

EMS Critical Incident Stress Inventory

| Please indicate if you've experienced the following event: [yes/no] | If this happened, how much stress has it caused you in the last six months? | | | | | | | |
|--|---|---|-----------------|---|---|-----------------|---|-----|
| In the line of duty, I was.... | No stress at all | | Moderate stress | | | A lot of stress | | |
| 1. Seriously injured | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 2. Present when a fellow EMT/Paramedic was seriously injured <i>(suggested rephrase – present when a fellow EMT/Paramedic or other first responder was seriously injured)</i> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 3. Present when a fellow EMT/Paramedic was killed <i>(suggested rephrase – present when a fellow EMT/Paramedic or other first responder was killed)</i> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 4. Seriously beaten | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 5. Taken hostage | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 6. Received serious threats towards loved ones as retaliation for your work in EMS | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 7. Threatened with a gun or other weapon | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 8. Trapped in a potentially life threatening situation | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 9. Exposed to serious risk of AIDS or other life-threatening diseases | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 10. Exposed to a life-threatening toxic substance | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 11. Was assaulted by a patient | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 12. Made a mistake that lead to the serious injury or death of a patient | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 13. Was in a serious car accident <i>(suggested rephrase – was in a serious accident with an ambulance or other emergency response vehicle)</i> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |
| 14. Saw someone dying | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A |

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| 15. Encountered the body of someone recently dead | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 16. Encountered a decaying corpse | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 17. Encountered a mutilated body or human remains | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 18. Made a death notification | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 19. Encountered a child who had been sexually assaulted. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 20. Encountered an adult who had been sexually assaulted. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 21. Encountered a SIDS death | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 22. Encountered a child who had been badly beaten | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 23. Encountered an adult who had been badly beaten | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 24. Encountered a child that had been accidentally severely injured | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 25. Encountered a child that had been accidentally killed | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 26. Encountered a child that had been murdered | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 27. Encountered a child who was severely neglected or in dire need of medical attention because of neglect | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |

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| In the line of duty, I was.... | No stress at all | | | Moderate stress | | | A lot of stress | | |
| 28. Encountered an elderly person who was severely abused or neglected or in dire need of medical attention because of abuse or neglect | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 29. Saw animals that had been severely neglected, intentionally injured, or killed | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 30. Had to respond to a large-scale disaster | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 31. Had your life endangered in a large-scale disaster | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 32. Responded to an aggressive crowd or riot | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 33. Responded to a scene involving family, friends, or others known to the crew | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 34. Responded to a mass casualty incident (MCI) | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 35. Encountered a patient that was severely burned | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 36. Encountered a suicide victim <i>(suggested rephrase – encountered the body of someone who died by suicide)</i> | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |
| 37. Encountered a drowning victim | 1 | 2 | 3 | 4 | 5 | 6 | 7 | N/A | |

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