline: February 1, 2025

Application procedure:

- (1) Interested applicants (senior PhD students) are asked to email info@mindfithealth.ca with their CV and cover letter. Clearly indicate in the subject line that this is an application for a psychology practicum position. Experience providing CBT is required.
- (2) Selected candidates will be contacted for a virtual interview
- (3) Successful candidates will participate in an onboarding session prior to starting their practicum position at MindFit

Last Updated: 2024

Practicum Site Information Sheet

Name of site: Mindful Psychology and Wellness Centre

Supervisor or Contact Person: Dr. Marina Heifetz

Email: dr.heifetz@mkpsychologycentre.com

Phone: (365) 600-5063

Address: 4550 Highway 7, Suite 205, Vaughan, ON - L4L 4Y7

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

Mindful Psychology and Wellness Centre is a multi-disciplinary community private practice in York region. Our team strives to foster a space that not only normalizes and validates our emotional journey, but also builds mindset skills that foster whole-hearted and courageous living. We are committed to delivering evidence-based support to our community in-line with best practice standards and ethical principles.

We offer individual and group therapy, psychological assessment, parent consultations, and clinical supervision and training. We see clients with a variety of concerns, including depression, anxiety, trauma, emotion regulation, and self-esteem/ confidence issues. Our therapists also have vast experience in working with neurodiverse individuals, and with LGBTQ2IA+ and gender non-conforming youth. Our approach is neuro-affirmative and strength-based.

Keywords: child and adolescent mental health; anxiety; depression; autism; ADHD; neurodiversity

Training/research opportunities: Our training focuses on supporting development of good clinical judgment and continued reflection of ethics and ethical principles as they apply to practice. Our focus is to provide good training in clinical assessment and diagnosis, making differential diagnoses, as well as in providing good therapeutic support and parent coaching.

Within the psychological assessment training, we strive to support strengthening assessment skills through use of objective tests, observational techniques, psychoeducational assessment, and structured diagnostic interviews. We also provide opportunity to strengthen developmental assessment skills. In addition to assessment skills, we also focus on training development of integrated psychological report writing and

providing comprehensive and strength-based feedback to families.

Our therapeutic training focuses on empirically-validated treatment models, along with the evidence-based approach to building good rapport with clients. Our therapeutic approaches include individual and group therapy, as well as parent consultations. We integrate approaches such as CBT, ACT, DBT, solution-focused and strength-focused, as well as play-therapy.

We continuously provide professional development opportunities through various workshops and community guest speakers. We also offer regular group supervision to discuss on-going cases and conceptualization.

Practicum Application Deadline: March 15, 2025

Application procedure: The following application materials should be submitted electronically to Dr. Heifetz (dr.heifetz@mkpsychologycentre.com):

- Up-to-date curriculum vitae
- A letter of interest describing your training experiences and goals
- Two letters of reference

Last Updated: September 18, 2024



Practicum Site Information Sheet

Name of Site:

New Leaf Psychology Centre

Contact Person:

Dr. Sherry Van Blyderveen, Ph.D., Clinical Director

Email:

info@newleafpsychology.ca

Phone:

905-878-5050

Address:

400 Main Street East, Suite 210, Milton, Ontario, L7M 3G3

260 Holiday Inn Drive, Suite 9, Cambridge, Ontario, N3C 4E8

Type of Practicum Offered:

Child Adult Both

Assessment Intervention Both

General Information:

New Leaf Psychology Centre is a private practice located at 400 Main Street East, Suite 210, in Milton, Ontario, which is easily accessible from Brampton, Mississauga, Oakville, Burlington and Guelph. We have a secondary location at 260 Holiday Inn Drive, Suite 9, Cambridge, Ontario, which is easily accessible from Waterloo, Kitchener, Guelph and Brantford. Associates with New Leaf Psychology Centre provide assessment and treatment services across the lifespan, from early childhood through to adulthood. Treatment services are offered in individual, family, couple, and group formats. Assessment services include psychoeducational, developmental, giftedness, psychological, and rehabilitation (MVA/WSIB) assessments. In the provision of

assessment, we work with family, physicians, and schools, in Halton, Peel, Wellington, Waterloo, and Hamilton, to ensure comprehensive and thorough reports, with detailed recommendations.

Our team consists of Psychologists, Psychological Associates, Psychometrists, Occupational Therapists, and Educational Consultants. Our associates have expertise in a wide range of presenting problems and related evidence-based interventions.

Practicum Rotations:

The following therapy-based rotations are available from September 2025 through April 2026 (2.5-3 days/week), while the assessment rotation is available May through August 2025 (5 days/week) OR September 2025 through April 2026 (2.5-3 days/week).

CBT & DBT Stream/Rotation:

The student's primary role will be to provide individual therapy. Depending on their clients' needs, students will work with specific CBT treatment protocols for a range of diagnoses (e.g., GAD, PTSD, OCD, etc.) and/or take a DBT approach. Students will also co-facilitate our DBT Skills Group for Adults or our Multifamily DBT Skills Group for Youth.

This rotation is available for both child/youth and adult populations.

EFT & EFT for Couples Stream/Rotation:

Students will provide both individual and couples' therapy. A process-experiential approach will be taken with individual clients who present with depressed mood and/or interpersonal difficulties, and with couples who present with relational distress.

This rotation is available for adult and couple populations.

Assessment Rotation:

Students will have the opportunity to assist clinical and school psychologists in the administration of psychological, developmental, cognitive, psychoeducational, and giftedness assessments. Supervision and training will be provided in the administration, scoring, and interpretation of psychological tests and questionnaires, conducting collateral interviews with family and/or school personnel, and the preparation of psychological assessment reports. Students will gain experience working with a variety of assessment tools (WISC, WAIS, WRAML, WIAT, RCFT, CPT/CATA, CTOP, CELF, ADOS) and measures (BRIEF, Connors, BASC, PAI-A, MASC, ADRI). Shadowing of Literacy and ADHD coaches is available.

A developmental model of training is taken. Based on the student's previous

experiences, the rotation will begin by observing the intake, assessment, and feedback sessions, with the student taking on responsibility for increasingly larger portions of the assessment process as the placement progresses.

This rotation is available for child/youth populations.

Keywords: Individual therapy, group therapy, assessment, psychoeducational assessments, CBT, EFT, DBT, CPT, OCD, Borderline Personality Disorder, PTSD, Anxiety Disorders, Mood Disorders, Couples' Therapy

Training/Research Opportunities:

In addition to weekly individual supervision, practicum students will be expected to participate in weekly training specific to their rotation (e.g., 2-hour DBT seminar course and DBT consultation group; 1 hour CBT or EFT seminar course). Additional external training is also provided (workshops specific to CBT, EFT or DBT). Additional supervision is provided before and after each DBT skills group. Supervisors also provide consultation on as needed basis between formal supervision sessions.

Practicum Application Deadline:

February 1, 2025. Interviews will occur throughout the month of February.

Application Procedure:

Interested applicants are asked to email a cover letter, their CV, and two letters of reference to info@newleafpsychology.ca with "Graduate Student Practicum Placement Application" in the subject line.

In the cover letter be sure to specify your interests (child, adult, and/or couples; assessment and/or intervention; DBT & CBT and/or EFT & EFT Couples).

Last Updated: November 14, 2024

Practicum Site Information Sheet

Name of site: North York General Hospital

Supervisor: Dr. Gillian Kirsh

Email: gillian.kirsh@nygh.on.ca

Phone: 416-756-6444 x3168

Address North York General Hospital, 4001 Leslie Street, Toronto, Ontario M2K 1E1

Type of Practicum offered: Child ___ Adult X Both ___
Assessment ___ Intervention ___ Both X

General Information: North York General Hospital is a community academic teaching hospital with a large and diverse Mental Health Program.

Populations Served:

- Adults presenting with eating disorders
- Adults injured at the workplace (through WSIB) or who have been in a motor vehicle accident

Primary Models of Care:

- Cognitive behavioural therapy (CBT)
- Dialectical behavioural therapy (DBT)
- Acceptance and Commitment Therapy (ACT)
- Motivational Interviewing (MI)
- Psychoeducation

The benefits of training at NYGH:

- Opportunity for exposure to a broad range of patient populations (i.e., chronic pain, PTSD, mood and anxiety disorders, eating disorders and personality disorders)
- Opportunity to attend and/or present at Mental Health Grand Rounds
- All programs involve work with a multidisciplinary team

Supervision Supervision is individual and group, 1-1.5 hours per week. More supervision is available as needed.

Training Opportunities

- 1) **WSIB Assessment and Treatment (2 students for summer of 2025; 2 students for 2025/26)**
 - Assessment and treatment. Patients have musculoskeletal injuries secondary to an injury at the workplace, and have developed mental health and psychosocial



sequelae as a result (e.g. depression, anxiety, somatic symptoms, posttraumatic stress disorder)

- Comprehensive psychological assessment: medical file review, clinical interview and questionnaire administration in order to provide direction regarding psychological diagnosis, prognosis, treatment and functional recommendations.
- Assessments are conducted by Zoom or at the North York General Assessment and Wellness Centre (at 4001 Leslie St)
- Treatment is conducted in person at 255 Consumers Rd Suite 220 and/or by Zoom (a hybrid model is offered)

Motor Vehicle Assessment

- Assessment of individuals who have been in a motor vehicle accident and have filed a claim with their insurance company
- Assessments include a comprehensive diagnostic interview for accident details, pain, mood, anxiety, posttraumatic stress disorder and drug/alcohol use
- Questionnaires administered include those assessing for symptoms of pain/pain coping, mood, anxiety and PTSD
- Assessments are conducted in person at 255 Consumers Rd, suite 220

2) Adult Eating Disorder Program (1 student for summer of 2025; 1 student for 2025/26)

- The program is a partial day hospital program. It runs Monday, Wednesday, and Thursday from 12:00-2 :30pm.
- Assessment: Clinical interviews (Eating Disorders Examination – Interview), supplementary SCID-based modules; administer, score and interpret psychological tests, write assessment reports and provide feedback to patients and the multi-disciplinary health care team.
- Instruments: Eating Disorder Examination - Questionnaire, Eating Disorder Inventory
- Psychotherapy: Group (and opportunity for individual, if desired). Techniques include: *CBT, Dialectic Behaviour Therapy (DBT), Expressive Arts, and Psychoeducational*

Practicum Application Deadline: February 1, 2025

Please specify which program(s) you are applying to (Adult Eating Disorders, WSIB, or both) in the body of your email when you submit your application

Your application should include the following information:

- 1) Letter of intent
- 2) Two reference letters
- 3) Curriculum vitae
- 4) Graduate transcript (unofficial)

Last Updated: November 7, 2024

Practicum Site Information Sheet

Name of site: NuVista Mental Health Toronto

Supervisor or Contact Person: Amanda Taffuri

Email: amanda.taffuri@nuvistamentalhealth.ca

Phone: 416-619-0238

Address: 56 Aberfoyle Crescent Suite 730 Etobicoke

Type of Practicum offered:

Child ___ Adult ___ Both

Assessment ___ Intervention ___ Both

General Information:

We take interns January, May and September. Our culture fosters an environment that encourages, supports, and celebrates professional growth and diversity. We offer innovative techniques, working closely with governmental agencies, and organizations that assist veterans, military personnel, first responders, and various referral sources. We provide holistic support to adults, couples, families, and children facing a broad range of mental health and personal challenges.

Populations Served: Adults, Adolescents and children. Individuals, Couples and Families.

Our primary models of care include Neurofeedback, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Internal Family Systems (IFS), Psychodynamic therapy, Eye Movement Desensitization and Reprocessing (EMDR), Somatic therapy, and trauma-focused approaches such as Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE). We also utilize Acceptance and Commitment Therapy (ACT) and Schema Therapy to provide comprehensive, tailored support for our clients' diverse needs.

Keywords:

Training/research opportunities:

Practicum Application Deadline: 3 Months before start date.

Application procedure: Please email amanda.taffuri@hotmail.com

Last Updated: October 2024

Practicum Site Information Sheet

Name of site: Ontario Sex Therapy

Supervisor or Contact Person: Morag Yule, PhD, C.Psych

Email: myule@ontariosextherapy.ca

Phone: 416-220-2656

Address: 366 Adelaide Street East, Suite 225, Toronto, M5A 3X9

Type of Practicum offered:

Child ____ Adult Both ____

Assessment ____ Intervention ____ Both

General Information About the Practicum: (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Ontario Sex Therapy provides talk therapy to treat sexual difficulties and uses empirically supported treatments to reduce distress around sexual issues. Client concerns include: difficulty with orgasm, low sexual desire, performance anxiety, erectile dysfunction, sexual trauma, sexual anxiety and avoidance, shame and guilt around sexuality, compulsive sexual behaviour and sex-related OCD. We also support clients looking to explore sexual orientation and identity, BDSM and kink, polyamory and open relationships, and navigating unique or atypical sexual interests.

This practicum will provide specialized training in understanding, assessing, and treating a broad range of sexual difficulties. This requires existing comfort and competency in managing more general mental health concerns, as well as a sex-positive, non-judgmental, and compassionate approach to therapy.

More information about Ontario Sex Therapy can be found at www.ontariosextherapy.ca

Keywords: Sex Therapy

Training/research opportunities:

Ontario Sex Therapy provides specialized training in sex therapy and assessment and opportunities are available to work with adult individuals, couples, and groups.

