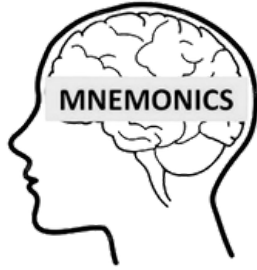


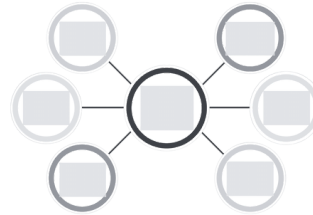
# Mneumonics

Something you use to help you remember information

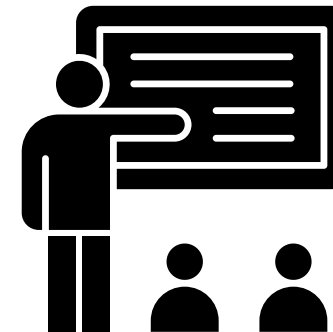


# Concept mapping

Visualizing relationships among concepts



# Feynman Technique



Choose a topic and teach the topic as if you were teaching it to a child. Review and fill knowledge gaps and finally organize and simplify

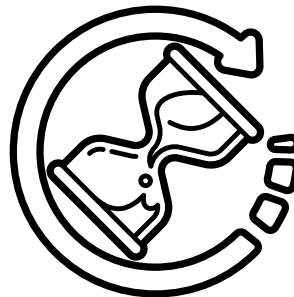
# 5 Effective Study Techniques

## Retrieval Practice



This is based on repeatedly recalling learned material without seeing it in front of you. This is done with the help of flashcards, concepts maps, worksheets, and quizzes

## Spaced Repetition



Spaced practice allows students to study over a longer period of time. If you are introduced to a topic on day 1, revisit and review the topic 2 days later, then 3 days later, etc



**JUMPSTART**  
SKILLS LABS FOR  
SUCCESS

