

Note Taking Methods

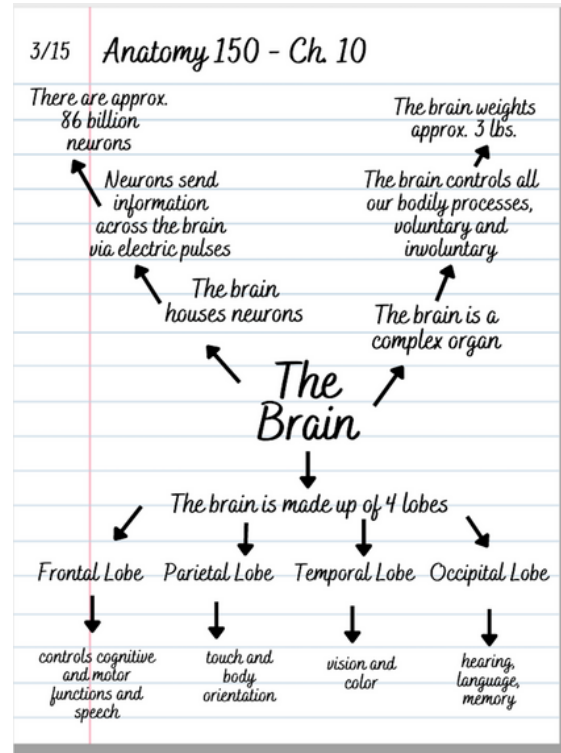
Cornell

3/15	Anatomy 150 - Ch. 10
	Notes
Refer to pg. 62-74	<ul style="list-style-type: none"> The brain is a complex organ. The brain houses approx. 86 billion neurons which send information across the brain via electric pulses Weights approximately 3 lbs. Divided into 4 lobes <ul style="list-style-type: none"> <u>frontal</u> - controls cognitive and motor functions and speech <u>parietal</u> - touch and body orientation <u>temporal</u> - vision and color <u>occipital</u> - hearing, language, memory
Draw Diagram for each part	
Summary	The brain has 4 lobes that controls all our bodily processes, voluntary and involuntary

The **Cornell** technique is a kind of note-taking where you organize your paper into three parts: notes, cues, and summary.

The cue section is where the main points, possible questions, people, are written. The notes section is reserved for your lecture notes and detail of cues. The summary section should be no more than 2 sentences. Keep it clear and succinct.

Mind-Map



Mind mapping is a visual representation of information through the use of boxes, lines, bubbles, or any other visual markers. This technique works best for subjects that have complex or connecting topics and abstract ideas like chemistry, philosophy, and history. The common things used for “branches” are formulas, dates, concepts, and support facts, between people and events.

Sentence

3/15	Notes Anatomy 150 - Ch. 10
	<ol style="list-style-type: none"> The brain is a complex organ. The brain controls all our bodily processes, voluntary and involuntary. The brain houses approx. 86 billion neurons. Neurons send information across the brain via electric pulses. The brain weighs approximately 3 lbs. It can be divided into 4 lobes. The frontal lobe controls cognitive and motor functions and speech. The parietal lobe controls touch and bodily orientation. The temporal lobe controls our vision and color perception. The occipital lobe controls hearing, language and memory.

The **Sentence Method** works great for fast-paced lessons where there are lots of information being discussed. This method only has one rule: write down each topic as a sentence.



Charting

3/15 Notes Anatomy 150 - Ch. 10

Part	What?	Details
The Brain	The brain is a complex organ	The brain controls all our bodily processes, voluntary and involuntary The brain weighs approx. 3 lbs.
Neurons	Neurons send information across the brain via electric pulses	There are approx. 86 billion neurons
Lobes of the Brain	The brain is made up of 4 lobes	<u>frontal</u> - controls cognitive and motor functions and speech <u>parietal</u> - touch and body orientation <u>temporal</u> - vision and color <u>occipital</u> - hearing, language, memory

The **Charting method** makes use of columns, dividing them into three parts to organize information. This note-taking method is most ideal for lessons that have several facts or relationships between topics. Compared to other methods, this one is the most laid-back. Nonetheless, it's valuable for students who like highlighting the key points on various topics to organize the facts better for easier review.

Bullet

Notes Anatomy 150 - Ch. 10

The Brain	Neurons
<ul style="list-style-type: none"> The brain is a complex organ. Weights approximately 3 lbs. The brain controls all our bodily processes, voluntary and involuntary. 	<ul style="list-style-type: none"> The brain houses approx. 86 billion neurons. Neurons send information across the brain via electric pulses.
<h3>The 4 Lobes of the Brain</h3> <ul style="list-style-type: none"> <u>frontal</u> - controls cognitive and motor functions and speech <u>parietal</u> - touch and body orientation <u>temporal</u> - vision and color <u>occipital</u> - hearing, language, memory 	

The **Outline Method** is one of the easiest note-taking methods you can learn. When using this method, choose 4-5 key points that will be tackled in a certain lecture. Under those points, be more detailed about the sub-points for each topic as the lecturer talks about them. If you are jotting down notes by hand, leave enough room on each page so you have lots of space for all the sub-points.

Outline

3/15 Notes Anatomy 150 - Ch. 10

The Brain
<ul style="list-style-type: none"> The brain is a complex organ The brain controls all our bodily processes, voluntary and involuntary The brain houses approx. 86 billion neurons which send information across the brain via electric pulses Weights approximately 3 lbs.
<h3>Parts of the Brain</h3> <ul style="list-style-type: none"> Divided into 4 lobes <ol style="list-style-type: none"> <u>frontal</u> - controls cognitive and motor functions and speech <u>parietal</u> - touch and body orientation <u>temporal</u> - vision and color <u>occipital</u> - hearing, language, memory

Similar to the sentence method, the **Bullet method** focuses on quick bullet points under important headings from the readings. It is important to go in and summarize these notes when you are finished each class.