Students will have one hour of individual supervision with Dr. Yule per week and are also encouraged to attend biweekly Clinical Rounds that are available for all associates at Ontario Sex Therapy. Both client sessions and supervision are available by video or in-person. Dr. Yule is available outside of supervision times on an as-needed basis.

Practicum Application Deadline:

We are following the application deadline and Match process set out by the GTA practicum coordinators.

Application procedure: (*i.e., documents needed for application, number of references, etc.*)

This is an advanced practicum. Applicants should have completed other practicum and have experience and comfort providing general therapy techniques. Previous interest in sex therapy and/or sex research is a benefit, but not required.

Please send your CV and cover letter to myule@ontariosextherapy.ca. References will be requested following interviews.

Last Updated: November 2023

Practicum Site Information Sheet

Name of site: Ontario Shores Centre for Mental Health Sciences

Practicum Committee / Contacts:

Dr. Jeanine Lane, Practicum Coordinator until December 2024

Dr. Katie Stewart, Practicum Coordinator for the 2025-2026 year

Kerrie Naylor, Medical Affairs Coordinator

Email: psychologypracticum@ontarioshores.ca *primary email contact

lanej@ontarioshores.ca

stewartka@ontarioshores.ca

naylork@ontarioshores.ca

Phone: 905-430-4055

X3383 – Dr. Lane

X6060 – Dr. Stewart

x6089 – Kerrie

Address: 700 Gordon St., Whitby ON., L1N 5S9

Type of Practicum offered:

Child ____ Adult Adolescent Both ____

Assessment ____ Intervention ____ Both

General Information 2025-2026:

We anticipate having 3 to 5 practicum positions available. Programs accepting applications include Forensic Program (clinical focus or clinical/forensic focus); Adult Outpatients (the Ontario Structured Psychotherapy Program); Adolescents

A full description of our program and application requirements is available on our website in the practicum brochure:

<https://www.ontarioshores.ca/education/academics/psychology-practicum-and-internship>

Practicum Application Deadline: GTA universal application deadline

Last Updated: to be updated October 20

Practicum Site Information Sheet

Name of site: Possibilities Clinic

Supervisor or Contact Person: Liz Gesicki, Operations Coordinator

Email: admin@possibilitiesclinic.com

Phone: 1-833-482-5558 ext 762

Address: 1910 Yonge Street, Suite 115, Toronto, ON, M4S 3B2

Type of Practicum offered:

Child ____ Adult ____ Both

Assessment ____ Intervention ____ Both

General Information:

- Your practicum experience at Possibilities will be shaped and influenced by a Multidisciplinary Team of experts in Neurodevelopmental Disorders, including ADHD and its common comorbidities including Autism, Learning Disabilities, Anxiety and Mood Disorders, OCD, Tic Disorders and Tourette Syndrome. Our Team Members include Clinical Psychologists, Neuropsychologists, School Psychologists, Counseling Psychologists, Psychotherapists, Psychiatrists, Pediatricians, Family Physicians, Social Workers, Occupational Therapists, Speech-Language Pathologists, and Teachers working together to improve possibilities for our clients.
- Your learning will not be limited by your location. We offer Comprehensive Diagnostic Assessments and Treatments to our patients through **secure video sessions, so we accept practicum students from across Canada**. For practicum students residing in the Greater Toronto Area, we also offer in clinic services.
- In an Assessment Practicum, you will learn how to administer video assessments for ADHD and Learning Disabilities (LD). You'll have opportunities to learn about and participate in Autism assessments, too. In addition to questions regarding ADHD, LD, and Autism you'll be exposed to many other DSM-5 TR diagnoses, including but not limited to Generalized Anxiety Disorder, Major Depressive Disorder, Tourette Syndrome and Tic Disorders.
- Our Treatment Practicum offers you experience at various levels of evidence-based therapies delivered virtually, including ADHD Coaching, CBT, Dialectical Behavior Therapy, ACT, Executive Function Therapies, and Collaborative and Proactive Solutions.
- You will participate in processes that provide clients with truly coordinated care. Compartmentalized approaches to assessment and treatment can decrease diagnostic accuracy and limit positive outcomes. Right from the start, our assessments combine clinicians from psychology and medicine because the clinical presentations we see are complex and require integrated approaches and expertise.
- You may observe daily Clinical Team Meetings where diagnoses and treatment plans are discussed

among psychology and medicine, including psychiatry. Once it is determined that you have completed the assessment training and observation phase, you will be participating in these Clinical Team Meetings by presenting the assessment findings.

- You will learn more about neuroscience! Our Assessments and Treatments are brain-based in their perspective—reflecting our expertise in neuropsychology and neuropsychiatry—which means assessment training is offered in neurocognitive interpretations of data derived from extensive testing batteries. Treatments are also scientifically-supported, with outcomes considered from a neuroscience perspective. *Science, Support, Synergy* That's our motto—and guiding perspective—for creating possibilities.
- You will have opportunities to see clients of all ages, from preschool through adults in Assessment and Treatment practicums.

Keywords: ADHD, Learning Disabilities, Autism, Mental Health Disorders, Tic Disorders, Tourette Syndrome, Neuroscience, Multidisciplinary Teams

Training/research opportunities: Specifics to be determined based on the interests and experiences of potential candidates

Practicum Application Deadline: as set by GTA Practicum Committee

Application procedure: Please submit your CV and cover letter, and a minimum of three references.

Last Updated: September 12, 2024

Practicum Site Information Sheet

Name of site: Psychological Counselling Services Group

Supervisor or Contact Person:

Executive Director: Kenneth Kwan, Ph.D., CCFT, C.Psych.
Executive Director, Chief Psychologist

Director, Clinical Services and Operations: Wendy Felix, MSW, RSW

Email: WFelix@pcsgpsych.com

Phone: [\(905\) 721-7723](tel:9057217723)

Address: 198 Des Newman Blvd, Whitby, ON L1P 1Y5

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

Site Description:

Setting: Private Practice Psychology & Family
Therapy Clinic

Populations Served:

Adults, couples, families, youth, children

Areas of Focus:

Adult Clinical Psychology, Child / Adolescent Clinical Psychology, Clinical Neuropsychology, Forensic Psychology, Health Psychology, School Psychology, Sports Psychology, Vocational & Career Counselling, Fertility Counselling, Art & Play Therapy, Couple, Therapy, Family Therapy, Sex Therapy, Group Therapy, Family & Workplace Mediation Services.

Primary Models of Care:

Emotion-Focused Therapy

Cognitive Behavioural Therapy
Dialectical Behavioural Therapy
Narrative Therapy
Object Relations
Brief Psychodynamic

Placements offered:

M.A. practicum
Ph.D. practicum
M.Ed. practicum
Ed.D practicum

Training offered:

Keywords:

Adult Clinical Psychology, Child / Adolescent Clinical Psychology, Clinical Neuropsychology, Forensic Psychology, Health Psychology, School Psychology, Sports Psychology, Vocational & Career Counselling, Fertility Counselling, Art & Play Therapy, Couple, Therapy, Family Therapy, Sex Therapy, Group Therapy, Family & Workplace Mediation Services.

Training/research opportunities:

Counselling & assessment
Psychoeducational intervention
Supervision for clinicians seeking specific professional credentials (i.e. Clinical Membership and Approved Supervisor Status with American Association of Marriage and Family Therapists).

Practicum Application Deadline:

Feb 1, 2025

Application procedure:

Please email your resume and cover letter to

Attention: Wendy Felix
Subject: 2025-2026 Practicum application
hresources@pcsgpsych.com

Last Updated:

October 3, 2024

Practicum Site Information Sheet

Name of site: Reach Out Centre for Kids (ROCK) (see supplemental brochure for additional information)

Supervisor or Contact Person: Dr. Terry Diamond Ph.D., C. Psych.

Email: psychpracticum@rockonline.ca

Phone: 289-208-8180

Address: 471 Pearl St. Burlington ON L7R 4M4

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

ROCK is an accredited children’s mental health agency servicing Halton Region (i.e., Oakville, Burlington, Milton, Halton Hills, Georgetown). Assessment, treatment, and consultation services are offered to children 0-18 years of age and their families. Students will have the opportunity to receive training in complex psychological assessment, which may include diagnostic interviewing, administration of structured assessment measures and measures of socioemotional functioning, school observation, parent interview, and school feedback meetings. Although this is primarily an assessment practicum, students will also have the opportunity to be involved in some therapy opportunities should they wish to (e.g., groups, single session, brief therapy). Students will participate in multidisciplinary teams and will be exposed to children and families dealing with a wide range of presenting issues.

Supervision (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Supervision is tailored to the particular needs of the students and their academic programs. Students will receive at least 2 hours of supervision per week. As ROCK has a CPA accredited Clinical Psychology Residency program, students may receive additional supervision from Clinical Psychology Residents.

Keywords (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

A wide range of mental health and developmental conditions are assessed including: Anxiety, depression, learning disabilities, autism, FASD, OCD, eating disorders, trauma,

attachment disruption, intellectual disability, etc.

Training/research opportunities:

Students have the opportunity to attend monthly Clinical Rounds. Students are also invited to attend agency-wide training opportunities. Examples of past training have included Circle of Security, EFFT, FASD, Trauma Therapy, Dialectical Behaviour Therapy, Legislation and Ethics etc.

Practicum Application Deadline:

We follow the deadlines determined by the GTA Practicum Sites group. This date is typically February 1st with interviews occurring February-March. Notification date will comply with the GTA Practicum Match Day.

Application procedure (i.e. documents needed, number of references, etc.)

Applications are comprised of a cover letter stating training goals, CV, unofficial graduate transcripts, and 2 reference letters. Applications can be forwarded by email to psychpracticum@rockonline.ca

Last Updated: September 2023

Practicum Site Information Sheet

Name of site: RENNI

Supervisor or Contact Person: Simone Levey, Ph.D., C.Psych/Tanya Cotler Ph.D., C.Psych

Email: simonelevey@renni.ca/ tanyacotler@renni.ca, Clinical Directors

Phone: 647-693-2838

Address: 313 Markham Street, Toronto, Ontario, M6G 2K8 (Located in Little Italy, Toronto)

Type of Practicum offered:

Child ____ Adult Both ____

Assessment __ Intervention Both ____

General Information:

OVERVIEW OF RENNI

RENNI is a multidisciplinary clinic, located in Little Italy in Toronto, that consists of psychologists, social workers, psychological associates, acupuncture practitioners, registered massage therapists, general yoga practitioners, as well as Trauma Center Trauma-Sensitive Yoga (TCTSY) yoga instructors. We offer in-depth integrative care to support children, adolescents, adults, couples, families, and groups who are looking for professional treatment to support their mental health, their relationships to self and others, and support for their overall well-being. We work collaboratively as a team using evidence-based modalities designed to best support the uniqueness of each client in their mental and physical health.

At RENNI, we work with a wide range of therapeutic concerns as well as have some main subspecialties including complex and developmental trauma, reproductive mental health, relationships, and mood and anxiety. We also offer comprehensive psychological assessments for both children and adults. While our multidisciplinary team has a range of specializations and we work using a variety of approaches (CBT, AEDP, DBT, mindfulness, CRAFT, MI), we all identify as (primarily) psychodynamic, insight-oriented and experientially focused.

We are located in a beautiful, newly renovated semi-detached home on a quiet residential street in Little Italy that consists of 9 offices and a bright and inviting movement space. Sound proofing, natural light and air ventilation have been prioritized throughout the space.

We value learning and collegiality, and we offer a supportive environment in which to flourish.

We place a high value on clinician growth and encourage ongoing professional development, including opportunities for consultation and training as well as “in house” specialty trainings. We offer regular team meetings, monthly group consultation meetings, as well as monthly office hours with the founders for additional supervision. We are privileged to also offer workshops, and individual consultation with members of the team.

We offer a consistent and established referral flow, electronic record keeping, scheduling, and billing alongside flexible work hours, and administrative support.

Finally, we prioritize the well-being of our team through a warm and welcoming environment.

As such offer low-cost weekly yoga classes in our movement studio for our team, an indoor and outdoor (backyard) staff space to gather and connect as well as team parties to socialize and strengthen our relationships among the team.

Our clinical training program incorporates weekly individual supervision in addition to monthly case conferences, team meetings that include specialized trainings, and opportunities to attend monthly office hours with Dr. Simone Levey, Dr. Tanya Cotler, or Ruth Dorfman MSW. Trainees may have the opportunity to work alongside clinical psychologists, social workers, yoga teachers, massage therapists, and/or acupuncturists. Independent reading is required at this placement.

To learn more about our many services we offer, please visit our website at www.RENNI.ca to learn more.

CLINICAL PRACTICUM SUPERVISORS

Simone Levey, Ph.D., C.Psych

Dr. Levey is a licensed Clinical Psychologist who specializes in working with adults who have endured trauma, neglect, and abuse. She received her Ph.D. from the Derner Institute of Advanced Psychological Studies, Adelphi University, and her Master's degree from Columbia University.

Dr. Levey brings two decades of experience working with children, adolescents, adults and families, working at various levels of the mental health system, including in emergency rooms, psychiatric inpatient and outpatient hospital settings, and in schools. Dr. Levey has also worked as a consultant at the Canadian Centre for Victims of Torture (CCVT), and at Rikers Island, in New York.

Dr. Levey is certified in Accelerated Experiential Dynamic Psychotherapy (AEDP), and she is a certified AEDP supervisor. She has many years of training and experience practicing Relational Psychodynamic Psychotherapy, Short-Term Dynamic Psychotherapy (STDP),

and she uses Cognitive Behavioral Therapy (CBT) in her work. She also has formal training in Sensorimotor Psychotherapy.

