

Slip/Trip/Fall Safety Talk

Slips, trips and falls are among the leading causes of injuries resulting in workers missing time at work in Ontario. The University encourages all members of the University community to recognize the potential slip, trip, and fall hazards in the workplace, and implement control measures where necessary.

Supervisors

Recognize, Assess, Control and Evaluate the slip, trip and fall hazards in work areas:

- Identify and assess the risk of job-specific slip, trip and fall hazards;
- Implement control measures to eliminate or reduce workers' exposure to slip, trip and fall hazards, and evaluate their effectiveness;
- Provide information and instruction to workers on slip, trip and fall hazards and the controls in place, and instruction to report any hazards.

Employees

- Be aware of potential slip, trip and fall hazards in the work area, including but not limited to;
 - slippery surfaces (water, oil, grease, etc.)
 - seasonal slip, trip and fall hazards (snow, ice, rain, etc.)
 - spills of wet or dry substances
 - inadequate lighting
 - changes in walkway levels, slopes and stairs
 - inadequate footwear for the task.
- Report any slip, trip and fall hazards to the supervisor;

Safe Work Practices:

- pay attention where you are going
- avoid distractions such as cell phone use
- adjust your stride to place each foot firmly on the ground
- clean up spills promptly, remove debris, snow and ice
- maintain clean and tidy work areas and routinely clean floors with appropriate solutions
- maintain manual material handling equipment (e.g. castors on wheeled carts)
- use the designated handrails on staircases
- remove debris and clutter from walking surfaces
- walk safely, do not rush or run.
- Do not jump from steps, equipment or vehicles
- clean grease build-up from slip resistant mats

Engineering Controls:

- slip-resistant mats
- handrails
- adequate lighting
- minimize environmental influences (preventing wet surfaces from icing, etc.)

Administrative Controls:

- provide wet floor signage when required
- establish safe work practices when hazard identified
- report hazards immediately
- provide training on recognizing and preventing slip, trip, and fall hazards
- inspect work areas regularly for hazards
- routine housekeeping to maintain a tidy workplace

Personal Protective Equipment:

- Select appropriate footwear based on the job task.
- Wear proper-fitting footwear
- Clean footwear of dirt, mud, snow etc.

References

1. CCOHS - [CCOHS: Prevention of Slips, Trips and Falls](#)