



MHK Thesis Defense

Aidan M. Kovacs

“The Impact of an Online Psychological Skills Training Program on the Mental Health of Varsity Athletes”

Friday, June 21, 2024
1:00 p.m.
HK Room 125

Chairperson: Dr. Joel Cort

Thesis Committee: Dr. Krista Chandler, *Advisor*
Dr. Todd Loughead, *Internal Reader*
Dr. Carlin Miller, *External Reader, Psychology*