Dr. Levey provides supervision and mentorship for early career psychologists and other mental-health professionals and students. She also presents workshops for clients and presentations for mental-health professionals in the community.

Tanya Cotler, Ph.D., C.Psych

Dr. Cotler is a child and adult clinical psychologist, author, and speaker who specializes in reproductive mental health, infant mental health, and parent-child attachment.

Holding a PhD from Derner Institute Psychological Studies Adelphi university and Parent infant Psychotherapy Post-Doctoral training from Columbia university, along with several other specialized trainings, Dr. Cotler has nearly two decades of clinical experience working at various levels of the mental health system including emergency care, inpatient psychiatry, and community and outpatient-based settings. In her clinical practice, Dr. Cotler provides individual and group therapy for adults and play therapy and parent infant psychotherapy for children and infants.

Dr. Cotler is the creator of Mother2Woman groups, and the not-so-new moms groups, and conducts trainings for parents, professionals, and educators. She also provides supervision and mentorship for training and early career psychologists and therapists. Dr. Cotler writes a regular column for Psychology Today, [Motherhood Made Real](#) and has published a number of other works and book chapters on maternal mental health, parent-child attachment, and mindful parenting.

Keywords: Trauma, Reproductive Mental health, anxiety, depression, grief and loss, relational psychodynamic psychotherapy, somatic, AEDP, Adult, attachment, mindfulness, multidisciplinary, short-term, long-term

Training/research opportunities: Intake and clinical treatment for adults; Individual, group psychotherapy, development of workshops and groups.

Practicum Application Deadline: Same deadline as set by the GTA practicum committee

Application procedure: Please submit a CV, cover letter and 2 references to simonelevey@renni.ca and tanyacotler@renni.ca. Selected applicants will be invited for an interview.

Practicum Site Information Sheet

Name of site: Remedy

Supervisor or Contact Person:

Practicum Coordinator: Dr. Melissa Milanovic, C.Psych

Email: dr.milanovic@remedycentre.ca

Phone: 647-362-8822 ext. 127

Address: 703 Bloor St. West, Suite 201 | Toronto, ON | M6G 1L5

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum:

What is Remedy?

[Remedy](#) is a social enterprise: a clinical practice, a home for research, and a community that is committed to our own personal growth and that of our work. We are a vibrant, open-minded community of practitioners and researchers who value both high quality clinical expertise as well as the ongoing shaping and development of our field. Our philosophy is to innovate mental healthcare and to work with clients to amplify and support the lives they want to live. Our mission is to provide **excellent care** through a commitment to innovation and growth.

What is Remedy Institute?

We've launched [Remedy Institute](#), a registered Canadian charity that exists alongside Remedy. The mission of Remedy Institute is to bridge different ways of knowing, from the seen to the ineffable, through research, practice, and community. We focus on funding innovative research and **accessible services** for those who are traditionally underserved.

Model of Service Delivery

The model of service delivery for our Practicum program is unique: non-profit in a private practice setting. This means Remedy would not profit off the services students deliver (any fees collected would be put back into Remedy Institute) while providing them with exposure to the professionalism of a private practice. Our goal is to provide low-cost therapy to those in need, thereby both increasing **accessibility** while helping students meet their training goals.

What we offer

At Remedy, providing **excellent care** to clients is the bedrock of our work. Collectively, our expertise includes Cognitive Behavioural Therapy, Emotion Focused Therapy, Cognitive Processing Therapy, Cognitive Behavioral Conjoint Therapy for PTSD, Psychodynamic psychotherapy, working with non-ordinary states of consciousness, and Mindfulness Based Cognitive Therapy. We are committed to following the practicum model of providing weekly, high-quality supervision, and students can specialize in their specific areas of interest.

Services Offered at Remedy

The following encompasses services offered at Remedy. *At minimum, trainees would have opportunity for training in assessment and provision of therapy with adults (individual).* Other opportunities as listed below will depend on supervisor availability and program offerings at Remedy at the time of student placement.

Individual Therapy	We provide individual therapy for a range of questions and concerns, including growth and exploration, PTSD/trauma, depression, anxiety, relationships, OCD, insomnia, living with HIV, integration of non-ordinary states of consciousness, supporting questions around gender and sexuality, and many more.
Couples Therapy	We see couples and other relationship constellations to support satisfaction, to assist in transitions, and also to treat particular conditions, such as PTSD.
Assessments	We offer comprehensive assessments to young adults and adults for Learning Disabilities, Attention-Deficit/Hyperactivity Disorder, Autism, and mental health challenges to assist individuals who may be seeking diagnostic clarification, school and work supports, and support with treatment planning.
Group Programs	We offer Mindfulness Based Cognitive Therapy and other groups as tools to promote well-being.
Clinical Consultation	We offer clinical consultation to other providers (e.g., Cognitive Behavioral Conjoint Therapy for PTSD, Cognitive Processing Therapy for PTSD, and Psychodynamic Psychotherapy).
Research Consultation	Drawing on our extensive backgrounds in research design, we offer research consultation and support for teams, organizations, and colleagues looking to answer questions related to our expertise.
Workshops and Training	We offer workshops in trauma-informed care and trauma treatment, as well as co-created setting-specific workshops and trainings.

At present we offer both virtual and in-person services. We are located at Bloor and Christie in Toronto, in a beautiful light-filled space. We are a 2SLGBTQI+ embracing practice. Students would be fully integrated into our practice while they are with us, and there may be opportunities to join our practice more permanently as we continue to grow.

Keywords: Clinical Psychology, Counselling Psychology, individual therapy, assessment, trauma-informed, accessible services, anti-oppression, diversity, multicultural, private practice.

Training/research opportunities: In addition to opportunities outlined above, training will follow a developmental model of supervision in weekly individual supervision, which may include direct observation or review of recordings, role play, provision and discussion of relevant readings, and Remedy team meetings.

Practicum Application Deadline: We are following the application deadline and Match process set out by the GTA Match committee.

Application procedure: (*i.e., documents needed for application, number of references, etc.*)

This is an advanced practicum. We welcome doctoral clinical psychology applicants who have completed at least one doctoral practicum and are applying for a Fall 2025 – Spring 2026 placement. Applicants interested in a Fall (September) 2025 placement should email the following documents to dr.milanovic@remedycentre.ca:

- Cover letter and CV (please include the type of training opportunities you are hoping for, and include an answer to this question: *what do you dream of when you think about innovating mental health?*)
- Unofficial graduate transcript
- 2 reference letters
- Video or on-site interview upon request

Last Updated: October 2024

Practicum Site Information Sheet

Name of Site: Sageview Health

Supervisor or Contact Person: Katherine Holshausen, PhD, C.Psych

Email: practicum@sageviewhealth.ca

Phone: (905)814-8200 (clinic phone)

Address: 2000 Argentia Road, Plaza 3, Suite 101, Mississauga, ON, L5N 2R7

Our practice is located just south of Highway 401 off the Mississauga Road exit. We have ample free parking for clients and staff (including practicum students). It is also accessible from the Meadowvale and Streetsville GO stations via Mississauga transit.

Type of Practicum Offered:

Child Adult Both

Assessment Intervention Both

*Focus can be exclusively assessment, exclusively intervention, or a combination.

General Information About the Practicum: (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Sageview Health is a large practice with an interprofessional team of 36 clinicians including psychotherapists, social workers, psychological associates, student therapists, and clinical psychologists. Fostering a culture of learning from other mental health professionals is one of our core values, and we welcome practicum students to be part of this culture. We are also committed to providing a safe space for individuals who identify as members of the LGBTQIA2S+ community and our clinicians aspire to integrate compassion and empirically informed approaches into our clinical services.

Our clinic sees a wide age range from children (5+) to older adults (65+), and we routinely see a variety of clinical presentations and diagnoses including mood disorders, anxiety disorders, trauma- and stressor-related disorders, emotion dysregulation, stress and burnout and behavioural disorders. Our clinicians provide individual, couple, and family therapy.

In addition to the information below, more details about our site can be found on our website at www.sageviewhealth.ca

We offer **3 practicum streams** at Sageview Health:

(1) Adult Psychotherapy

The primary therapy modality employed at Sageview Health is CBT-oriented, however

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most of our clinicians are integrative in their approach. Our team uses a number of evidence-based practices including CBT, ACT, CPT/PE, EFT, and DBT. Practicum students will have the opportunity to deliver manual-driven CBT protocols complemented by other psychotherapy approaches and techniques when indicated for a range of diagnoses. Advanced students will have the opportunity, where possible and appropriate, to work with more challenging clinical presentations including provision of trauma-informed care and evidence-based psychotherapies such as CPT and PE. Therapy can be conducted online or in-person, with in-person being increasingly in demand for child/adolescent therapy.

If interested, practicum students in this stream could also engage in psychodiagnostic and psychoeducational assessments with adult clients, culminating in integrated reports.

(2) Child and Adolescent Assessment (with some Adult)

The assessment practicum stream offers in-person assessments to individuals aged 6 and older, including adults. Practicum students can participate in psychoeducational (ADHD, learning disabilities, intellectual disabilities) and giftedness assessments. Other assessments may be strictly diagnostic in nature (e.g., anxiety, depression, OCD, BPD, etc), though diagnosis often forms part of psychoeducational assessments. Comprehensive assessments include a variety of assessments tools, including WISC, WAIS, WRAML, WIAT, CPT, NEPSY, DKEFS, PAI, MMPI, R-PAS, etc. Possibility to observe autism testing (requires previous ADOS-2 training to conduct testing).

As part of this rotation, learners may also provide individual psychotherapy for children, adolescents, and adults. Typical treatment modalities include CBT (including ERP for OCD), trauma-focused therapies (TF-CBT, CPT, PE), DBT-informed therapy, and motivational interviewing. There are also opportunities to provide parent training/coaching. Therapy can be conducted online or in-person, with in-person being increasingly in demand for child/adolescent therapy.

(3) Child and Adolescent Psychotherapy

Our child and adolescent program provides psychotherapy to individuals ages 6-18. Individual therapy is typically offered to children and youth (and their parents, where appropriate and indicated). Direct therapy and coaching are also available for parents. Typical presenting concerns include anxiety, mood difficulties, OCD, ADHD, selective mutism, and personality disorders (in older adolescents). Psychologists on this team used an integrated approach of modalities including cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), acceptance and commitment therapy (ACT), emotion-focused family therapy (EFFT), and motivational interviewing (MI). Semi-structured and/or structured interviews (e.g., K-SADS) alongside supplemental standardized questionnaires as indicated are used at the start of treatment to inform case conceptualization and treatment planning. There are also often opportunities for interprofessional case consultation concerning client care, including interfacing with family doctors and psychiatrists, and liaising with school staff.

The primary focus of this practicum is the provision of psychotherapy, however, if interested, practicum students in this stream could also engage in psychodiagnostic and psychoeducational assessments with children and youth, culminating in integrated reports.

Keywords:

CBT, ACT, depression, bipolar disorder, anxiety disorders, PTSD, trauma- and stressor-related disorders, borderline personality disorder, obsessive-compulsive and related disorders, comprehensive psychological assessments, individual therapy, couples therapy.

Supervision:

Supervision will be provided in both individual and group formats. Individual supervision will be provided once weekly for 1.5 hours and will involve reviewing of recorded session material in addition to clinical practice and ethical issues as they come up, and discussion of other clinical issues as they relate to practicum learner goals.

Group supervision is led by a clinical psychologist and includes individuals at early stages of their careers across multiple mental health disciplines (e.g., social workers, psychotherapists, graduate students, student therapists). Group supervision is 1 hour in duration and is offered on a bi-weekly basis.

Our clinic-wide clinical consultation meets bi-weekly for discussion of ethical issues, challenging clinical presenting issues, and professional reporting duties (e.g., duty to report abuse).

Training/Research Opportunities:

Sageview Health employs a developmental approach to training and supervision in the context of the scientist-practitioner model. To this end, we focus on integrating clinical research into our clinical practices and following evidence-based therapies (EBTs). Learners will develop skills in assessment and/or treatment with a focus on case conceptualization and adherence to EBTs. Learners will also monitor client progress through outcome monitoring to index symptomatic and clinical change, using data to inform client-centered and meaningful discharge and relapse management plans.

Bi-weekly research and clinical practice rounds hosted by Sageview Health from internal and external speakers on evidence-based interventions, assessment, and psychotherapy. Learners have the opportunity to present as part of these rounds during their practicum placement if they wish.

We also offer a training allowance in the amount of \$250. In consultation with their Sageview Health supervisor(s), practicum students may identify relevant training opportunities (e.g., Psychwire, relevant books, or workshops) which Sageview will purchase on behalf of the learner so that the student may have access to those trainings during their practicum with us. These will be aligned with learner-specific training goals.

Note: learners will not be compensated for expenses or paid, rather offered access to resources on behalf of Sageview Health.

Currently, there is no formal research component to this practicum.

Practicum Application Deadline:

Same as deadline set by the GTA practicum committee, though rolling admissions may be considered on a case-by-case basis.

Required Application Materials/Procedure:

- Unofficial transcripts from graduate school
- Two letters of reference
- 1 page letter of interest, including training goals and objectives for the prospective practicum
- Curriculum vitae (CV)
- On-site or virtual interview

Note: preference for students with previous experience delivering CBT, completion of at least 2 assessment courses, and completion of at least one 500-hour practicum.

Except for reference letters, please assemble all materials and submit them to Dr. Katherine Holshausen at practicum@sageviewhealth.ca Reference letters should be sent directly from referees to Dr. Holshausen via email. Reference letter email should include the name of the applicant in the subject line. Reference letters are subject to the same deadline as the rest of the application.

Sageview Health participates in the **Common Notification Day** with other GTA sites. You will be notified that day if we are offering you a practicum placement position.

Last Updated: October 8, 2024

Practicum Site Information Sheet

Name of site: Step Stone Psychology

Supervisor or Contact Person: Dr. Barbara Mancini, Ph.D., C.Psych.

Email: info@stepstonepsychology.com

Phone: 416 551 7284

Website: www.stepstonepsychology.com

Addresses:

600 Sherbourne Street, Suite 312
Toronto, ON
M4X 1W4

137 Finch Ave. West
North York, ON
M2N 2J1

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

Anticipated Number of Positions for 2024-2025:

3-4

General Information (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Site Description:

Step Stone Psychology is a well-established private practice of 23 interdisciplinary clinicians (including Psychologists, Registered Psychotherapists, Registered Social Workers, qualifying candidates and students) that has been serving **children, adolescents, adults, families, and couples** in the Toronto's downtown core and North

York area for over 12 years. Step Stone Psychology is proud to offer broad and diverse clinical services across the lifespan, including specialized forensic psychology services for youth.

As a 2SLGBTQ+ positive space, we also feature out and allied clinicians with specialized knowledge, skills, and resources to share with students.

Didactic Training: Our training opportunity includes dedicated weekly/bi-weekly didactics on a range of clinical and practice topics to broaden student's learning (see list below). Didactics also include a seminar on **Emotion Focused Therapy with Adolescents and Adults**, which aids learners in rounding out their clinical assessment and intervention training and accomplishing breadth of knowledge needs.

Our practice values our clinicians and students as much as our clients and thus emphasizes work-life balance and self-care for all members of our team.

Step Stone Psychology offers a unique opportunity to collaborate with other clinical disciplines in a rich learning environment.

Transit/Accessibility:

We have two wheelchair and TTC accessible offices which are recently renovated, modern, stylishly furnished, and well-appointed.

Locations:

Two locations are **downtown Toronto at Sherbourne and Bloor** and **North York near Yonge and Finch** (Step Stone Center)

Current Students and Trainees:

We are proud to currently include assessment and treatment practicum students, doctoral associates, and psychologists in supervised practice from OISE/University of Toronto, York University, the University of Guelph, Western University, and Fielding University as members of our team.

Services:

Step Stone Psychology offers intervention and assessment services across the lifespan and across various practice areas including child, adolescent, and adult counselling and clinical psychology, youth forensic psychology, and neuropsychology.

Intervention services at Step Stone:

There is opportunity to be involved in both **individual** and **group** treatment (e.g., Circle of Security Parenting* ™) at Step Stone.

Step Stone services include treatment with children, adolescents, adults, parents, and couples as well as parent-child dyadic and family-based care. Students will be trained in developing and adopting an integrative and trauma-informed approach to care.

Treatment and Modalities:

- Students will be able to learn integrative therapeutic approaches that include elements of:
- CBT
- EFT
- DBT-informed
- IPT
- ACT
- Motivational Interviewing,
- Circle of Security Parenting* ™,
- Supportive therapy,
- Arts/play-based treatment approaches,
- Relational/Psychodynamic/Object Relations modalities.

Work with children, adolescents, families/parents in particular will also include attachment-focused modalities, and/or targeted cognitive and behavioral interventions.

Assessment services at Step Stone:

At Step Stone we offer comprehensive **psychodiagnostic**, **psychoeducational**, **neuropsychological**, and **forensic youth** assessments.

Students will broaden their assessment skills by participating in complex clinical psychodiagnostic assessments:

- mental health,
- personality/attachment-related concerns,
- concurrent disorders,
- ASD/developmental concerns, ADHD, etc.
- psychoeducational assessments
- learning concerns,
- giftedness,
- attentional concerns,
- behavioural issues

Opportunities for additional add-on experience and training in assessment in the areas of neuropsychology, ASD, youth forensic psychology are also possible at Step Stone (see below).

Supervision at Step Stone:

Supervision is provided by several psychologists:

Primary/Core Supervisors:

- Dr. Barbara Mancini (Clinical/Counselling Psychology; populations: children, youth, adults, and families)
- Dr. Nina Vitopoulos (Clinical/Forensic Psychology; populations: children, youth, and adults)
- Dr. Mariam Ayoub (Clinical/Counselling Psychology; populations: youth, adults, and couples)

*Supervision under additional supervisors is also possible on a case-by-case basis.

Supervision Format:

Individual Supervision will be provided to each student on a **weekly basis** with additional supervision available in a **group format**.

Supervision may include observation, reviewing video recordings, and collaborative assessment or co-therapy opportunities.

Training/research opportunities:

Practicum students will have the opportunity to strengthen foundational clinical skills while working with diverse clients presenting with a broad range of clinical presentations across the lifespan.

We will be offering group therapy virtually or in-person in which students may be able to **co-facilitate/assist** with alongside supervisors and senior clinicians to deliver groups such as Circle of Security Parenting* ™, etc.

Additional Supervision and Learning at Step Stone:

Supplemental supervision and learning opportunities also include various in-house seminars such as:

- **Bi-weekly EFT Training Seminar**
- **Gender and Sexual Diversity workshops**
- **Trauma-Informed Care didactic**

- **Parenting and Attachment didactic**
- **Introduction to Forensic Psychology didactic**
- **Personality Concerns didactic**
- **Intersectionality and Diversity in practice**
- **School Psychology – tailoring reports/recommendations**
- **Career Development in Psychology**

*Where indicated, Step Stone Psychology may potentially pay for one day of relevant training off-site in the community.

Additional Training Opportunities

Interested students will have the opportunity to broaden their clinical training and gain exposure and skills in different psychology practice areas and/or populations. This includes Forensic Youth Psychology, Pediatric Neuropsychology, and Autism Mental Health.

Forensic Youth Psychology

Supervisor: Dr. Nina Vitopoulos

Students will be trained in the provision of psychological consultation, assessment, formulation, diagnosis, and treatment of youth in the context of youth justice involvement and concurrent mental health needs. Primary modalities include CBT (Cognitive Behavioral Therapy), Dialectical Behavior Therapy (DBT), Motivation Interviewing (MI). Students will also be offered training opportunities in liaising with families, other clinicians, and justice-related professionals (lawyers, parole officers, judges).

Populations:

We work with a wide range of populations experiencing a range of concerns including mood and anxiety, trauma, emotion regulation issues, relational concerns, infant-parent relational and attachment concerns, parenting and family functioning, learning issues, giftedness, attentional issues, developmental concerns (e.g., ASD), youth forensic issues, career development needs, substance use concerns, 2SLGBTQI+ health and gender identity concerns, among others.

Practicum Application Deadline: February 1, 2025 (required date)

Step Stone holds the same deadline as set by the GTA practicum committee – **February 1, 2025**, but will accept applications afterwards.

Step Stone Psychology Application procedure:

Please prepare the following documents for your application and submit them via email to:

Dr. Barbara Mancini at info@stepstonepsychology.com

Include in your application:

1. A one-page statement of training goals and objectives,
2. An up-to-date curriculum vitae (CV),
3. Two letters of reference

Please ask referees to **email reference letters with the name of the applicant in the subject line** as soon as possible to Dr. Barbara Mancini at info@stepstonepsychology.com.

Once your application has been reviewed, **select applicants will be offered a virtual or in-person interview** with one or both of the core supervisors at Step Stone Psychology.

Further recommendations:

* Placements are typically offered to extend to 1 year to allow students to learn and apply knowledge over time (some flexibility of end dates are possible, please specify in your letter your interest/timeline).

Keywords

Mood and Anxiety Disorders, Trauma, Attachment/Parenting concerns, 2SLGBTQ+ concerns, Gender, Youth Forensic, Learning/Giftedness and Attentional concerns, ASD/Autism, behavioural and developmental concerns.

Last Updated: October 2024

Thank you for considering applying to Step Stone, we look forward to connecting with you!



Practicum Site Information Sheet



Name of site: St. Joseph's Healthcare Hamilton

Practicum website: <https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements>

Supervisor or Contact Person: Irena Milosevic, Ph.D., C.Psych.

Email: imilosev@stjoes.ca

Phone: 905-522-1155 ext. 35227 (email preferred)

Address: Anxiety Treatment & Research Clinic, St. Joseph's Healthcare Hamilton, 100 West 5th St, Hamilton ON L8N 3K7

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum: (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

The clinical training faculty at St. Joseph's Healthcare Hamilton (SJHH) is committed to providing high quality training opportunities through clinical practica, our APA/CPA accredited predoctoral internship program, and postdoctoral positions. Across a number of clinical training settings, the following are emphasized: (i) provision of a rich training experience with attention given to providing adequate breadth and depth of client contacts, (ii) provision of high quality supervision, (iii) opportunities to work in multidisciplinary environments. Additionally, through ongoing evaluation of the training needs, strengths, and interests of practicum students, practica will be tailored to maximize individual students' growth in knowledge of clinical intervention and assessment strategies and



related research, and to facilitate the development of a professional identity. The primary supervisors of all training settings are registered Psychologists.

Eligible students are those currently registered in APA/CPA accredited (or equivalent) clinical, counselling, or school psychology programs. There is considerable flexibility regarding the types of practica available, including assessment, therapy, and opportunities for research. The information on our web page briefly outlines services in which practicum opportunities are currently available. Interested students should review the training website (<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements>) for more information about psychology faculty and programs at SJHH. Students may also contact faculty members with any questions about types of practicum experiences available in a particular service.

Practica may be full-time or part-time. Generally, practica begin in May, September or January and run for 16 to 32 weeks.

Keywords: clinical psychology, health psychology, neuropsychology, forensic psychology, adult, young adult, outpatient, inpatient, assessment, intervention, evidence-based, anxiety disorders, mood disorders, borderline personality disorder, concurrent disorders, eating disorders, schizophrenia, WSIB, OSP

Training opportunities:

There are practicum training opportunities across 12 different clinics. Further information about each clinic is available on our website via the links below.

Anxiety Disorders:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#anxietyTreatment>

Borderline Personality Disorder Services:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#h46skv9m91w99lz4s81qwbac4obdhzn>

Clinical Neuropsychology:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#clinicalNeuropsychology>

Concurrent Disorders:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#Concurrent>



Early Intervention in Young Adult Mental Health:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#early-intervention>

Eating Disorders:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#eatingDisorders>

Forensic Psychology:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#forensicPsychology>

Health Psychology:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#healthPsychology>

Mood Disorders:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#moodDisorders>

Ontario Structured Psychotherapy West Region:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#OSP>

Schizophrenia Services:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#schizophreniaServices>

WSIB Mental Health Specialty Clinic:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements#WSIB>

The availability of placements in specific clinics may vary from year to year. For more information about each clinic, including direct contact information for each clinic, please refer to our website.

Practicum Application Deadline:

All dates correspond with the larger GTA match. Deadline on/around February 1, 2025, for submission of applications for Spring/Summer 2025 and Fall 2024/Winter 2026. Applications submitted after this deadline cannot be guaranteed a review.



Application Procedure:

Following a review of applications, students will be informed whether or not they will be invited to participate in an interview (phone interviews will be considered in some circumstances). Decisions about placement will be made following these interviews. Students will be notified of placement decisions on the GTA Common Notification Date by email. The Match date is yet to be determined and will be updated after the Virtual Practicum Fair on Friday, November 15, 2024 (9am-12pm EST). After the match date, there is no review of new applications until the next cycle.

Contents of Application:

All information about the application process is available on our website:

<https://www.stjoes.ca/health-services/mental-health-addiction-services/mental-health-services/psychology-training/clinical-practicum-placements>

To apply for a practicum position in any program students must **electronically** submit (1) a curriculum vitae, (2) copies of unofficial undergraduate and graduate transcripts, (3) a letter of recommendation, (4) a cover letter indicating what aspects of the practicum are of interest and why the learner believes the practicum would address their training needs, and (5) the Clinical Practicum Placement and Experience Form. Each of the five items must be submitted to guarantee consideration.

Submit all application materials to: psychologypracticum@stjoes.ca

General inquiries about the application process can be directed to Dr. Irena Milosevic (contact information below). Students are also encouraged to contact supervisors in the various training clinics (contact information included in clinic descriptions on the website) for more information about those opportunities.

Irena Milosevic, Ph.D., C.Psych.
Anxiety Treatment & Research Clinic
St. Joseph's Healthcare Hamilton, West 5th Campus
100 West 5th Street
Hamilton, ON L8N 3K7
Tel: 905-522-1155 ext. 35227
Fax: 905-521-6120
Email for inquiries: imilosev@stjoes.ca

Last Updated: October 10, 2024



Practicum Site Information Sheet

Name of site: St. Michael's Hospital FOCUS and Academic Family Health Team

Supervisor or Contact Person:

Dr. David Eisenach, C.Psych.

Dr. Adrienne Li, C.Psych.

Email: David.Eisenach@unityhealth.to; Adrienne.Li@unityhealth.to

Phone:

Address: 73 Regent Park Blvd #3, Toronto, ON M5A 2B7; 80 Bond St, Toronto, ON M5B 1X5

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

The practicum is split between two services within Unity Health Toronto's St. Michael's Hospital. It offers a unique opportunity to gain experience in both community outreach to individuals with serious and persistent mental illness (SPMI) and comprehensive assessment and treatment embedded in a large multidisciplinary primary care team.

The St. Michael's Hospital FOCUS Program is a Flexible Assertive Community Treatment (FACT) team that offers a multidisciplinary approach to treating individuals with serious mental illness and substance use disorders. The team is composed of psychiatrists, social workers, nurses, occupational therapists, case managers, peer support workers, and a psychologist, all of whom provide recovery-oriented outreach treatment for clients living in the community with SPMI. This practicum includes one full day per week under the supervision of the FOCUS Team psychologist. Clinical duties would involve providing individual therapy for clients via outreach in the community, with an estimated caseload of 3-4 clients at any time, as well as an opportunity to co-facilitate groups on site according to interest. Supervision will be provided from various modalities including CBT for Psychosis, DBT, ACT, and the recovery model. This is a unique opportunity to work with an underserved population outside of a typical office practice, and receive supervision in methods for modifying standard therapeutic modalities to fit the needs of clients with complex presentations.

The Academic Family Health Team comprises of family physicians, nurses, medical residents, social workers, pharmacists, dieticians and other health professionals providing



multidisciplinary team-based primary care across five sites in downtown Toronto. The practicum includes one to two days a week working closely alongside social workers, income and addiction counsellors, and coordinating with psychiatry to provide psychological assessments, consultation and intervention to a diverse and complex population affected by multiple social determinants of health. There will be an emphasis on conducting comprehensive psychodiagnostic assessments, including adult ADHD assessments, involving the use of PAI, WAIS-IV and semi-structured interviews, report writing and feedback to clinicians and patients. Opportunities to conduct neuropsychological assessments (including use of WMS, RBANS, D-KEFS etc.) may be available. The student will also carry a small treatment caseload (individual and groups, if interested) for medium to long-term therapy utilizing primarily CBT, mindfulness, ACT and trauma-informed approaches.

This practicum is available during the academic year (September to April). Exact start and end dates are flexible and depend on the needs of the student and the availability of the supervisors. It is part-time (two or three days a week) with opportunity for up to a day remote.

There will be 1-2 hours of individual supervision per week. Available on-site practicum days will be Tuesday-Friday.

**** Please note that due to academic affiliation agreements between Unity Health Toronto and GTA-area universities, applications will from students registered with the following clinical psychology programs will be given priority: Toronto Metropolitan University, University of Toronto, and York University.**

Keywords: CBT for psychosis, DBT, ACT, comprehensive assessment, recovery model, addiction/substance use disorders, serious and persistent mental illness, hospital primary care, multi-disciplinary team

Training/research opportunities:

Training will include observation, joint work, role plays, and access to readings and online trainings. Students will be able to attend department, mental health team rounds, referral meetings and staff trainings, as well as the quarterly psychology practice meetings. Currently, there are no research opportunities available.

Practicum Application Deadline: GTA practicum application deadline – early application is encouraged

Application procedure:

Applicants who have completed at least one previous practicum will be given priority.

1. Cover letter of 1-2 pages detailing your previous experience in intervention and assessment (use of semi-structured interviews and standardized measures e.g. the WAIS, PAI, psychometric tests; report writing; intervention modalities) and training



University
of Windsor



goals and objectives.

2. Resume/CV
3. Two reference letters, including one from a previous clinical supervisor
4. Video or on-site interview upon request

Last Updated: October 15, 2024



Practicum Site Information Sheet

Name of site: Azreli Brain Medicine Clinic, Sunnybrook Health Sciences Centre

Supervisor or Contact Person: Dr. Sabrina Lemire-Rodger, Ph.D., C.Psych.

Email: sabrina.lemirerodger@sunnybrook.ca

Phone: 416-480-6100 ext. 3448

Address: 2075 Bayview Ave, Toronto, ON. M4N 3M5

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

This practicum placement is hosted at the Azreli Brain Medicine Clinic, an interdisciplinary clinic dedicated to the assessment and treatment of complex brain-based disorders. Referrals to the clinic require a combination of affective, behavioural, and cognitive symptoms that would benefit from the collaborative input of multiple disciplines, including neurology, psychiatry, physiatry, etc.

Practicum students will gain hands-on experience conducting comprehensive neuropsychological assessments for a diverse range of patients with conditions such as dementia, functional neurological disorders, autoimmune diseases, traumatic brain injuries, vascular issues, anxiety-depressive disorders, and more. Trainees will also participate in interdisciplinary case rounds, working alongside a multidisciplinary team that includes a staff neurologist, staff psychiatrist, GP psychotherapist, social worker, and residents and fellows from various specialties. These discussions adopt a neuro-bio-psycho-social framework to explore patients' conditions in depth. Additionally, trainees will have the opportunity to engage in ongoing psychotherapy groups for patients with functional cognitive disorders, allowing them to develop critical knowledge and skills to serve this often misunderstood and underserved patient population. There are also opportunities to be involved in ongoing clinical research projects and attend various grand rounds through the departments of neurology and psychiatry at the University of Toronto.

This practicum offers a unique chance to collaborate closely with medical specialists, hone complex differential diagnostic skills, and integrate principles of clinical psychology and neuropsychology. Trainees will deepen their knowledge of the intricate interplay between psychological factors and cognition, preparing them for advanced clinical practice in neuropsychology.



Keywords: Neuropsychology, Cognitive Assessment, Interdisciplinary Practice, Neurocognitive Disorders, Differential Diagnosis, Functional Neurological Disorders, Dementia, Head Injury, Group-Based Intervention, Biopsychosocial Approach

Training/research opportunities: Ongoing research opportunities related to our treatment groups for persistent symptoms following head injury and functional cognition disorder.

Practicum Application Deadline: Feb 01, 2025

Application procedure:

- A current resume or CV
- A cover letter
- Two professional or academic references

Submit application materials to sabrina.lemirerodger@sunnybrook.ca

Last Updated: November, 2024



Practicum Site Information Sheet

Name of site: Sunnybrook Health Sciences Centre, Frederick W. Thompson Anxiety Disorders Centre

Supervisor, Director of Clinical Training: Dr. Lance Hawley, C. Psych.

Supervisor (Bellwood): Dr. Caitlin Claggett Woods, C.Psych. (2024-2025)

(Please note: Dr. Rebecca Young is on maternity leave, returning Fall 2025)

Email: lance.hawley@sunnybrook.ca

Phone: Dr. Hawley: 416 480 6100 x84076

Address: 2075 Bayview Avenue.

Type of Practicum offered: Adult

Assessment ____ Intervention ____ **Both X**

General Information (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Visit the following website for information about the Sunnybrook practica:

<http://sunnybrook.ca/content/?page=thompson-centre-educational-opportunities>

The Frederick Thompson Centre offers a wide variety of training opportunities for students. Training opportunities include **either (choose one):** a) involvement in our outpatient service (with Dr. Hawley), **or** b) in our intensive service (with Dr. Young). The outpatient clinic utilizes a hybrid model (one day in-person, virtual) while Bellwood is an in-person placement. We believe that our training affords individuals an opportunity to acquire extensive training across the full spectrum of OCD presentations (i.e., moderate to severe severity in the outpatient service, severe symptomatology in the intensive service). Further, clients experiencing OCD often experience co-morbid mood and anxiety symptoms, and so our practica students develop the skills to treat a wide variety of symptom presentations. During this practica placement, clinical psychology students have the opportunity to develop their assessment skills as well as developing both individual and group treatment skills utilizing empirically-supported treatments including Cognitive Behavioral Therapy (CBT), Mindfulness Based Cognitive Therapy (MBCT), Dialectical Behavior Therapy (DBT) and Acceptance and Commitment Therapy (ACT). Although our primary clinical focus involves providing assessment and treatment for clients experiencing OCD and related disorders, there are also opportunities to work with clients experiencing other mood and anxiety disorders. Related training goals include becoming proficient with



administering the structured clinical interview for DSM (SCID-V) (for all clients in the outpatient service) or on occasion, the MINI International Neuropsychiatric Interview (MINI) (as needed, in the intensive service), and developing expertise in the assessment and formulation of treatment suitability for CBT and other CBT-umbrella interventions. The outpatient service offers integrative CBT as well as MBCT groups for individuals experiencing OCD.

The Frederick Thompson Centre provides clinical services to clients who experience OCD and related psychological disorders, including:

Obsessive-Compulsive Disorder (OCD)

Obsessive-compulsive disorder is a chronic and frequently severe disorder characterized by intrusive disturbing thoughts that the individual cannot suppress and lead to anxiety. Most individuals also have rituals or repetitive behaviours such as washing, checking, or repeating actions over and over to alleviate their obsessional fears.

Hoarding

Hoarding disorder is a newly recognized condition often associated with OCD in which individuals have great difficulty discarding belongings, papers and objects to the point that clutter compromises their ability to live in their homes the way they would like to. In severe cases this can make homes uninhabitable and/or be associated with significant safety concerns such as fire or risk of falling.

Hair Pulling (Trichotillomania) and Skin Picking Disorder

Hair pulling (Trichotillomania) and skin picking disorder are conditions now recognized as closely related to OCD. In these disorders individuals repeatedly pull hair or pick at their skin despite repeated efforts to stop. Over time these problems can cause very significant distress or impairment in their ability to function.

Body Dysmorphic Disorder

Body dysmorphic disorder focuses on preoccupation with minor or at times imagined defects in one's appearance, such as the shape or size of one's nose, hairline, or blemishes in the skin. Many sufferers are unable to perceive any distortion in their perception of themselves, often describing themselves as extremely ugly, disfigured or worse, wreaking immense havoc in their lives.

During this practica placement, clinical psychology students have the opportunity to develop their assessment as well as their individual and group treatment skills. Although our primary clinical focus involves providing assessment and treatment for clients experiencing OCD and related disorders, there are also opportunities to work with clients experiencing other mood and anxiety disorders as well, particularly considering that most clients experience significant co-morbidity. Related training goals (in the outpatient service) include becoming proficient with administering the structured clinical interview for DSM (SCID) while also considering suitability for treatment. Furthermore, both individual



and group treatment opportunities are available, utilizing empirically supported CBT approaches. A typical 2.5 day placement with the outpatient service involves co-leading at least one treatment group (CBT or MBCT), 1-2 individual cases, and one Scid assessment. A typical 2.5 day placement with the intensive service would involve being on a treatment team for at least two clients (and providing individual therapy and ERP planning); coaching clients during extended ERP sessions; co-facilitating a variety of groups as well as being a part of family meetings. Assessments are provided as needed.

We will be offering up to eight practica placements for each time period.

- **Fall/Winter:** September 1 – April 30 (2-3 days/week, as per trainee availability)
Dr. Hawley will be accepting three clinicians for the Outpatient Clinic rotation.
Dr. Young will be accepting three clinicians for the Bellwood rotation.
- **Spring/Summer:** May 1 – August 31 (4 days per week)
Dr. Hawley will be accepting three clinicians for the Outpatient Clinic rotation.
Dr. Young will be accepting three clinicians for the Bellwood rotation.

Outpatient Fall/Winter Practica (Supervisor: Dr. Lance Hawley).

Dr. Hawley will be accepting **three individuals** for the eight month Fall/Winter practica. You will have the opportunity to become involved with our outpatient service, serving clients experiencing mild to moderate symptomatology. The outpatient service provides various clinical assessment, treatment, and research opportunities, and the collaborative learning plan can be tailored to consider various opportunities including assessment (using the SCID-V), individualized OCD treatment (CBT, MBCT), and group treatment. All groups are co-lead with a clinical psychologist (Dr. Lance Hawley). We are actively involved in various research initiatives, as well as various training events throughout the year. Please feel free to contact me directly if you have any questions about the placement.

Intensive Service Fall/Winter Practica (Supervisor: Dr. Rebecca Young).

Dr. Young will be accepting **up to six individuals** for the eight month Fall/Winter practica. This will involve immersion within the intensive training program, which provides services to clients experiencing more severe symptom presentations. The intensive service provides various clinical assessment (as needed) and treatment opportunities, and the collaborative learning plan can be tailored to consider various opportunities. These include OCD individual treatment, ERP coaching and group treatment. Please feel free to contact me directly if you have questions about the placement.

Note: Summer practica experiences will be determined by current clinical need within our centre. **Placement in either the Outpatient service or Bellwood takes place entirely within the service as opposed to being involved in both services.**

Each year, the submission and notification dates for the Fall/Winter Practica and the Spring/Summer Practica are announced by the GTA Practica organizing committee. Students have access to an office, a computer, and a telephone line. The Frederick



Thompson Centre is part of the Sunnybrook Health Sciences Centre, and so students also have access to a wide variety of lectures, seminars, and symposia, provided by hospital staff. Further, students may have exposure to the various clinical research activities occurring in the program. Our intensive treatment program is offered on a satellite campus of Sunnybrook, less than 1 km from the main campus, at 175 Brentcliffe Avenue. It is housed in Bellwood Health Services.

This clinical practica provides clinical training in the context of a scientist-practitioner model. Within this framework, clinical service and research are seen as mutually enhancing activities. Students are expected to think critically about the services that they offer to individuals and to make clinical decisions based on objective data collected in the therapeutic/assessment context and informed by empirical research. In addition, students are encouraged to integrate research and clinical practice by allowing their clinical experiences to influence the questions that they seek to answer through research.

Supervision: Supervision involves meeting once per week with Dr. Hawley (Outpatient Service) or Dr. Young (Bellwood) individually, for a minimum of one hour as well as the opportunity to attend weekly assessment rounds, as well as clinic meetings. In the outpatient service, there is additional supervision before and after each treatment group, and students co-lead all treatment groups. Supervisors have an “open door” policy in which students can consult as needed, throughout the week.

The Frederick Thompson Centre is part of the Sunnybrook Health Sciences Centre, and so students also have access to a wide variety of lectures, seminars, and symposia, provided by hospital staff. Further, students may have exposure to the various clinical research activities occurring in the program.

Training/research opportunities

The Frederick W. Thompson Anxiety Disorders Centre aims to provide clinical services, research, and teaching for OCD and related "spectrum" disorders, including hoarding disorder, trichotillomania, compulsive skin picking and body dysmorphic disorder. The Thompson Centre brings together clinicians and researchers, with the joint goals of offering state of the art care and generating knowledge through research and improving life for individuals with obsessive-compulsive and related disorders, and their families. Psychological treatment consists of short-term, cognitive behaviour therapy (CBT) and mindfulness based cognitive therapy (MBCT).

Training of psychology practicum students includes administering structured clinical interviews for diagnostic assessment of Axis I disorders, developing clinical decision making skills, learning how to effectively communicate and collaborate with other health professionals, and training in empirically supported treatments. Given the clinical research role of this unit, clients are often participating in research trials which have a focus on the investigation of mechanisms underlying treatment response. The TADC also serves an



important academic and teaching function for continued training of psychiatric residents and other mental health professionals who are interested in learning about the application of empirically validated treatment approaches. Supervision includes a minimum of two hours per week of individual supervision and group supervision, as well as weekly clinical rounds that are attended by all clinic staff.

The main focus of this practica involves collaborating with clinical psychology students in order to further develop their ability to provide a comprehensive multi-axial diagnosis, while considering optimal treatment suitability. During the practica, students develop strong case formulation skills, in order to optimally apply CBT principles to complex diagnostic presentations. Related training goals involve understanding the role of cognitive vulnerability factors, while considering the interaction between pharmacotherapy and psychological treatment of the disorder. Opportunities for participation in research are also available; however, this is determined on a case-by-case basis, in consideration of the students' overall caseload as well as considering additional clinical opportunities offered in this clinical service that the student may choose to be involved in.

Dr. Hawley's research interests involve understanding the mechanisms underlying treatment response in empirically validated therapies for depression, anxiety and OCD.

Dr. Hawley's Researchgate profile: https://www.researchgate.net/profile/Lance_Hawley

Practicum Application Deadline: We will follow the same application procedure and associated deadlines as established by the GTA practica co-ordination committee.

Application procedure (i.e. documents needed, number of references, etc.)

Applications can be sent directly to Dr. Hawley, and please cc Dr. Young. Documents can be sent electronically.

Applications for the Sunnybrook Psychology Practica should include:

- Completed practica application form (see next page)
- Cover letter, including information about the applicant's training goals.
- Curriculum Vitae
- All graduate transcripts
- Two letters of reference (preferably from an academic supervisor and from a clinical supervisor).

If you have any questions regarding the application process, contact:

Dr. Lance Hawley, C.Psych.
Staff Psychologist, Director of Clinical Training
Clinical Lead, Outpatient Service



Frederick W. Thompson Anxiety Disorders Centre
 Sunnybrook Health Sciences Centre
 Associate Professor, Department of Psychiatry, University of Toronto
 Associate Graduate Faculty, University of Toronto, Scarborough
 Associate Editor, *Mindfulness* (Springer Publications)
 Certified Trainer & Consultant - Academy of Cognitive & Behavioral Therapies
 Email: lance.hawley@sunnybrook.ca

**Frederick W. Thompson Anxiety Disorders Centre
 Practica Application Form (Available Online)**

General Information

Name:	Home Phone:
Address:	Work Phone:
City:	Cell Phone:
Province:	Preferred Phone:
Country:	Primary Email:

To the best of our ability, we try to take into account personal preferences regarding your application, however, this also can be effected by the needs of each clinic – please choose **one** of the following:

- I would prefer to be considered for the Outpatient Clinic (Dr. Lance Hawley)
- I would prefer to be considered for the Bellwood Clinic (Dr. Rebecca Young)
- I would prefer to be considered for both the Outpatient Clinic as well as Bellwood.

Academic Information

Name of University Currently Attending:
Department:
Program Name (e.g., Clinical Psychology):
Degree seeking (e.g., MA, Ph.D.):
Director of Clinical Training:
Years in program (e.g., Ph.D. 1):



GPA:
Supervisor/Advisor's Name:
Phone: Email:
Research title/topic and brief description:

Name of Previous University/College:
Department:
Program Name (e.g., Clinical Psychology):
Degree seeking (e.g., MA, Ph.D.):
Director of Clinical Training:
Years in program (e.g., Ph.D. 1):
GPA:
Supervisor/Advisor's Name:
Phone: Email:
Research title/topic and brief description:



Assessment Experience

Total Number of Assessments and Assessment Hours using structured clinical assessment interviews (e.g., Scid, Mini, Dart):

Description of Assessment Experiences:

Total Number of Assessments and Assessment Hours (other):

Description of Assessment Experiences:

Individual Therapy Treatment Experience

Number of individual therapy cases (using CBT or MBCT):

Total Hours:



Description of individual therapy treatment experience:

Experience with other empirically supported treatment approaches:

Group Treatment Experience

Number of treatment groups (using CBT or MBCT):

Total Hours:

Description of CBT or MBCT group treatment experience:



[Empty rectangular box for text entry]

Experience with other empirically supported treatment approaches:

[Empty rectangular box for text entry]

References and Contact Information

Please have your referees send their letters of support directly to Dr. Lance Hawley.

#1: Referee Name:

Contact Information

Address:

[Empty rectangular box for text entry]



Phone:

Email:

#2: Referee Name:

Contact Information

Address:

Phone:

Email:

#3: Referee Name:

Contact Information

Address:

Phone:

Email:



Practicum Site Information Sheet

Name of site: Sunnybrook Health Sciences Centre, Tory Trauma Recovery Clinic

Supervisor or Contact Person: Dr. Simritpal K. Malhi, C.Psych.

Email: simritpal.malhi@sunnybrook.ca

Phone: (416) 480-4053

Address: 2075 Bayview Avenue, Toronto ON M4N 3M5

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum: (e.g., *client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

The practicum student will work in the multidisciplinary (team with social work, occupational therapy, and physiotherapy) Tory Trauma Recovery Clinic at Sunnybrook Health Sciences Centre and gain experience in both neuropsychological assessment and psychotherapy. The student will have the opportunity to conduct comprehensive outpatient neuropsychological assessments for adults referred from the mild-to-moderate Traumatic Brain Injury Clinic and psychotherapy with adults and older adults referred from across trauma clinics (including TBI Clinic, Pain Clinic, and psychiatry). The student may participate in all stages of the assessment including interviewing, test administration, scoring and interpretation, report writing, and feedback. The student will receive training in providing cognitive rehabilitation. The student will also receive training in trauma-focused psychotherapies such as prolonged exposure therapy and cognitive processing therapy and facilitating group treatment for PTSD. There are opportunities to be involved in research and group development if the student wishes. There is one position for the fall/winter school year.

Keywords: neuropsychology, traumatic brain injury, PTSD

Training/research opportunities: University of Toronto Department of Psychiatry rounds and research with the Sunnybrook Research Institute

Practicum Application Deadline: GTA deadline

Application procedure: CV, cover letter, and 2 reference letters

Last Updated: September 2024



Practicum Site Information Sheet

Name of site: SickKids (The Hospital for Sick Children)

Supervisor or Contact Person: Jennifer Stanga (practicum coordinator; see brochure for supervisor contacts)

Email: jennifer.stanga@sickkids.ca

Phone: 416-813-4248

Address: 555 University Ave, 1st Floor Burton Wing, Reception Room 1115, Toronto ON M5G 1X8

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

The Hospital for Sick Children (SickKids) is Canada's most research-intensive hospital and the largest centre dedicated to improving children's health in the country.

With passionate and dedicated staff, SickKids is much more than a hospital. We work each day to provide the best in child and family-centred care, create ground-breaking clinical and scientific advancements, and train the next generation of experts in child health.

The Psychology Department at SickKids consists of highly qualified and experienced training faculty, all of whom are dedicated to training. We offer a range of assessment and intervention practica at a number of our specialty clinics.

Keywords:

Health psychology; Clinical psychology; Neuropsychology

Training/research opportunities: possible within specific clinics; check with the supervisor

Practicum Application Deadline: compliant with GTA practicum procedures

Application procedure: see brochure

Last Updated: 15 October 2024



Practicum Site Information Sheet

Name of site: The Mind Balance Clinic

MIND BALANCE



Supervisor or Contact Person(s): Drs. Julie Irving - Clinical Director, Longena Ng - Director of Training, Nadine Richard - Director of Assessment

Email: info@mindbalance.ca

Phone: 647-426-2078

Address: 100 King Street West, 57th Floor, Suite 5700

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

This 2-3 day a week placement is available to M.A., Ph.D. and Psy.D. level candidates with clinical or research interests in Cognitive Behavioral Therapy and ADHD assessment. The placement is available as a part-time placement for Fall/Winter (summer-only placements are not currently available). This will be a hybrid placement with an expectation of at least one day per week on site. We are seeking to match 1-2 candidates for the 2025/2026 academic year.

Mind Balance is a clinical and neuropsychological clinic servicing the downtown core of Toronto and providing remote treatment to adults and older adolescents across Ontario and Quebec. Trainees will be provided with opportunities to conduct individual psychotherapy with adults, and to receive specialized training in comprehensive psychoeducational testing and ADHD assessment as part of a multidisciplinary team.



Trainees are expected to be/become familiar with the relevant research and best practices on ADHD and other neurodevelopmental issues. Supervision will be primarily focused on delivering evidence-based treatments for mood and anxiety disorders including CBT, ACT, DBT, mindfulness-based interventions, and motivational interviewing. Ideal candidates for this placement will have prior training or experience in semi-structured assessment, report writing, and conducting psychotherapy within a CBT framework working with multiculturally diverse populations. Strong written communication skills are an asset.

Keywords: Adult, Intervention, Assessment, Mood and Anxiety Disorders, Depression, Workplace Burnout, Caregiver Burnout, Adjustment Issues, Post-Traumatic Stress Disorder, Alcohol Use Disorder, Cannabis Use Disorder, Life Transitions, Relationship Issues, Eating Disorders, Psychosocial Oncology, Mindfulness and Compassion-Based Approaches, Cognitive Behavior Therapy (CBT), Motivational Interviewing, Cognitive Processing Therapy.

Training/research opportunities: Trainees will have the opportunity to work with more than one supervisor and can choose to focus on assessment or intervention based-upon interest. Candidates will have regular opportunities to liaise with psychiatry and family medicine specialists as part of multidisciplinary rounds. ADHD assessment batteries include psychometrics and writing comprehensive reports consistent with APPIC requirements. Supervision is available in English and/or French.

Practicum Application Deadline:

February 1, 2025

Application Procedure:

1. Application form
2. Letter of intent
3. Graduate transcript (unofficial)
4. Curriculum vitae
5. Two references (at least one from a professor; other can be work or volunteer supervisor)
6. On-site interview upon request
7. 1-2 deidentified reports if selected for interview

Last Updated: January 30, 2024



Practicum Site Information Sheet

Name of site: Toronto Academic Pain Medicine Institute (TAPMI), Women's College Hospital

Supervisor or Contact Person: Dr. Brittany Rosenbloom, CPsych, and Dr. Wendy Carter, CPsych

Email: Brittany.rosenbloom@wchospital.ca

Phone: N/A

Address: 76 Grenville Ave., Toronto, ON

Type of Practicum offered:

Child ____ Adult Both ____

Assessment ____ Intervention ____ Both

General Information:

Program. TAPMI is an interdisciplinary and academic pain program that includes five partner sites providing care in Toronto. WCH serves as the hub site for central triage and hosts medical and non-medical services for individuals living with chronic pain as the result of a range of health issues. This program addresses people living with pain who have complex needs. For example, approximately 70% of TAPMI patients report psychological symptoms related to the experience of trauma.

Population

Outpatient adults living with chronic pain conditions at Transitional Academic Pain Medicine Institute (TAPMI) at Women's College Hospital.

Clinical Assessments

Each patient referred for group treatment undergoes an assessment which is written up as a report. Assessments focus on appropriateness for group or individual interventions, mental health history, current mental health functioning, provision of resources and recommendations. There are also opportunities to conduct psychodiagnostic assessments using psychological measures for diagnosis, diagnostic clarity, and treatment recommendations.

Clinical Intervention

TAPMI is primarily a group-based program, and interventions include Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), compassion-focused mindfulness approaches, and psychoeducation. All interventions are trauma-informed. Students will have the opportunity to observe and participate in a range of TAPMI groups, including information sessions, ACT and Mindful Self-Compassion groups and workshops



including the Pain & Trauma workshop. Additionally, this practicum includes opportunities for individual assessment and short-term individual psychotherapy. In addition, practicum students may contribute to the development of program materials reflective of their interests and clinic needs during the placement on a topic relevant to people living with chronic pain.

Keywords: chronic pain, medical conditions, opioids, suboxone, depression, anxiety, trauma, assessment, Acceptance and Commitment Therapy (ACT), Mindfulness Self Compassion (MSC), Cognitive Behavioral Therapy (CBT)

Training/research opportunities:

Opportunities exist to become involved in research as well, such as measuring the impact of psychological interventions on pain management, emotional distress, and acceptance; online intervention focused on empowered self-management skills for patients with pelvic pain prior to program entry.

Practicum Application Deadline: February 1, 2025

Application procedure:

Please submit your:

- 1) Cover letter indicating your interest in this site and why, and indicate any relevant courses
- 2) 2 letters of recommendation (1 academic, 1 clinical)

To Dr. Brittany Rosenbloom
Brittany.rosenbloom@wchospital.ca

Last Updated: October 21, 2024



Practicum Site Information Sheet

Name of site: Toronto Metropolitan University (formerly Ryerson University) – Centre for Student Development and Counselling

Supervisor or Contact Person: Dr. Gauthamie Poolokasingham, CPsych

Email: csdcpracticum@torontomu.ca, gpooloka@torontomu.ca

Phone: 416-979-5195

Address: 350 Victoria Street, Toronto, Ontario

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

Keywords: EFT, ACT, Integrative, University, Adults

General Information:

Overview of TMU's distinctive placement

At Toronto Metropolitan University (TMU), our psychology placement is dedicated to providing a dynamic and practical learning environment. Practicum students receive in depth intervention training in one of two rotations: EFT or Integrative/ACT. Unique to the TMU placement is our 24 week microskills curriculum offering breadth of training, a sense of community and a shared learning environment for all of our trainees. With a diverse, multidisciplinary team and a carefully structured onboarding process, interns enjoy collaborative support and consultation opportunities. Our program offers flexibility in caseload selection, encouraging interns to follow their interests and training goals, whether in brief therapy, ongoing therapy, or group therapy. This placement is ideal for those looking to tackle anything from mild/moderate to complex client presentations, and focuses exclusively on intervention. Many of our staff are former trainees and serve as a valuable resource for our students as mentors for their professional development path.

- **Microskills curriculum** with weekly workshops to learn theory and practice in 5 evidence-based treatment modalities, with an emphasis on practice. Multidisciplinary team of psychologists, social workers, psychotherapists, psychiatrists, physicians, registered nurse and dietician
- **Orientation Week:** Carefully planned onboarding process and seminar training at the start of placement.



- **Community** with other interns from various disciplines for connection and peer support
- **Caseload Flexibility** that matches your interests and training goals with respect to presenting issues and level of complexity

About TMU and the CSDC

Set in the heart of downtown Toronto, Toronto Metropolitan University is home to 48,000 full-time undergraduate students and 2,500 graduate students, with a culturally diverse student population from 146 countries. The Centre for Student Development and Counselling provides direct service to over 2,500 students annually through individual therapy, group therapy, and psycho-educational workshops. Practicing from an anti-oppressive framework and a culturally sensitive/intersectional identity lens is one of our guiding principles and we work proactively to make our services accessible and equitable to students.

The CSDC is unique from many post-secondary counseling services in that we operate from an equitable care model and utilize a rich network of resources and referral pathways both on and off campus to best match student need. We provide service to clients with a range of diagnoses/presenting issues and levels of complexity from mild/moderate to more severe. Clients range in age from 17 -45 years old with a median age of 20. We are fortunate to see clients from a range of diverse backgrounds and intersecting identities (culture, race, gender, gender identity, sexual orientation, (dis)ability, spirituality, immigration, +, socioeconomic)).

The CSDC believes in cultivating and retaining talent whenever possible. Many of our clinic staff are former trainees.

Training Opportunities

Training Institute Week: In the first week of placement, all practicum students participate in a series of training seminars. The goal is to provide a warm, welcoming and informative environment for you to obtain the necessary onboarding tools to feel confident and equipped to start seeing clients. Workshops and seminars on suicide risk assessment, brief therapy and case management, multicultural counselling and trauma informed-care, in addition to training on our EMR, and the opportunity to connect with other trainees are among the highlights of this orientation week.

Microskills in 5 Evidence-based modalities (24-week curriculum): For 8 months, the cohort of CSDC practicum students (approx. 4-7 students/year) attends a weekly 2-hour workshop. Our evolving microskills seminars have been one of the CSDC's most commended aspects of the training experience. We are committed to providing not only clear opportunities for direct client contact, but also a set of practical and



experiential tools trainees can use to enhance client outcomes. Some examples of the previously taught modalities include Brief/Narrative Therapy, Cognitive Behavioural Therapy, Emotion Focused Therapy, Motivational Interviewing, and Psychodynamic (Accelerated Experiential Dynamic Psychotherapy). Generally, the first hour of these workshops is dedicated to theory and essential skills, and the second hour is dedicated to practicing what is learned through student role plays with optional facilitator input.

Direct Client Contact: Practicum students will be provided with a caseload of single session, brief therapy, and ongoing therapy clients. Students may also be able to co-facilitate group therapy. The CSDC has a rich history of providing psycho-educational and process-experiential groups addressing topics such as coping with grief, managing family dynamics, dealing with inner critics, healing from trauma and managing anxiety/depression.

Therapeutic Modality Streams

We have a variety of supervisors on the team with a passion/specific knowledge and training in different therapeutic modalities. According to the student's training goals and supervisor availability, during the application process we ask that you indicate your top two modalities of choice and we will do our best to match you with your preferred stream.

Emotion-Focused Therapy

Emotion-Focused Therapy (EFT) is a widely recognized, evidenced-based therapeutic approach developed by Dr. Leslie Greenberg. Founded on the principles of humanistic and experiential psychotherapy, EFT focuses on helping individuals access, explore, understand, regulate, and transform painful and avoided emotions underlying symptoms as a means to foster healing.

Acceptance and Commitment Therapy & Integrative Approach

Acceptance and Commitment Therapy (ACT) emphasizes embracing thoughts, emotions, and value-aligned actions as a means to improve the individual's self-acceptance and cognitive flexibility. An integrative approach strives to tailor approaches to therapy in a way that attends to and meets the needs of a persona as a whole, with specific attention to emotional, behavioral, cognitive physiological, and cultural considerations. Both ACT and an integrative approach complement each other very well and offer a flexible yet tailored approach to addressing a variety of presenting issues and bolstering wellbeing.

Supervision

Individual: Our supervisors offer one hour of supervision weekly. Students will have an opportunity to practice in-depth ongoing therapy utilizing theory and practical tools unique



to their therapeutic modality stream. Supervision includes opportunities for observation (supervisor observing student and vice versa), case reviews, and reviews of recorded sessions. In addition to access to their primary supervisor, students will also have access to a back-up supervisor (CSDC Coordinators) during their placement. As a multidisciplinary team, we welcome consultation with other clinicians on the team for specific areas of concern in coordination with your primary supervisor.

Group: Practicum students will have the opportunity to engage in group supervision as well via bi-weekly "Question & Consultation" meetings. These meetings will include case presentations and practice at both receiving and providing clinical feedback. Group supervision meetings are facilitated by the CSDC Clinical Leads and Internship Coordinators.

Practicum Application Deadline: February 1st

Application procedure: *1 page cover letter, 2 letters of reference, 1 resume/CV merged into a single PDF. Please indicate your preferred stream (EFT or ACT/Integrative). This application package can be uploaded into our portal/form which will be opened on December 1st. To obtain the link to this form please email csdcpracticum@torontomu.ca*

(Note: Please do not email applications directly to email, but rather to the form-portal).

Last Updated: October 2024



Practicum Site Information Sheet

Name of site: Toronto Psychology & Wellness Group (TPWG)

Supervisor or Contact Person: Dr. Nina Mafrici/Dr. Michele Foster, Clinical Directors

Email: drmafrici@tpwg.ca and drfoster@tpwg.ca

Phone: 647-344-5448

Address: 3080 Yonge St., Suites 5090/5012, Toronto, ON, M4N 3N1

Type of Practicum offered:

Child ____ **Adult X + Adolescent (12+) X** Both ____

Assessment ____ Intervention ____ **Both X**

General Information About the Practicum: (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

Toronto Psychology & Wellness Group is a large practice in midtown Toronto, specializing in the assessment and treatment of adolescents and adults with a variety of mental health concerns. With over 35 therapists and dietitians, and 4 administrative staff, we are able to offer many exciting virtual and/or in-person clinical training opportunities for our students.

In our treatment division, we offer two specialized program streams in addition to our regular therapy services: i) our **Dialectical Behaviour Therapy Program** is available to adolescents and adults and combines elements of individual therapy, group therapy and caregiving support; ii) our **Outpatient Eating Disorders Program** is similarly available to adolescents and adults and combines evidence-based individual and group treatment, as well as dietetic interventions. Program evaluation is an essential component of both our programs, with opportunities for students to evaluate and present on pre- and post-treatment outcomes.

In our assessment division, we offer comprehensive psychodiagnostics assessments for adolescents and adults, as well as psychoeducational and ADHD assessments.

Our clinical training program incorporates weekly individual supervision, as well as several opportunities for group supervision through our weekly peer consultations, bi-weekly eating disorder-specific consultation and team-wide meetings. Additionally, we regularly offer training opportunities throughout the year for our staff. Recent trainings have included: cognitive processing therapy (CPT) for trauma; emotion-focused therapy; and dialectical behaviour therapy for adolescents.



To learn more about our many services and the specialized programs we offer, please visit our website at www.tpwg.ca.

Keywords:

Training/research opportunities: Clinical intervention for adolescents and adolescents; Individual and group psychotherapy; Psychodiagnostic and psychoeducational assessments; Eating disorder outpatient program; Dialectical behaviour therapy program; Program evaluation; Development of group programs and community workshops

Practicum Application Deadline: February 1st

Application procedure: (*i.e., documents needed for application, number of references, etc.*) Please submit a CV, cover letter and 2 references to drmafrici@tpwg.ca and drfoster@tpwg.ca. Selected applicants will be invited for an interview.

Last Updated: October 2, 2022



Practicum Site Information Sheet

Name of site: Transforming Emotions

Supervisor or Contact Person: Dr. Sarah Thompson, C. Psych.

Email: welcome@transformingemotions.ca

Phone: 647-931-6617

Address: Virtual and in person practice; lease currently under negotiation for offices on the Yonge-University subway line

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum: (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Transforming Emotions is a private practice located in downtown Toronto, offering both virtual and in-person services to accommodate clients' varying needs and preferences. The practice typically includes 15-20 clinicians ranging from practicum level students, to autonomous psychologists, social workers, and psychotherapists. We work with clients from diverse backgrounds ranging in age from young children (age 6) to older adults (65+). This practicum opportunity focuses on learning the theory and practice of Emotion Focused Therapy. Students new to the model will focus primarily on working with depression, anxiety, and life transitions. Those familiar with the model (or who have previously been trained in the treatment of symptoms associated with childhood trauma) are welcome to also work with clients seeking treatment for symptoms typically associated with childhood trauma or post-traumatic stress. We are offering an 8-month, 2 day per week placement for 1-2 PhD level students who are interested in providing intervention services. Students from APA/CPA accredited programs are welcome to apply. This site provides a supportive and enriching experience for those working with children, adolescents, and adults, with weekly individual supervision offered by a registered psychologist along with monthly group supervision with a focus on skill building through the sharing of in-session recordings for feedback and learning. Independent learning is expected in this placement including reading and review of APA videos of EFT therapies (access to videos is provided by Dr. Thompson). Students are required to attend and complete a 30-hour EFT course offered by Dr. Thompson in the fall term as part of their practicum experience (30 hours currently spread over two full days and six half days). We do not currently provide opportunities for psychodiagnostics assessment on site. Our



practice is ideal for clinicians aiming to build meaningful, developmentally attuned therapeutic skills with clients across the lifespan. With a focus on engaging both younger and older individuals, students gain hands-on experience tailored to each client's unique emotional and psychological needs. Please visit transformingemotions.ca for further information about the practice.

Keywords: Emotion Focused Therapy, Anxiety, Depression, Trauma

Training/research opportunities: Possible opportunities to assist with literature searches for writing projects to related to conference presentations, academic writing, blog series, and curriculum development for community trainings; possible opportunities to assist with program evaluation within the practice.

Anticipated number of positions: 3-5

Practicum Application Deadline: Feb 1, 2025.

Application procedure: (*i.e., documents needed for application, number of references, etc.*)

For more information, please visit transformingemotions.ca

Please email welcome@transformingemotions.ca with your application form, cover letter, resume, and three references. Please include prior formal and informal training in Emotion Focused Therapy (e.g. courses, workshops, independent reading).

Last Updated: October 2024



Practicum Site Information Sheet

Name of site: University Health Network (**See supplemental brochure for additional information**)

Supervisor or Contact Person: Dr. Marta Statucka

Email: marta.statucka@uhn.ca

Phone: 416-603-5800 x5775 (email preferred)

Address: multiple addresses for various UHN hospitals

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum:

For all relevant information, please see our Training Opportunities brochure which can be found here:

https://www.uhn.ca/healthcareprofessionals/Meet_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf

Positions are available at Toronto General Hospital, Princess Margaret Cancer Centre, Toronto Western Hospital, Toronto Rehab – Lyndhurst and University sites

Keywords: Cancer, Health Psychology, Neuropsychology, Clinical Psychology, Pain Management, Eating Disorders, Bariatric Surgery, Epilepsy, Parkinson’s Disease, Brain Injury, Spinal Injury

Training/research opportunities: See brochure

Practicum Application Deadline: We use the common deadline for the Greater Toronto Area (GTA) Practicum Training Programs

Application procedure:

For application procedures, please see our Training Opportunities brochure which can be found at:

https://www.uhn.ca/healthcareprofessionals/Meet_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf

Last Updated: October 15, 2024



Practicum Site Information Sheet

Name of site: West End Psychological Services

Supervisor or Contact Person: Dr. Michelle Carroll, PhD., C.Psych

Email: info@westendpsych.ca

Phone: 416-535-9377

Address: 27 Roncesvalles Ave., Suite 508, Toronto, ON M6R 3B2

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information: (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

West End Psychological Services is located in the west end of Toronto, close to High Park. It is easily accessible via transit, once streetcar from Dundas West Subway or the King St. West or Queen St. West streetcar lines. We are located in a medical building and our clinic is fully accessible. Our building looks out over Lake Ontario and the Martin Goodman Trail is easily accessible.

Our team consists of Psychologists, Social Workers, Clinical and Psychological Associates. We work as a team to provide services to adults, adolescents, and couples using evidence-based practices. While we serve a diverse population and our clinicians have expertise in a large number of areas, we prioritize services for more marginalized clients with more severe mental illnesses. As such, we offer comprehensive Dialectical Behaviour Therapy (DBT) to individuals with pervasive emotional dysregulation (including Borderline Personality Disorder, addiction issues, and trauma). We also offer a psychosis stream and provide CBT for psychosis to individuals with Schizophrenia and Schizoaffective Disorder. Lastly, we also prioritize working with individuals with PTSD and offer both prolonged Exposure therapy and Cognitive Processing Therapy (CPT).

Two DBT practicum placement spots available.

Keywords: DBT, CBT, CPT for Psychosis, CBT for PTSD

Training/research opportunities: We offer training in DBT and CBT for psychosis (prior CBT training is required).

Practicum Application Deadline: Same deadline as set by the GTA practicum committee

Application procedure:



1. A one-page statement of training goals and objectives
2. An up-to-date curriculum vitae (CV)
3. Three letters of reference (one from academic; two from previous clinical positions/practica)
4. Video or On-site interview upon request Please assemble all materials and mail or email them to our clinic. We ask that letters of reference be emailed directly to our office administrator from your referees by the GTA Application Deadline.

Last Updated: October 15, 2024



Practicum Site Information Sheet

Name of site: WG Psychology

Supervisor or Contact Person: James Watson-Gaze, Ph.D., C.Psych

Email: drjames@wgpsychology.com

Phone: 647-660-9556

Address: 311-120 Carlton St. Toronto, ON. M5A4K2

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information:

WG Psychology is dedicated to providing compassionate and evidence-based psychotherapy and assessment services for adults navigating a wide range of mental health challenges, including:

- Depression
- Anxiety disorders
- Bipolar disorders
- Psychosis
- Substance use
- PTSD
- OCD

We also help clients navigate non-diagnostic issues like life and relationship stress, burnout, and existential concerns, and we have a particular focus on **men's mental health**.

WG Psychology is a multidisciplinary clinic with psychologists, psychotherapists, and occupational therapists on staff. We offer services virtually throughout Ontario and in-person at our office in downtown Toronto.

This placement is best suited for advanced doctoral students looking to acquire more focused training for serious mental illnesses (e.g., bipolar disorders, psychosis) and/or substance use in a private practice setting.



More information about WG Psychology can be found at www.wgpsychology.com or @wgpsychology on Instagram or Facebook.

Keywords: Bipolar disorder, psychosis, substance use, men's mental health

Training/research opportunities:

WG Psychology can offer psychotherapy training in several therapeutic modalities, including CBT, DBT, ACT, CPT, and potentially EMDR (depending on supervisor availability). Supervisors have a strong foundation in humanistic therapies that underlie their approach to both therapy and supervision.

Students will gain experience with diverse client populations presenting with a range of mental health concerns, with a particular focus on serious mental illness and substance use. Opportunities for psychodiagnostic assessment will also be available throughout the placement. There may be opportunities to co-facilitate therapy groups, but this will depend on co-facilitator availability and participant demand during the placement.

Students will get at least one hour of individual supervision per week with either Dr James Watson-Gaze, Clinic Director, and/or Dr Maria Glowacka. Students will also be encouraged to attend monthly Clinic Rounds that are open to all associates. Supervisors will be available outside of scheduled supervision meetings on an as-needed basis.

Practicum Application Deadline:

We are following the application deadline and match protocol set out by the GTA practicum coordinators.

Application procedure:

Please send your CV and cover letter to drjames@wgpsychology.com. References will be requested following interviews.

Last Updated: October 2024



Whole Kids Health

Practicum Site Information Sheet

Name of site: Whole Kids Health, www.wholekidshealth.ca

Supervisor or Contact Person: Dr. Stella Dentakos, Ph.D., C.Psych.

Email: drstella@wholekidshealth.ca or info@wholekidshealth.ca

Phone: 647-249-4431

Address: 4950 Yonge Street, Suite 1206, North York, ON M2N 6K1

Type of Practicum offered:

Child Adult Both

Assessment Intervention Both

General Information About the Practicum:

Our mission at Whole Kids Health is to provide high-quality mental health care to children, teens, and families through compassionate and evidence-based services.

Trainees will receive comprehensive training and exposure in **Clinical** and **Health Psychology**, actively participating in a variety of **clinical activities**, including assessments, therapy, group interventions, parent coaching, and consultations with both professionals and clients. Common **clinical presentations** include low mood, anxiety, self-concept, self-esteem, panic, emotion dysregulation, attentional challenges, learning concerns, coping with medical diagnosis, chronic pain, needle fears, and somatization/somatic symptoms.

Primary **treatment modalities** include Acceptance and Commitment Therapy (ACT), Cognitive Behavioural Therapy (CBT), Dialectical Behaviour Therapy (DBT-informed), Mindfulness, and attachment and behavioural approaches. We place strong emphasis on biopsychosocial, trauma-informed, and developmental approaches to care.

Clinical Psychology

Trainees will be involved in diverse Clinical Psychology activities, such as:

- Consultations
- Psychological assessments
- Implementing evidence-based treatment plans
- Providing interventions for various mental health challenges
- Collaborations with multidisciplinary teams

Clinical Psychology targets can include:

- Anxiety/ phobias
- Attention and concentration
- Challenging behaviours
- Educational/learning difficulties
- Emotion regulation difficulties
- Low mood/depression
- School avoidance
- Self-esteem and self-concept
- Trauma

Health Psychology

Trainees will be involved in diverse Health Psychology activities, such as:

- Health psychology consultations
- Individual therapy sessions
- Supporting parents/caregivers
- Group therapy sessions
- Collaborating with multidisciplinary professionals in hospitals and the community
- School consultations

Health Psychology targets can include:

- Adjustment to medical diagnosis
- Chronic pain, coping with chronic physical symptoms
- Navigating difficult medical experiences
- Illness/health anxiety
- Needle and procedural fears
- Somatization/somatic symptoms

Our Services



Psychoeducational and comprehensive **diagnostic/mental health** assessments



Individual therapy grounded in evidence-based practices



Parent coaching focused on supporting parents of kids and teens dealing with challenges



Groups services for kids with needle fears and for parents of children with anxiety



Client consultation through our **Whole Kids Care Plan** service.

Whole Kids Health is conveniently situated at 4950 Yonge Street in North York, within walking distance of Yonge-Sheppard Station for easy TTC access. Our clinic features four therapy rooms, a flexible team/admin room, a fully equipped kitchen, secure restrooms, and front desk security. Team members have access to a wide range of clinical resources, including materials like fidgets, art supplies, and a resource library, as well as assessment tools such as testing materials and iPads. We also provide various digital tools, including an electronic health record system, graphic design tools, team communication apps, and cloud-based storage.

We are a team-centric clinic that highly values collaboration. Our vision is to cultivate a team that is always learning, growing, and supporting each other. We create a supportive and inclusive atmosphere where we celebrate successes and tackle challenges together. Our team is a safe space to ask questions, share ideas, and learn from one another. Through supervision, consultation, and staying updated with the latest research, we continuously expand our knowledge to offer high-quality care to our clients.

For additional information about our training program, please consult the Supervision section of our website, [here](#).

Keywords:

Child, Adolescent, Parent Support, Clinical Psychology, Health Psychology, Assessment, Intervention, Group Therapy, Supervision, Training

Training Opportunities:

Pediatric Health Psychology Course: Our in-house Pediatric Health Psychology Course offers training in assessment and treatment as well as foundational knowledge within the area of health psychology.



Team Meetings & Group Consultation: Our team meets weekly for group consultation and supervision, engaging in discussions on challenging clinical cases, professional practice issues, and themes related to care provision.

Special Topics: At least once a month, we host a “Lunch & Learn”, facilitated by either in-house clinicians or guest speakers. These sessions can cover a range of advanced topics such as trauma-informed care, grooming and human trafficking risk factors, gender diversity and inclusion, ethics and professional practices issues, and more.

Supervision: We take pride in offering high-quality supervision. Trainees can expect to receive weekly supervision following a developmental model that adapts to their evolving knowledge and skill level. As a team-oriented practice, there are also ongoing opportunities for group supervision, team consultations, and peer collaboration.

Practicum Application Deadline:

We are following the **universal application deadline** and set out by the GTA practicum coordinators.

Application Procedure:

This is an **advanced practicum**. Applicants are expected to have successfully completed a prior practicum and should possess a demonstrated level of experience and comfort in delivering general therapy and assessment techniques.

Students interested in applying for a practicum placement should submit the following **materials via email** to Dr. Stella Dentakos at drstella@wholekidshealth.ca. Please use "Practicum Application" as the subject line of your email:

- A letter of interest describing your training experiences and goals
- A current CV
- Your most recent graduate transcript (unofficial copies are acceptable).
- Two letters of reference, which should be sent directly from your referees to Dr. Stella Dentakos at drstella@wholekidshealth.ca.

Selected applicants will then be contacted for an interview. Applicants will also have the opportunity to connect with current trainees if they wish to gather a first hand impression of what it's like to be a Whole Kids Clinician. While in-person interviews are preferred, virtual options will also be available.

Last Updated: October 2024





Practicum Site Information Sheet

Name of site: Young Minds Psychology

Supervisor or Contact Person: Amanda Dyson, PhD., C.Psych. and Kristin Thornback, PhD., C.Psych.

Email: contact@youngmindspsychology.ca

Phone: 416 647-557-1829

5915 Leslie Street, Suite 201

North York, ON, M2H 1J8

Type of Practicum offered:

Child X Adult ____ Both ____

Assessment ____ Intervention **Both (Primarily Intervention)**

General Information About the Practicum: (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Young Minds Psychology is a private practice servicing the North York community (located close to North York General Hospital). At Young Minds we provide services to children, adolescents, transitional aged youth, parents, and families. Services are primarily offered in person to clients although virtual and hybrid options are available for clients if requested. Practicum placement opportunities for students are in person.

Our therapeutic work and training are guided by the following principles:

- *Primary importance of the parent-child relationship*
- *Focus on emotional needs*
- *Trauma informed care*
- *Evidence-based treatment*

We offer training in integrative interventions that focus on emotional, cognitive, and behavioural well-being. They include:

- Emotion Focused Skills Training (EFST) and Emotion Focused Family Therapy (EFFT)
- Emotion Focused Therapy (EFT) for youth
- Attachment-Based Family Therapy (ABFT)



- Acceptance and Commitment Therapy (ACT)
- Cognitive Behavioral Therapy (CBT and TF-CBT)
- Dialectical Behavioural Therapy (DBT- informed)
- Motivational Interviewing

We also support development of therapeutic soft skills, such a development of therapeutic alliance and understanding of the therapeutic process, as well as how and when to use specific treatment protocols.

We provide services for children and youth facing a range of difficulties. Some of the presenting problems we treat regularly are:

- Anxiety/phobias
- Bullying
- Depression/low mood
- Eating disorders
- Emerging personality disorders
- Emotion regulation difficulties
- Family/parenting difficulties
- Obsessive-compulsive disorder
- Social/relationship difficulties
- Suicidal ideation/self-harm
- Trauma

Practicum students will have an opportunity to collaborate in the delivery of groups if they are interested.

Keywords: psychoeducational assessments, emotion focused therapy, family therapy, children/adolescents, parent coaching, group therapy, trauma, anxiety, depression, eating disorders.

Supervision and Training:

Supervision is provided by the clinic directors and other members of the senior team. It will be provided on a **weekly individual basis** and in **group format**. Opportunities for ad hoc supervision will be provided if needed. Supervision may also include direct observation and/or reviewing video recordings. As part of the bi-weekly 90 minute group supervision offered, didactic learning/in house seminars are also provided. Additional training seminars outside of group supervision may also be offered. *We will be accepting up to two students. Placements are 2 days per week.*

Please note we only accept Ph.D. level practicum applicants for intervention (i.e., 1st or 2nd intervention practicum).

Practicum Application Deadline: As per match guidelines.



University
of Windsor



Application procedure: (*i.e.*, documents needed for application, number of references, etc.)

- 1) Letter of intent
- 2) Two references
- 3) Curriculum vitae
- 4) Graduate transcript (unofficial)